



## **Stellar Experiences Policies and Procedures Manual**

This manual serves as a comprehensive resource for all guests, staff, families and advocates detailing the policies and procedures that guide our operations. It is designed to provide clear, accessible, and consistent information to ensure a safe, respectful, and enjoyable environment for everyone attending Stellar Experiences.

Our commitment to transparency means that this manual is available for reference at any time, empowering you to make informed decisions and fostering a collaborative environment.

We encourage you to familiarise yourself with the contents of this manual and reach out with any questions or feedback.

Together, we can continue to uphold the standards that make Stellar Experiences exceptional.

## **Our Mission**

Too often young people with disabilities are not given access to the same opportunities as other young people their age to make friends, connect with their communities and take part in amazing experiences.

At Stellar we are passionate believers that there is no limit to what our guests can achieve and experience.

This is why we challenge and break down barriers to provide social, recreational and community participation opportunities for 16-35 year olds with mild to moderate disabilities and mental health conditions.

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# Cardiovascular Management Procedure

Policy area	Guest Health and Wellbeing
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this procedure is to explain how Stellar Experiences supports guests at risk of, or currently experiencing cardiovascular disease.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers) supporting guests with cardiovascular disease management requirements.

## DEFINITIONS

Term	Definition
<b>Coronary Heart Disease</b>	'Heart Attack'. Caused by a build-up of plaque in the walls of the arteries supplying blood to the heart.
<b>Cerebrovascular Disease</b>	'Stroke'. A condition that affects blood flow and blood vessels in the brain.
<b>Peripheral Arterial Disease</b>	Blood clots in the arms or legs.
<b>Rheumatic Heart Disease</b>	Damaged heart valves due to rheumatic infection.
<b>Congenital Heart Disease</b>	A problem with the heart's structure which is a condition since birth.
<b>Deep Vein Thrombosis</b>	Blood clot which has formed in one of the deep veins (usually the leg).
<b>Pulmonary Embolism</b>	Blood clot blocking the blood vessels leading to the lungs.

<b>Electrocardiogram (ECG)</b>	Non-invasive test that records the electrical activity of the heart.
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## CONTEXT

Stellar Experiences recognises that people with disability or the aged are at higher risk of cardiovascular disease than the general population. We are committed to prioritising guests' health and wellbeing in a way that:

- encourages and supports them to adopt and maintain good nutrition and healthy lifestyle habits;
- escalates health-related issues, concerns and risks promptly as required;
- is culturally safe and communicated in a language, mode and method they are most likely to understand;
- upholds their privacy and dignity;
- enables independence and capacity-building where possible; and
- empowers them to live their best life.

## PROCEDURES

### 1. Good Nutrition and a Healthy Lifestyle Habits

- 1.1 Encourage the guest to eat healthy foods and drink plenty of water.
- 1.2 Encourage the guest to keep active and mobile as much as possible.
- 1.3 Provide the guest with information and services that can assist with managing risks and problems with excess alcohol consumption, weight problems (both underweight and overweight), smoking and drugs.
- 1.4 Encourage and support the guest to adopt consistent sleep routines.

### 2. Communication and Information

- 2.1 Identify any barriers the guest may be facing accessing services and treatment — including communication or cultural difficulties. Ask the guest if they require an advocate or a family member to support them through the process. If they do, collaborate with the advocate or family member.
- 2.2 Offer any information you have to the guest in relation to upcoming blood tests, ECGs, X-rays etc.

- 2.3 Actively listen to any concerns the guest has, demonstrate respect and empathy, allow them to talk, offer suggestions (without providing medical advice) if asked and provide any communication or follow up assistance they request.

### 3. Risk Management

- 3.1 Organise an annual comprehensive health assessment with input from the guest/family/alternate decision-maker/advocate and the guest's doctor.
- 3.2 Notify family/alternate decision-maker/advocate if you have any concerns in relation to the guest's health and wellbeing and escalate to a qualified health practitioner if required.
- 3.3 Recognise signs and symptoms of heart issues. The main ones are outlined in the table below:

#### Common Signs and Symptoms of Cardiovascular Issues

*Note: This list is not exhaustive and is a guide only. Arrange for the guest to have immediate medical assessment by a qualified health practitioner if you are worried about the guest's health or wellbeing.*

- Pain or tightness in the arms, neck, jaw, shoulders or back.
- Pain, tightness or 'fluttering' feeling in the chest
- Shortness of breath
- Nausea or vomiting
- Fatigue
- Sweating
- Dizziness
- Unusual heartbeat (either too fast or too slow)
- Fainting
- Palpitations
- Indigestion or heartburn
- Trouble speaking and understanding (confusion)
- Paralysis or numbness of the face, arm or leg
- Trouble with seeing in one or both eyes
- Severe and sudden headache
- Trouble walking

### RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;

- monitoring worker compliance with the requirements of this procedure; and
- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

## **COMPLIANCE**

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## Conflict of Interest Policy and Procedure

Policy area	Risk Management
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

### PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to managing conflicts of interest.

### SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

### DEFINITIONS

Term	Definition
<b>Conflict of Interest</b>	<p>A conflict of interest occurs when a person or organisation has an opportunity to put what will benefit them (their own interests) ahead of the interests of the person they are supporting.</p> <p>These conflicts may be:</p> <ul style="list-style-type: none"> <li>● actual – it happened or is happening</li> <li>● potential – it might happen</li> <li>● perceived – it seems like it has happened or might happen</li> </ul> <p>Conflicts of interest that are not managed effectively can pose risks to a guest's safety and limit their choice and control. Conflicts of interest can also pose a risk to providers and the sustainability and integrity of the National Disability Insurance Scheme (NDIS).</p>

## **CONTEXT**

Stellar Experiences recognises that declaring or avoiding conflicts of interest is an important part of:

- safeguarding the guest against exploitation and/or discrimination;
- ensuring that the guest has access to services and supports that best suit their individual needs, circumstances, preferences and goals;
- upholding the guest's right to informed choice, control and self-determination; and
- maintaining integrity of the service provided, by removing any form of bias, favouritism or discrimination.

## **POLICY STATEMENT**

### **1. Fair, Transparent and Objective Actions and Decisions**

- We will act in the best interests of the guest at all times.
- We will ensure service access and delivery actions and decisions are unbiased, fair, objective and ethical.
- We will maintain processes to enable open and transparent disclosure of conflicts of interest.
- We will anticipate and identify all conflicts of interest, both at the beginning and throughout service delivery and employment of workers.

### **2. Gifts, Benefits and Commissions**

- We will not accept, receive or encourage offers of money, gifts, services or other benefits from guests.
- If money, gifts, services or other benefits are received from guests, we will document this in the Conflict of Interest Register.
- We will not offer gifts, services or other benefits to guests that may be perceived to show bias, preferential treatment or coercion.

### **3. Risk Management**

- We will maintain processes for all workers to declare any conflict of interest on onboarding with Stellar Experiences and during their involvement with Stellar Experiences, and we will monitor and review this process.
- If a conflict of interest is declared, we will:

- o identify the stakeholders affected and let them know of the declared conflict of interest;
- o assess the seriousness of the situation — taking into account factors such as duty of care, privacy and risks;
- o ensure the person with the conflict of interest does not take part in discussion or decision-making while the case is being managed; and
- o conduct any required internal and external reporting in the required timeframe and format.

#### **4. Information and Record-keeping**

- We will keep an accurate and up to date Conflict of Interest Register.
- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

#### **5. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of their responsibilities in relation to preventing or declaring a conflict of interest.
- We will maintain processes to adequately monitor and supervise workers.

### **PROCEDURES**

Once the conflict of interest has been declared, the following processes must be followed:

1. The conflict of interest must be documented in the Conflict of Interest Register.
2. The type of conflict of interest must be noted on the Register:
3. Once declared, the management of the conflict must be noted on the Register:
  - actual – it happened or is happening;
  - potential – it might happen;
  - perceived – it seems like it has happened or might happen.
4. Ongoing monitoring of the conflict and reviewing of the circumstances.
5. If the guest chooses to continue receiving services where a Conflict of Interest exists, we will provide access to resources that have been provided by the NDIA and will make

sure that the guest understands the conflict of interest and how the conflict will be managed by providing education. Resources can be found on the NDIA website for:

- NDIA Position Statement on Conflicts of Interest in the NDIS Provider Market
- Guests Rights Factsheet
- Conflict of Interest – checklist for Guests
- Conflict of Interest – Allied Health (assistive technology)
- Conflict of Interest – Home and Living Supports
- Support Coordinator and Conflict of Interest
- Conflict of Interest – Plan Management
- Conflict of Interest – in regional, rural and remote areas
- Conflict of Interest – One provider of multiple supports.

### **Types of Conflict of Interest as a registered provider**

- One provider delivering multiple NDIS supports and services.
- A family member or close friend working for the NDIS provider a guest receives services from. **Note:** if the funding for supports under a guest's plan is managed by the NDIA, family members will only be able to be funded to provide supports if they are a registered provider of supports.
- A provider only referring to organisations they have a strong personal connection with, or intentionally not referring to specific organisations they have a personal connection with.
- A support worker working for multiple NDIS providers in a community.
- An NDIS provider owning multiple businesses in the local area.

### **Circumstances where a conflict of interest may be unavoidable**

- Where limited alternative service options are available within regional, rural and remote areas.
- The services required involve specific cultural and religious choice and practices.
- Highly specialised services where there are few accredited providers operating nationally.
- The guest chooses to receive supports from a specific provider after fully considering other available services or supports and they formally acknowledge and accept the presence of a conflict of interest with their chosen provider.

## **SUPPORTING DOCUMENTS**

- Privacy and Confidentiality Agreement
- Support Coordination – Conflict of Interest Declaration - Guest
- Third-Party Information Release Consent Form
- Conflict of Interest Register
- Conflict of Interest Declaration Form

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Consent Policy

Policy area	Information Management and Privacy
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
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Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to discussing, obtaining and documenting consents.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Consent</b>	When someone gives permission, freely and voluntarily and with all required information, for an activity or intervention to take place which affects them.
<b>Dignity of Risk</b>	The right of a person to make their own informed choices, and live the way they want to live, even if there are risks involved.

## CONTEXT

Stellar Experiences recognises that all individuals have the right to make decisions about things that affect their lives. We will:

- encourage and support the guest to make informed and independent decisions where consent is required;
- discuss consent with the guest in a way that is culturally safe and in a language, mode and method the guest is most likely to understand;

- encourage and support the guest to access opportunities for meaningful participation and active inclusion in their community;
- recognise the guest's right to dignity of risk in informed decision-making;
- encourage guest choice, control, self-determination and capacity-building in decision-making and consent, where possible; and
- implement processes to protect personal information and safeguard against violence, abuse, neglect and exploitation.

## **POLICY STATEMENT**

### **1. Discuss Consent**

- We will discuss with the guest, seek their input and give them time to ask questions and review information to ensure they understand what consent means and what they are being asked to consent to.
- We will ensure the guest understands they have a right to withdraw or change consent at any time.
- We will ensure the guest is aware of the 'opt out' option if their information is requested for external audit purposes (e.g. NDIS Commission or Aged Care Quality and Safety Commission).
- We will not withdraw or deny support of guest decision-making based on our own opinion about the decision or action the guest is choosing (dignity of risk).

### **2. Obtain Consent**

- We will assume the guest has capacity to make informed and independent decisions, unless there is reasonable evidence that this is not the case.
- We will not perform an activity or intervention that affects the guest, or share their information with third parties, if we do not have the required consent from them to do so.
- We will obtain the guest's informed consent where required for a personal care treatment, procedure or other intervention.
- We will obtain consent before using or publishing any media images (photo, video) of a guest or worker.
- We will obtain written consent from the family/alternate decision-maker/advocate of a child who is under the age of 18 years old before performing an activity or intervention that affects the child, or sharing information to third parties.

- We will not disclose or share guest or worker information to third parties without their written consent.
- We will support the guest to engage an advocate of their choice, to speak on their behalf, if requested.
- If the guest does not have intellectual or cognitive capacity to provide consent, we will identify and engage an appropriate advocate, who can provide consent on their behalf.

### **3. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents. If consent has not been obtained, we will record this clearly in the guest file and ensure all workers are aware of this.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

### **4. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of their responsibility to discuss with the guest and obtain and document guest written consents.
- We will maintain processes to adequately monitor and supervise workers.

### **SUPPORTING DOCUMENTS**

- Guest Information Consent Form
- Third Party Information Release Consent Form

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Continuous Improvement and Quality Management Policy and Procedure

Policy area	Service Delivery
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttton, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Privacy Act 1988

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to continuous improvement and quality management.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Complaint</b>	An expression of dissatisfaction with a support or service where standards or expectations have not been met.
<b>Continuous Improvement</b>	A deliberate and sustained effort to improve processes and adopt a 'learning' culture. It involves cyclical steps: identifying opportunities for improvement; collecting and analysing data; deciding on new approaches based on data analysis; developing and implementing changes and evaluating the effectiveness of the changes.
<b>Deming Cycle</b>	A management methodology incorporating integrated knowledge and learning, with the aim of continually improving processes. This cycle is based on four stages: <a href="#">Plan</a> ; <a href="#">Do</a> ; <a href="#">Check</a> ; and <a href="#">Act</a> .
<b>Open Disclosure</b>	The practice of acknowledging the complaint, expressing regret to the person making the complaint that standards or expectations have not been met, finding out what

	happened, how and why and seeking to learn from the experience and make improvements. <b>Note:</b> Expressing regret does not mean an admission of guilt.
<b>Internal Audit</b>	Independent, objective assurance and consulting activity designed to add value and improve operations. It adopts a systematic and disciplined approach to evaluating and improving the effectiveness of a quality management system.
<b>Corrective Action</b>	An action, or a plan created to address a non-conformance from an internal or external audit.
<b>Performance Indicators</b>	Measures that evaluate outcomes or results.

**CONTEXT**

Stellar Experiences is committed to maintaining safety and quality and continually improving our service delivery and business operations. We will adopt a ‘Plan; Do; Check; and Act’ approach to continuous improvement and quality management which:

- is proportionate to the size and scale of our organisation and the scope and complexity of supports provided;
- prioritises guest health, safety and wellbeing;
- promotes a learning culture where gaps, opportunities, input and feedback (including complaints) from stakeholders are encouraged and welcomed;
- integrates planning, resource allocation, risk management and reporting as part of the continuous improvement process;
- provides cultural and language-accessible modes and methods for guests to submit feedback and complaints;
- fosters a resolution-based culture of open disclosure;
- upholds guests’ human rights — including their right to privacy, confidentiality, dignity and respect;
- promotes guests’ right to choice, control and self-determination;
- encourages and supports guest independence and capacity-building, where possible; and
- implements changes as required and evaluates the effectiveness of those changes.

**POLICY STATEMENT**

**1. Implementing and Maintaining a Quality System**

- We will implement and maintain a quality system that:
  - is integrated in our overall risk management and compliance framework;

- o enables the governing body to monitor the organisation's performance in delivering safe and quality services and supports;
- o clearly defines role accountabilities and responsibilities for ensuring safety and quality in service delivery;
- o supports the timely and accurate collection of data so we can identify, analyse, monitor and report risks, complaints and incidents; and
- o provides trend analysis functionality so we can identify process gaps and continually improve our service delivery.

## **2. Identifying Opportunities for Improvement**

- We will strive to continually improve our processes to provide guests with safe and quality services and support.
- We will maintain processes that are consistent with our mission, vision and values.
- We will continually review and evaluate our processes and make changes as required.

## **3. Encouraging and Acknowledging Feedback and Complaints**

- We will ensure guests are aware of their right to provide feedback and make a complaint, both internally and externally, and support them to do this if requested.
- We will actively engage with guests and their family/alternate decision-maker/advocate, workers and other stakeholders and use their input and feedback for continuous improvement and quality management.
- We will acknowledge a complaint, demonstrating courtesy and respect, verbally and/or in writing to a complainant and express verbal gratitude to acknowledge a compliment.

## **4. Collection, Collation and Evaluation of Information and Data**

- We will maintain processes to collect, collate and evaluate information and data to identify gaps, systemic issues, errors, opportunities for improvement and non-conformances.
- We will maintain a Continuous Improvement Register, Complaints Register, Incident Register and Risk Register with details, actions and outcomes of complaints, incidents, risks and suggested/required improvements.

## **5. Reviewing and Monitoring Processes**

- We will review board and management processes to ensure roles and responsibilities align with mission, vision and strategy.
- We will conduct internal audits to review and monitor processes and operations and make any required adjustments.
- We will participate in external audits and view them as an opportunity to learn and continually improve.
- We will review feedback, suggestions, complaints and incidents to identify systemic issues and take follow up action(s) as required (changes to policy and procedures, worker rostering, supervision and training, technology and communications).
- We will review and revise our policies, procedures, forms and templates to ensure currency, accuracy and compliance.

## **6. Information and Record-keeping**

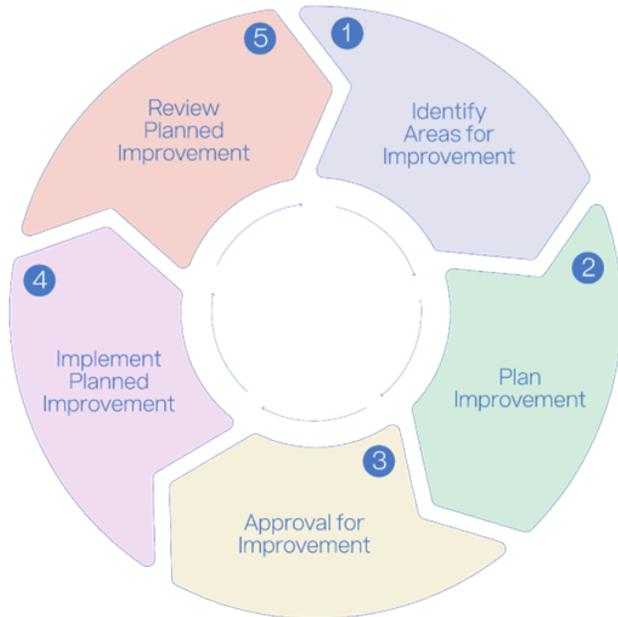
- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **7. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which supports our mission, vision and values and recognises the importance of continuous improvement.
- We will maintain processes to adequately monitor and supervise workers.

## PROCEDURES

### *Continuous Improvement and Quality Management Procedure*



## SUPPORTING DOCUMENTS

- Continuous Improvement Plan
- Continuous Improvement Register
- Corrective Action Plan

## RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Covid-19 Response Policy and Procedure

Policy area	Risk Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct State/territory WHS legislation

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to managing an outbreak of Covid-19.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Close Contact</b>	State and territory definitions of Covid-19 'close contact' differ. Generally, you are a close contact if you are living with someone who has Covid-19, or you have spent a lot of time indoors with someone who has Covid-19.
<b>Coronavirus</b>	This is a group of viruses known to cause respiratory infections. They range from the 'common cold' to more severe diseases. The current coronavirus is called 'Covid-19'.
<b>Covid 19</b>	This coronavirus is highly contagious and transmitted usually when a person coughs or sneezes. Common signs of Covid-19 are: <ul style="list-style-type: none"> <li>● fever;</li> <li>● coughing;</li> <li>● sore throat;</li> <li>● fatigue;</li> <li>● loss of smell and taste; and</li> <li>● shortness of breath.</li> </ul>

<b>Outbreak</b>	A sudden increase in the number of cases of the same disease. With Covid-19, the Australian Government's Department of Health defines this as when two people in three days become sick with the symptoms and at least one of these has a positive Covid-19 test result.
<b>Pandemic</b>	A global outbreak of disease.

## CONTEXT

Stellar Experiences is committed to ensuring the health and wellbeing of guests and workers. We will implement and maintain processes to manage a Covid-19 outbreak that:

- comply with federal and applicable state/territory government health and WHS directives and recommendations;
- prioritise guest and worker health, safety and wellbeing;
- facilitate guest continuity of support;
- manage internal and external reporting in the required timeframes and formats;
- are culturally safe and communicated in a language, mode and method that the guest is most likely to understand; and
- uphold guest privacy and dignity.

## POLICY STATEMENT

### 1. Planning and Preparation

- We will plan and prepare for Covid-19 outbreaks.
- We will maintain a Covid-19 Safe Plan and Covid-19 Outbreak Management Plan.
- We will appoint an internal Covid-19 Safety Response Management Team with suitable skills and knowledge to guide our response to an outbreak.
- We will have a process in place to enable us to identify essential services that must be kept in place to ensure the safety, health and wellbeing of each guest in the event of a Covid-19 outbreak.

### 2. Communication

- We will communicate this Covid-19 policy, our Covid-19 Safe Plan and Covid-19 Outbreak Management Plan to workers so that it is understood across the organisation.
- We will ensure workers have the knowledge, tools (posters, brochures) and equipment (personal protective equipment) to respond in a way that prevents or minimises guests' and their own health risks while delivering services during an outbreak.

- We will ensure workers are aware of their own responsibilities if they have Covid-19 symptoms.

### **3. Monitoring and Review**

- We will regularly review the Covid-19 Safe Plan and Covid-19 Outbreak Management team to ensure effectiveness and compliance and revise accordingly.

### **4. Risk Management and Reporting**

- We will manage Covid-19-related incidents and conduct reportable/mandatory incident reporting in accordance with our Incident Management Policy and required regulatory reporting timeframes and formats.
- We will follow government health directives and our Infection Management Procedure to control infection and minimise or eliminate the spread of Covid-19.
- We will follow the relevant state or territories WHS legislative requirements to maintain a safe workplace, including providing appropriate personal protective equipment (PPE) and training and guidance on use of PPE as required.

### **5. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will store the information securely to ensure guest privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

### **6. Training and Development**

- We will maintain a skilled and trained workforce which is aware of their responsibilities in relation to a Covid-19 outbreak and has undertaken initial and annual refresher training on hand hygiene and infection prevention and control.

## **PROCEDURES**

### **1. Managing an Outbreak**

- 1.1 Confirm infection control precautions are in place. Refer to the Infection Management Procedure.
- 1.2 Convene the Covid-19 Outbreak Management Team.
- 1.3 Implement the Covid-19 Outbreak Management Plan and the Covid-19 Safe Plan.

- 1.4 Isolate suspected or confirmed cases. If a guest has Covid-19 and requires essential supports, identify suitable workers to support them and schedule the supports.
- 1.5 Provide the workers with all required PPE and guidance/training to use this.
- 1.6 Make sure PPE and Covid-19 testing kits are easily accessible to workers.
- 1.7 Liaise with the public health department and follow their instructions.
- 1.8 Schedule regular environmental cleaning and disinfecting of all areas.
- 1.9 Put signs up at the entrance of the workplace (if applicable) to warn visitors.
- 1.10 Suspend all non-essential services and supports and communicate this clearly to guests and family/alternate decision-maker/advocate.
- 1.11 Suspend all non-essential visitors to the workplace and make sure there are clear signs indicating this at the entrance of the workplace (if applicable).
- 1.12 Communicate to workers the importance of being vaccinated and encourage them to do so.

## **2. Worker Response Actions**

- 2.1 Do not attend work if you have:
  - symptoms of respiratory illness (even mild symptoms) including fever, cough, shortness of breath, sore throat, runny or congested noses, tiredness, loss of smell or appetite;
  - returned from overseas or interstate within the last 14 days, consistent with the state's public health directives; or
  - been in contact with someone who has been diagnosed with Covid-19.
- 2.2 If you are at work and experience any of the above symptoms:
  - leave work immediately;
  - report symptoms to your manager;
  - get tested for Covid-19; and
  - self-isolate at home until test results are received.
- 2.3 If the test result is positive, stay at home for another five days, or longer if symptoms persist. If the test result is negative, stay at home until symptoms have resolved.
- 2.4 If you are a close contact, work from home if possible for seven days.
- 2.5 If your guest has, or may have, Covid-19:
  - assist the guest seek medical advice;
  - identify essential supports to ensure the guest's health and wellbeing;
  - discuss with other stakeholders (e.g. family/alternate decision-maker/advocate), your manager and the rostering team to ensure continuity of support.

- 2.6 Do not enter the home of a guest diagnosed with Covid-19 until you have donned (i.e. 'put on') all required PPE as directed.
- 2.7 Encourage and support the guest to use good hand and respiratory hygiene and make sure you do as well. Refer to the Infection Control Procedure.
- 2.8 Perform routine and disinfectant cleaning in accordance with the Routine and Disinfectant Cleaning Procedure.
- 2.9 Keep a register of visitors by requesting they complete the Workplace Attendance Register. This should include the visitor's first name, phone number and the date and time they entered and exited the workplace.
- 2.10 Conduct social distancing to reduce risk of transmission. This includes some or all of the following:
  - stay at home if you are sick;
  - do not shake hands or conduct other physical forms of greeting;
  - hold meetings online rather than face-to-face;
  - eat lunch outside, rather than in a small room;
  - make sure the workplace is regularly professionally cleaned;
  - clean and disinfect shared high-touch surfaces regularly;
  - use a hand sanitiser or wash your hands with soap and water regularly; and
  - open windows and adjust air conditioning to enable circulation of fresh air.

### **3. Worker Training**

- 3.1 Complete the Australian Department of Health and Aged Care's online Covid-19 Infection Control Training.

### **SUPPORTING DOCUMENTS**

Related procedures and forms include:

- Covid-19 Outbreak Management Plan

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy and procedure; and

- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Diversity Policy and Procedure

Policy area	Service Delivery
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct NDIS Inclusion and Diversity Framework NDIS Workforce Capability Framework Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Universal Declaration of Human Rights

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to diversity and inclusion.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>CALD</b>	The acronym for 'Culturally and Linguistically Diverse'. It refers to people from a range of countries and ethnic, racial, cultural and religious groups.
<b>Diversity</b>	The representation (inclusion) of people in an environment of different cultures, ethnicity, race, religion, gender, sexual orientation and preference, ability, age, family structure, lifestyle, socioeconomic status.
<b>Inclusion</b>	This is how well the contributions, presence and perspectives of a diverse group of people are recognised, valued and integrated in the organisation.

## CONTEXT

Stellar Experiences welcomes and supports diversity and inclusion. We believe every individual has the right to be recognised, respected and valued. We are committed to providing all guests with

person-centred, safe and appropriate services and supports. This includes the following diversity groups:

- people with disability;
- people of mature age;
- people living with dementia;
- Aboriginal and Torres Strait Islander Peoples;
- people who live in rural or remote areas;
- people from culturally and linguistically diverse (CALD) backgrounds;
- people who identify as Lesbian, Gay, Bisexual, Transgender, Intersex, Queer/Questioning, Asexual plus (LGBTIQA+);
- people who are financially or socially disadvantaged;
- veterans;
- people who are homeless or at risk of becoming homeless; and/or
- people living with mental health illness.

## **POLICY STATEMENT**

### **1. Service Access**

- We will identify and remove barriers for new and existing eligible guests to access our services.
- We will provide safe and welcoming environments for our guests.
- We have zero tolerance for any form of discrimination.
- We will strive to increase access and community participation and engagement opportunities for our guests in diverse groups.
- We will partner with the guest to identify other services and supports to enhance their health, safety and wellbeing and help them achieve their goals and we will assist them with accessing these services and supports, if requested.

### **2. Recognise, Understand and Value Diversity**

- We will treat all people with kindness and respect, and equally according to their human rights.
- We understand the diversity of the guests that use our services, including those at higher risk of harm, and we will tailor information, communication and services to meet their diverse needs.

- We will develop a trust relationship with our guests and seek to understand their culture, ethnicity, religious/spiritual beliefs, gender identity, family structure/circumstances and/or lifestyle choices.
- We will recognise and value our guests' lived experiences.

### **3. Support Provision**

- We will provide services and environments that make our guests feel welcome, respected and supported.
- We will partner with the guest and other stakeholders to identify strategies to provide services and supports that are trauma-aware, healing-informed and culturally safe.
- We will build effective partnerships with the guest and/or their family/alternate decision-maker/advocate to foster relationships, increase participation and engagement and promote the guest's health and wellbeing.
- We will, in partnership with the guest, identify others involved, or who should be involved, in their care and ensure coordination with them.
- We will ensure appropriate safeguards are in place to protect the guest against any form of violence, abuse, neglect, exploitation or discrimination.
- We will provide services and supports that build on the guest's strengths and encourage them to increase their skills where possible.
- We will support our workers to understand the different ways our guests communicate, including people living with dementia and people with difficulties communicating, and to communicate effectively with them, both verbally and non-verbally.
- We will ensure relevant cultural and linguistic diversity needs and preferences are accurately recorded in the Support Plan and Service Agreement and that all relevant workers are aware of the guest's specific needs and preferences.

### **4. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **5. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which recognises and supports diversity and inclusion and is culturally aware.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Service Access**

- 1.1 Encourage and support the guest to contact relevant local community networks for their guidance and input in the guest's support. For example, cultural, religious/spiritual networks, sexual orientation support groups, veterans support groups, Aboriginal and Torres Strait Islander Elder(s) and communities.
- 1.2 If the guest has not requested specific community members or networks, identify potential sources of community support and discuss with the guest for their consideration.
- 1.3 Assist the guest to contact relevant government agencies for information on services or support the guest may be eligible for, or contact them directly if the guest requests this.
- 1.4 Assist the guest to access an interpreter, or other aids and equipment to meet their needs as required.

### **2. Support Provision**

- 2.1 Ask the guest about appropriate cultural and linguistic protocols and follow them at all times when supporting them.
- 2.2 Ask the guest if current practices reflect their cultural, religious and/or linguistic protocols and take action to make any required changes. Continue to seek feedback on this in guest reviews.
- 2.3 Ask the guest how they want to connect with their community and support them to do this.
- 2.4 Be aware of your own biases and check that you are not making decisions or judgments on behalf of your guest based on your own personal experiences, perspectives, attitudes or beliefs.
- 2.5 Contact the community network of the guest's choice and collaborate with them to promote guest community participation and engagement — including employment, education and hobbies.

- 2.6 Collaborate with health and allied health professionals to adopt a holistic approach for the guest's health and wellbeing.
- 2.7 Source and provide information on community events and networks that meet the guest's needs and identified goals.

### **3. LGBTIQA+ Identity**

- 3.1 Listen to the guest's story of their lived experiences before asking questions.
- 3.2 Respect the guest's sexual identity, expression and/or orientation.
- 3.3 Protect the guest's personal information privacy.
- 3.4 Ask the guest how they wish to be referred (personal pronouns 'he', 'she', 'they').
- 3.5 Always use inclusive language.
- 3.6 Support the guest to access safe and inclusive channels to provide feedback and lodge complaints and incidents (Human Rights Commission, Anti-Discrimination Commission).

### **4. Aboriginal and Torres Strait Islander Peoples**

- 4.1 Partner with the guest to ensure services and supports are accessible to, and culturally safe for Aboriginal and Torres Strait Islander Peoples.
- 4.2 Listen to the guest's story of their lived experiences before asking questions.
- 4.3 Check with the guest on how to act in a culturally respectful manner.
- 4.4 Ask the guest how to communicate effectively with them.
- 4.5 Ask the guest how they want to be connected to their community and respect the importance placed on family and the kinship system.
- 4.6 Develop relationships with key guest contacts and those with cultural knowledge — Elders, family members and other community members — and learn from them so you can better understand the culture, kinship system and community.
- 4.7 Accept and respect the guest's wishes if they prefer to be supported by family or community. Work collaboratively with key stakeholders to enable them to do so.
- 4.8 Incorporate symbols and images that reflect Indigenous culture in our marketing material, on our website and in our environment.
- 4.9 Display (or suggest to manager/supervisor to organise) a Statement of Traditional Owners in environments.
- 4.10 Access and use the Department of Health and Aged Care's publication [Actions to Support Older Aboriginal and Torres Strait Islander People - A Guide for Aged Care](#)

[Providers](#) and/or the NDIS' [First Nations Strategy](#) publication for information and guidance in providing inclusive services and supports for Aboriginal and Torres Strait Islander Peoples.

## **5. Guests who do not Speak English**

- 5.1 If the guest has a family member or close friend who supports or visits them, and speaks English, ask them to ask the guest if they give permission for them to act as an interpreter. Alternatively, establish if there is an available staff member who speaks the language.
- 5.2 If required, access and use the Department of Home Affairs Translating, and Interpreting Service (TIS).

## **6. Guests living with Dementia or Cognitive Impairment**

- 6.1 Collaborate closely with the guest and/or their family/alternate decision-maker/advocate to really get to know the guest to better understand their specific needs and associated behaviours.
- 6.2 Discuss with the guest's family/informal carer ways to support the guest and resources available such as Dementia Australia's [Information and ideas for carers, family members and friends](#).
- 6.3 Maintain close links with the guest's informal support network throughout the support planning and service delivery process.
- 6.4 Contact the National Dementia Helpline on 1800 100 500 for information and guidance on dementia. There is also a web chat helpline.
- 6.5 Be aware of and understand the [10 Dementia Enabling Environment Principles](#). These principles are evidence-based and widely recognised as forming the basis for maintaining service environments and providing services and supports that are safe, effective and person-centred for people living with dementia:
  1. [Unobtrusively reduce risks](#).
  2. [Provide a human scale](#) (this means creating an environment that is not too overwhelming or intimidating).
  3. [Allow people to see and be seen](#).
  4. [Reduce unhelpful stimulation](#).
  5. [Optimise helpful stimulation](#).

6. Support movement and engagement.
7. Create a familiar space.
8. Provide opportunities to be alone or with others.
9. Provide links to the community.
10. Respond to a vision for way of life.

## **7. Guests living with Mental Health Illness**

- 7.1 If there is a life-threatening situation with your guest, call emergency services on Triple Zero (000).
- 7.2 If not life-threatening, and the guest is wanting help, discuss with them that help is available 24/7 from the following services:
  - Lifeline (13 11 14);
  - Kids Helpline (1800 55 1800);
  - Mental Health Crisis Assessment and Treatment Team (in your state or territory);
  - Beyond Blue (1300 224 636);
  - 13 YARN (13 92 76) (confidential one-on-one with an Aboriginal or Torres Strait Islander Crisis Supporter).
- 7.3 The Department of Health and Aged Care's [Head to Health](#) provides a useful guide to services and has all the contact details listed in 7.2 above. Also [Mental health and the NDIS](#) for disability guests.

## **8. Guests living in Rural or Remote Communities**

- 8.1 Follow the steps in any of the previous sections, as relevant.
- 8.2 Partner with the guest, family/alternate decision-maker/advocate, government agencies and specialist and mainstream service providers as required to find solutions to service gaps and barriers. This may involve arranging guest transport to services, bringing in services from neighbouring towns, arranging shared services.
- 8.3 Refer to the [NDIS - Rural and Remote Strategy](#) or the [Department of Health and Aged Care](#) (as appropriate) for information and resources. The [Department of Social Services](#), [Dementia Australia](#) and the [Australian Institute for Health and Welfare](#) also have useful resources.

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Dress Code Policy

Policy area	Human Resources
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Work Health and Safety Act 2011 NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to appearance and presentation of workers in the workplace.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
Lanyard	A length of cord, string or strap that serves a variety of functions, including a means of attaching an identification badge or keys and wearing it around your neck.

## CONTEXT

Stellar Experiences is committed to presenting a professional image and requires workers to present to work dressed in a way that:

- ensures their and others' safety;
- is appropriate for the role;
- is neat and tidy;
- would not reasonably be considered offensive; and
- makes the worker easy to identify (for workers in direct care and support roles).

## **POLICY STATEMENT**

### **1. Dress Code**

- We will develop and maintain a Dress Code and communicate this to all workers.
- We will ensure workers are aware of their responsibility to comply with the Dress Code.

<b>Dress Code</b>
● Dress neatly and appropriately for your role.
● Maintain adequate personal hygiene.
● Do not wear clothing or jewellery to work that may be reasonably considered offensive or unsafe.
● Keep jewellery and body piercings to a minimum.
● Choose work clothes that are smart casual and not too 'revealing'.
● Do not wear clothes to work that are ripped and torn.
● Wear your uniform (if applicable) so you are easily identifiable by the guest and also the community if you are out and about in the community with your guest.
● Wear lanyards and name tags for identification, if applicable.
● Wear closed-toe shoes (not sandals or thongs).

### **2. Personal Protective Equipment**

- We will ensure workers are provided with, trained in the use of, and wear/use personal protective equipment (PPE) where required.
- We will ensure workers wear any required safety features (non-slip shoes).

### **3. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which recognises the importance of presenting to work well-groomed and wearing safe and appropriate clothes.
- We will maintain processes to adequately monitor and supervise workers.

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Drugs, Alcohol and Smoking Policy

Policy area	Human Resources
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttton, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Work Health and Safety Act 2011 NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to maintaining a 'fit for work' safety culture.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
Lanyard	A length of cord, string or strap that serves a variety of functions, including a means of attaching an identification badge or keys and wearing it around your neck.

## CONTEXT

Stellar Experiences is committed to ensuring a safe and healthy workplace. We recognise that consumption of drugs, alcohol and tobacco (including e-cigarettes or 'vaping') can reduce a worker's ability to deliver safe and quality care and support to guests, and exposes themselves, their guests, colleagues and others to risk of harm and injury.

## **POLICY STATEMENT**

### **1. Risk Management**

- We have a strict 'no drugs, no alcohol and no smoking' ('smoking' includes 'vaping' and e-cigarettes) policy for workers while providing services and supports to guests, or while undertaking regular work duties in an office/workplace.
- We will maintain processes to prevent or minimise risks and hazards caused by drugs, alcohol and smoking in the workplace.
- We will identify and respond appropriately to incidents of unauthorised possession, sale and/or distribution of drugs, alcohol or cigarettes in the workplace (contact police, employment suspension or termination).
- We will ensure all workers are aware of their legal responsibilities to ensure, so far as reasonably practicable, the health, safety and wellbeing of themselves and others in the workplace.

### **2. 'Fit for Work' and a Safety Culture**

- We will promote a safety culture where workers are aware of their responsibilities to report to work in a 'fit for work' condition and perform their duties safely and diligently.
- Workers who present for work under the influence of drugs and/or alcohol will not be permitted to work and will face strict disciplinary action (performance monitoring, employment suspension or termination).
- We will identify and respond appropriately to instances where a worker is not 'fit for work' due to adverse side effects of prescribed medication for an underlying illness or condition (rostering on different workers, flexible work arrangements to seek further medical advice).

### **3. Incident Reporting**

- We will complete internal and external incident reporting in required timeframes and formats.

### **4. Supportive Workplace Culture**

- We will support workers who are experiencing addiction problems and encourage them to access relevant information and services (Employee Assistance Program).

- We will support workers who are experiencing adverse side effects from prescribed medication (placement in a reasonable alternative role where possible, flexible work arrangements to seek further medical advice).

## **5. Responsible Service of Alcohol at Work-Endorsed Functions**

- We will conduct responsible service of alcohol practices at work-endorsed functions (appropriate serving sizes, availability of non-alcoholic options, food and transport, event timed at the end of the workday or on non-work days).

## **6. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible only to people authorised to access it.

## **7. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which recognises the importance of a safe workplace culture.
- We will maintain processes to adequately monitor and supervise workers.

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Emergency and Disaster Management Policy and Procedure

Policy area	Risk Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to emergency and disaster management.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Disaster</b>	Any phenomenon, natural or human-made, that has the potential to cause extensive destruction of life and property. Examples include flood, fire, heatwave, snowstorm, storm/cyclone or a health pandemic.
<b>Emergency</b>	A serious risk to health, life or the environment. Examples are the same as listed above under 'Disaster' and also includes terrorist threats and other similar crisis events.

## CONTEXT

Stellar Experiences is committed to ensuring the health, safety and wellbeing of guests and workers before, during and after an emergency or disaster event. We will implement and maintain processes to:

- adequately plan and prepare for emergency and disaster events;
- provide continuity of support for all guests, to the extent possible, before, during and after an emergency or disaster event;

- provide essential supports for guests with complex/high needs during an emergency or disaster event;
- consider cultural and linguistic needs and preferences in our emergency and disaster planning;
- seek input from the guest and/or family/alternate decision-maker/advocate in the development of the guest's personal emergency plan;
- ensure personal emergency plans are person-centred, responsive and achievable; and
- collaborate and communicate with relevant stakeholders before, during and after an emergency or disaster event.

## **POLICY STATEMENT**

### **1. Compliance**

- We will comply with all relevant legislation, regulations, standards and health directives issued by federal, state and local governments before, during and after an emergency or disaster event.
- We will comply with relevant organisational policies, procedures and work instructions before, during and after an emergency or disaster event.

### **2. Emergency and Disaster Planning**

- We will develop and maintain an emergency plan and a contingent emergency and disaster plan that describe how Stellar Experiences and workers will prepare for and respond to an emergency and disaster event and how we will manage risks to the health, safety and wellbeing of guests and workers.
- We will ensure our emergency and disaster planning is integrated in our governance and risk management frameworks.
- We will incorporate the relevant state or territories WHS legislation requirements in our emergency and disaster planning and provide worker consultation and training.
- We will seek input from the guest and/or their family/alternate decision-maker/advocate, to identify and assess guest risks and develop a guest-specific personal emergency plan to action during and after an emergency or disaster event.
- We will consider the guest's needs, circumstances, preferences and goals when developing the Personal Emergency Preparation Plan.

- We will ensure the Personal Emergency Preparation Plan is culturally safe to suit the guest's needs and preferences and is provided and presented in a language, mode and method that the guest is most likely to understand.
- We will have processes in place to ensure Personal Emergency Preparation Plans are consistent with, and flow through to the overall organisational emergency plan.

### **3. Testing and Review**

- We will implement processes to regularly test and review both guests' personal emergency plans and the organisation's emergency and disaster plan.
- We will seek feedback from all relevant stakeholders (guests and workers) and adjust the plan accordingly.
- We will strive to continuously improve our emergency and disaster management processes.

### **4. Communicate and Consult**

- We will communicate and consult with all relevant stakeholders and share information with other service providers before, during and after an emergency or disaster event, with guest consent, to ensure continuity of support and the health, safety and wellbeing of the guest.
- We will debrief with guests and workers after an emergency or disaster event and offer any emotional support (e.g. counselling) if requested or required.

### **5. Information and Record-keeping**

- We will maintain documented evidence of workers who have relevant experience to assist in an emergency or disaster situation.
- We will document our process for ensuring we have alternate/back-up workers with relevant emergency and disaster management experience, to assist in an emergency or disaster situation in the event regular workers are unavailable.
- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **6. Worker Engagement, Training and Supervision**

- We will maintain a skilled and trained workforce, which is aware of steps to take in an emergency or disaster event and how to prioritise guest health, safety and wellbeing.
- As part of our worker onboarding process, we will identify new workers with relevant experience to assist in an emergency or disaster situation (e.g. current or past volunteer with State Emergency Service or Rural Fire Service) and maintain documented evidence of this.
- We will maintain documented evidence of worker internal and external training in emergency and disaster management, including details on who provided the training, to whom and alternate/back-up workers who have the relevant training/competency to assist in an emergency or disaster if regular trained workers are unavailable.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Actions to Take When an Emergency or Disaster is Declared**

- 1.1 Follow all guidelines and directives issued internally (CEO, senior management) and externally via management (state/territory WHS regulator, Department of Health, federal government).
- 1.2 Keep up to date with any updates from official sources and take appropriate action(s).
- 1.3 Review the guest's personal emergency plan to check it has supports in place for the guest before, during and after the emergency or disaster event.
- 1.4 Contact guest and/or family/alternate decision-maker/advocate and discuss with them, in a language, mode and method they are most likely to understand, how the event may or will affect their services, actions the organisation is going to take and how and when the guest's personal emergency plan will be implemented.
- 1.5 Identify workers who are critical to the delivery of essential frontline services and discuss with them the personal emergency plan to ensure continuity of support.

### **2. Testing and Review**

- 2.1 Conduct a trial run of the personal emergency plan.
- 2.2 After the trial run, review with guest and other stakeholders and adjust the plan accordingly to ensure the required safeguards are in place.

- 2.3 The NDIS Compliance Team should follow points 2.1 and 2.2 for testing and review of the organisation's emergency plan and contingency emergency and disaster plan and review how personal emergency preparation plans flow through to the overall organisation's emergency plan and contingency emergency and disaster plan.

## **SUPPORTING DOCUMENTS**

- Contingency Emergency and Disaster Plan
- Emergency Plan
- Personal Emergency Preparation Plan

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Epilepsy Management Procedure

Policy area	Guest Health and Wellbeing
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this procedure is to explain how our organisation supports guests who suffer from epilepsy.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers) who support guests suffering from epilepsy.

## DEFINITIONS

Term	Definition
<b>Epilepsy</b>	A brain disorder that causes recurring, unprovoked seizures. It is usually diagnosed as epilepsy if there are two or more seizures in 24 hours, or one seizure with high risk of recurrence.
<b>Seizure</b>	Sudden surges of abnormal and excessive electrical activity in the brain that causes a variety of symptoms, depending on which part of the brain is affected.
<b>General Seizures</b>	These include: <ul style="list-style-type: none"> <li>• <b>Tonic-clonic seizures:</b> Convulsive seizures that cause loss of consciousness, sudden muscle jerks and repetitive stiffening and relaxing of muscles.</li> <li>• <b>Absence seizures:</b> Brief seizures often mistaken for 'daydreaming' or inattention. They are characterised by suddenly stopping activity, staring and being unresponsive. Awareness is impaired for a very short time (e.g. 2-10</li> </ul>

	seconds). Some people are not aware they have experienced an absence seizure.
<b>Focal Seizures</b>	<p>These include:</p> <ul style="list-style-type: none"> <li>● <b>Focal aware seizures:</b> The person is aware of their surroundings but may not be able to talk or respond normally. They may experience nausea, déjà vu, numbness or tingling.</li> <li>● <b>Focal impaired awareness:</b> This often involves appearing confused and engaging in unusual behaviours such as fidgeting, mumbling or chewing. The person is unlikely to remember the seizure.</li> <li>● <b>Focal to generalised tonic-clonic seizures:</b> These start as focal seizures but then evolve into tonic-clonic seizures (convulsion).</li> </ul>
<b>Status Epilepticus (EP)</b>	A condition characterised by seizures lasting longer than 5 minutes or seizure clusters occurring without full recovery in between.

## CONTEXT

Stellar Experiences recognises that people with disability and the aged are at higher risk than the general population of experiencing epilepsy. We will:

- identify and minimise exposure to seizure risk factors;
- escalate seizure-related issues, concerns and risks promptly and appropriately;
- ensure workers are adequately trained and competent to support guests with epilepsy management;
- provide support in a way that is culturally safe and communicated in a language, mode and method that the guest is most likely to understand;
- uphold guest privacy and dignity; and
- encourage independence and capacity-building where possible.

## PROCEDURES

### 1. Providing Support

- 1.1 Observe the guest and be aware of any adverse changes in their mood or behaviour that may indicate problems or changes in triggers.
- 1.2 Organise an emergency management plan to be provided by a qualified health practitioner, in consultation with the guest and family/alternate decision-maker/advocate, to be implemented in the event of a seizure emergency.

- 1.3 Provide any support or assistance the guest requires to take prescribed medications. **Note:** Ensure you have written consent from the guest or family/alternate decision-maker/advocate before administering medication.
- 1.4 Organise for the guest to be assessed at least annually, and more often if required, by a qualified health practitioner (neurologist, specialist doctor, specialist epilepsy nurse).
- 1.5 Organise immediate referral to the qualified health practitioner if you observe the following:
  - not responding to anti-seizure medication;
  - seizures are not controlled;
  - experiencing unwanted side effects from medication; or
  - any other issues, concerns or risks.
- 1.6 If the guest has a seizure episode, follow the instructions in the guest's epilepsy/seizure management plan. If you are concerned for the guest's health and safety and you think the situation may be life-threatening, call Triple Zero (000). For general steps to manage a seizure, see section 3 below.
- 1.7 If the guest must go to hospital, make sure the hospital has a copy of the guest's epilepsy management plan. After discharge from hospital, support the guest with any follow-up actions required.

## **2. Epilepsy Management Plan**

- 2.1 Follow the epilepsy/seizure management plan developed by a medical practitioner and organise for it to be reviewed by the practitioner at least annually.
- 2.2 Make sure the epilepsy management plan includes:
  - epilepsy diagnosis;
  - description of seizures, including type, duration and usual frequency;
  - signs to check before and after a seizure;
  - seizure triggers;
  - emergency management and when to call an ambulance;
  - instructions on medication selection and administration;
  - other coexisting health conditions; and
  - person-centred seizure first aid.

### 3. Seizure Response Actions

Seizure Type	During the Seizure	After the Seizure
Focal (impaired awareness) seizures	<ul style="list-style-type: none"> <li>• Stay with the guest.</li> <li>• Gently guide the person away from obstacles or situations that may increase the risk of falling or serious injury.</li> <li>• Time the Seizure (seizures usually last between 30 seconds and three minutes).</li> <li>• Provide reassurance until the person is fully recovered.</li> </ul>	If the person is confused, reassure them and maintain communication with them.
Generalised absence seizures	<ul style="list-style-type: none"> <li>• Stay with the guest.</li> <li>• Keep the person safe from any harm.</li> <li>• Time the seizure.</li> </ul>	Recognise that a seizure has occurred, repeat any information they may have missed during the seizure and reassure and stay with the person.
Tonic-clonic seizures	<ul style="list-style-type: none"> <li>• Stay with the guest.</li> <li>• Protect the person from injury (especially the head) and move furniture or items that could cause injury away from the person.</li> <li>• Time the seizure (seizures usually last between 30 seconds and three minutes.)</li> </ul>	If the person is unconscious or has something in their mouth that can block their airways, such as food, drink, or dentures, lie them on their side, place something soft under their head and stay with them until they regain consciousness. Provide reassurance until the person is fully recovered.

### 4. Seizure Medications

4.1 Guests may be prescribed medications to help manage seizures. These can prevent/minimise seizures and often need to be taken on a regular basis. Some guests may need to take them for life, while others have the medications phased out.

4.2 Emergency seizure medications are used to prevent a seizure from becoming prolonged and potentially causing further damage to the guest (e.g. in the case of status epilepticus (see Definitions)).

4.3 For guests with prescribed emergency seizure medications, an emergency medication management plan (EMMP) should be written by a medical practitioner including:

- indications for medication administration;
- medication name;
- dose;
- frequency;
- route;
- instructions on how to administer the medication; and
- emergency procedures.

4.4 Examples of emergency seizure medications include:

- Lorazepam (Ativan®);
- Diazepam (Diastat®, Valium®, Valtoco®);
- Midazolam (Nayzilam®, Versed®);
- Clonazepam (Klonopin®); and
- Phenytoin.

**Note:** Workers administering medications MUST be appropriately trained and assessed as competent to administer the emergency seizure medications.

## 5. Post-Seizure Monitoring

5.1 Recovery from seizures can differ from person to person. It is therefore important for workers to have clear instructions on how to support and monitor the guest before, during and after the seizure.

5.2 Some people may require prolonged monitoring, while some may not. Some may have a headache, need sleep or be confused for a while. Specific instructions on post-seizure monitoring must be documented in the guest's epilepsy/seizure management plan.

5.3 Workers must comply with instructions on the epilepsy/seizure management plan and record actions taken in the Seizure Record Form and progress notes where applicable.

5.4 Both the epilepsy management plan (EMP) and emergency medication management plan (EMMP) must be updated annually or early as required.

**Call an ambulance if:**

- it is specified in the guest's epilepsy/seizure management plan or emergency management plan;
- if the seizure lasts 5 minutes or more;
- the guest is unconscious;
- another seizure starts shortly after a previous seizure;
- the seizure occurred in water;
- the guest has an injury that requires further medical assessment;
- it is the guest's first time having a seizure; or
- the guest has diabetes or is pregnant.

**RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this procedure; and
- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

**COMPLIANCE**

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Food Safety Management Policy and Procedure

Policy area	Food Safety
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Australia New Zealand Food Safety Standards Safe Food Australia NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to food safety management.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Biological Hazards</b>	Microbial hazards in food include bacteria such as salmonella, viruses such as Norovirus, and parasites such as trematodes (flukes) and prions (e.g., mad cow disease).
<b>Cross-Contamination</b>	Cross-contamination is when bacteria or other microorganisms are unintentionally transferred from one substance or object to another, with harmful effects. Cross-contamination between raw and cooked food is the cause of most infections.
<b>Food Allergy</b>	When the immune system reacts to a food substance (allergen), producing allergy antibodies (proteins in the immune system) that identify and react with foreign substances. An allergic reaction happens when a guest develops symptoms following exposure to an allergen. Symptoms may include hives, swelling of the lips, eyes, or face, vomiting or a wheeze. The most common triggers are egg, cow's milk, peanut, tree nuts, sesame, soy, fish, shellfish, and wheat. Some food allergies can be severe, causing life-threatening reactions known as anaphylaxis. About two per cent of adults have food allergies.

<b>HACCP</b>	This stands for 'Hazards Analysis and Critical Control Point'. It refers to the management system where food safety is addressed through the analysis and control of biological, chemical and physical hazards from raw material production, procurement and handling, to manufacturing, distribution and consumption of the finished product.
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## **CONTEXT**

Stellar Experiences is committed to implementing and maintaining best practice food safety management. We will plan, prepare and provide food to guests which:

- complies with food safety regulations and standards;
- is safe and suitable to eat;
- provides menu variety and supports good health and nutrition;
- prevents or minimises risk of contamination, infection and allergies; and
- best suits individual needs and preferences.

## **POLICY STATEMENT**

### **1. Compliance and Risk Management**

- We will comply with requirements in the Australia New Zealand Food Standards Code and the Food Safety Standards Australia.
- We will identify and control food safety hazards using the HACCP system (see Definitions).
- We will systematically examine our food handling operations to identify potential hazards that may reasonably be expected to occur.
- If a hazard does occur, we will develop and implement a food safety program to control the hazards.
- We will identify and assess guest-specific risks in relation to food and notify the manager and/or guest's family/alternate decision/maker/advocate for immediate referral to a qualified health practitioner if required.

### **2. Infection Control**

- We will cook and store food in line with food safety regulatory requirements.
- We will exercise best practice hand and respiratory hygiene while preparing and handling food in accordance with the Infection Management Procedure.

- We will conduct routine and disinfectant cleaning to prevent or minimise the risk of cross-contamination and infection in accordance with the Routine and Disinfectant Cleaning Procedure.

### **3. Monitoring and Review**

- We will review our food safety program at least annually to ensure it is adequate and make changes as required.
- We will organise to have our food safety program audited by a food safety auditor, if applicable.

### **4. Incident Reporting**

- We will complete internal and external incident reporting in required timeframes and formats.
- We will escalate incidents to ensure the health, safety and wellbeing of the guest.

### **5. Information and Record-keeping**

- We will document our food safety program and ensure it is accessible to authorised people.
- We will maintain up to date records of individual guests' mealtime management plans in accordance with the Mealtime Management Policy and Procedure.
- We will document guest-specific food safety issues, concerns or incidents in other relevant documents (guest file, Support Plan, Behaviour Support Plan).

### **6. Training and Development**

- We will maintain a skilled and trained workforce which is aware of food safety management requirements.

## **FOOD SAFETY PRINCIPLES**

The key elements of food hygiene are:

- **Personal hygiene:** This includes handwashing, protective clothing, illness procedures, and other duties (e.g. avoiding smoking).
- **Preventing cross-contamination:** This includes preventing bacterial, physical, chemical, and allergenic contamination, particularly by having appropriate equipment in place (such as separate cutting boards).

- **Cleaning procedures:** Thorough cleaning of the kitchen, equipment, and kitchenware (including plates and cutlery) is vital.
- **Allergen control:** All providers must clearly explain which foods contain products that are allergenic and must prevent allergens from cross-contaminating other food.
- **Safe storage of food:** This includes storage locations and containers, using a first in first out system, appropriate labelling and temperature control.
- **Cooking temperatures:** Providers must ensure they cook and hold food at appropriate temperatures to prevent bacterial risks.

## **Mealtime Management Plan**

If applicable, refer to the guest's Mealtime Management Plan for individualised instructions on food preparation and provision.

## **People with food allergies**

Check the guest's Support Plan for any known food allergies. Check again with the guest and their family. Foods that may cause an allergic reaction are called allergens. Even a tiny amount of an allergen can cause a reaction.

If the guest lives alone, it is possible to eliminate all food allergens from the home. This can be achieved through careful reading of labels on packaging and taking necessary precautions during cooking.

If the guest does not choose to eliminate all food allergens from the home, or you are preparing food in an environment away from the home (where there is a potential for allergens to come into contact with the guest's food) the following steps should be taken:

- Read all labels on cans, jars and packaging.
- Label foods as "safe" or "not safe" (perhaps using red/green stickers).
- Designate particular shelves for 'safe' foods rather than putting similar foods next to each other.
- Avoid contamination by:
  - washing hands
  - not allowing allergen-covered utensils to touch 'safe' foods
  - confine all eating to limited areas, e.g. kitchen or dining areas

- use different utensils to prepare non-allergenic and allergenic dishes
- wash foods or place in sink/dishwasher immediately after use
- clean grills, use foil to protect surface when cooking
- clean all surfaces after preparing food
- clean countertops before preparing food.

### **General food preparation**

- Minimise the cumulative time that potentially hazardous food is kept within the temperature danger zone (maximum of two hours).
- Clean, sanitise and dry all food contact surfaces, utensils, chopping boards and equipment after preparing food.
- Store raw and cooked food separately.
- Wash all fruits and vegetables to remove contamination.
- Use single-use or disposable cloths where possible.
- If multi-use cloths are used, they are to be cleaned and sanitised after each task.

### **Cleaning and sanitation**

- Clean all food preparation areas with an anti-bacterial solution and paper towel.
- Thoroughly wash glasses, cutlery, crockery and utensils with hot water and detergent.

### **Utensils**

- Saucepans, bowls, plates, etc. must be clean and sanitised.
- Utensils should be durable, washable, unchipped and uncracked.
- Use microwave-safe containers in microwaves.

### **Cutting boards**

- Allocate and label separate plastic boards for preparing cooked or raw foods.
- After use, scrape boards and wash in hot, soapy water; use a sanitiser.
- If using a wooden board, wash in hot soapy water, smear with salt and then wash again before using.

## **Food handling**

- Tongs, spoons and forks should be used for handling food, in preference to gloved hands
- Separate tongs should be used for serving raw foods and cooked foods.
- Use gloves to handle food if no tongs are available.
- Wash and dry hands thoroughly.
- Hair must be tied back, and a hairnet used.
- Stop clothes, jewellery or a phone touching food or surfaces (e.g. tie hair back, remove loose jewellery and rings, cover open sores).
- Wear clean clothing and aprons.
- Do not eat, spit, smoke, sneeze, blow or cough over food or surfaces that touch food
- Inform supervisor if sick or unwell, or food has been contaminated in any way.

## **Washing hands properly**

- Use the sink provided just for handwashing.
- Wet hands under warm, running water.
- Lather hands with soap.
- Thoroughly scrub fingers, palms, wrists, back of hands, and under nails for approximately 20 seconds.
- Rinse hands under warm, running water.
- Turn off taps using a paper towel or elbow.
- Thoroughly dry hands with a single-use towel.

## **When to wash hands**

- Before handling food, or if returning to handle food after completing other tasks.
- Before working with ready-to-eat food.
- After handling raw food.
- After using the toilet.
- After smoking, coughing, sneezing, using a handkerchief or tissue.
- After eating or drinking.
- After touching the face, hair, scalp, nose, etc.
- After doing anything else that could dirty their hands, e.g. handling garbage, touching animals or children or completing cleaning duties.

## **When to wear gloves**

- Wear neatly fitting disposable gloves at all times.
- Wear fresh gloves when alternating between handling raw foods and cooked foods.
- Discard gloves after each use.
- Wear gloves during cleaning up to protect hands from food contamination.

## **Freezing, defrosting and reheating food**

Frozen foods must be maintained below -17°C. To maintain the integrity of frozen food, the freezer requires:

- regular defrosting
- never to be overloaded
- cabinet doors to be shut when not in use
- regular checking of temperature.

Our workers observe the following rules:

- store delivered frozen foods immediately in the freezer
- rotate older goods to the top/front of the freezer
- expel air and reseal bulk frozen foods, review use by date and return promptly to the freezer if still within the use by date
- store frozen solid any potentially hazardous foods, never partially thaw.
- inspect potentially hazardous food daily to ensure it remains frozen
- wrap or cover food, store in food-grade containers which allow for proper air circulation
- keep the storage area in a clean condition
- check daily to ensure food is protected from contamination, stored in food-grade containers, and has free circulation of air.

## **Defrosting**

- Defrost all foods in a refrigerator at or below 5°, or rapidly defrost them in a microwave oven using the defrost setting.
- When using microwaves, thaw food at medium/low defrost.
- Use correct microwave procedures, such as:
  - alter the position of food pieces during thawing
  - ensure potentially hazardous food is properly thawed

- only use microwave approved materials
- cook all meat immediately after thawing.
- **Never refreeze** food after thawing or keep and reheat hot foods that are left from the day before.

## Reheating

- Reheat food immediately before use, where possible.
- Heat food from a refrigerator to above 60°C, as quickly as possible.
- Use a meat probe thermometer, if available, to check internal temperatures
- Slow cooking, as in a crockpot, can be dangerous and is not recommended
- Never reheat a precooked product more than once.
- Boil eggs for 10 minutes and then place in cold water for five minutes.

## Food storage

### General storage requirements

- Check packaging and labels are in good condition and "use by" dates are current.
- Check labels for special storage instructions.
- Unpack frozen or cool-type foods and place in the fridge immediately.
- Store food in a cool, dry area in food-grade containers with tight-fitting lids, and date-mark.
- Store chemicals in a separate area, so as not to contaminate food.
- Store food off the floor (e.g. at a minimum height of 15 centimetres) allowing for easy cleaning.

### Dry goods storage

Dry good storage areas must:

- be fly proof and vermin proof
- be adequately ventilated
- have properly fitting doors which seal completely
- have the lowest shelf at least 30 centimetres from the floor
- have containers made from food-grade materials with tight-fitting lids that are emptied and washed before refilling.

## **Refrigerated storage**

All foods that require refrigeration must be stored below 5°C. Cooked and uncooked foods must be kept separate to prevent cross-contamination:

- Store raw meats below cooked, where they cannot drip onto cooked foods.
- Store dairy products in their original packaging.
- Reseal opened cheeses or store in airtight containers.
- Recap and refrigerate after opening products sold in jars (e.g. mayonnaise, pickles, etc.)
- Store food according to the manufacturer's instructions.
- Use food within its date marking and on a stock rotation basis.
- Cover food products with plastic or store in food-grade containers.
- Keep the storage area clean.
- Use insulated thermal bags when grocery shopping with guests, and there is likely to be a delay in returning foods to a refrigerator.
- Clean and sanitise refrigerators weekly.

## **Transporting food and delivery of meals**

- No animals or chemicals are to be carried in the vehicle while food is being transported.
- Keep food transport containers/eskies in a clean and sanitary condition.
- Keep food transport vehicles in clean condition.
- Keep all meals under appropriate temperature control to prevent the growth of food poisoning bacteria and the production of toxins.
- Deliver food or meals within a minimal time period.
- Do not deliver food or meals damaged during transportation.
- Store any meals or food damaged during transportation separately from undamaged food or meals in the transport vehicle.
- Deliver food or meals directly to the guest and do not leave unattended.
- Return or discard all left-over meals and never leave in eskies at the guest's home.

## **Pest control**

Report to supervisor any evidence of the need for:

- pest control
- fly screens
- airtight garbage bins.

## **Smoking**

Smoking is not permitted in any food handling area or the guest's home while workers are present.

### **SUPPORTING DOCUMENTS**

- Food Hygiene Check
- Safe Food Storage Check

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

### **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Governance and Operational Management Policy and Procedure

Policy area	Governance
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Privacy Act 1988

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to maintaining an effective governance framework and processes.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Antimicrobial Stewardship</b>	The Australian Commission on Safety and Quality in Health Care defines this as the ongoing effort from a health service organisation (led by the board and senior management) to optimise antimicrobial use among patients to improve patient outcomes and reduce antimicrobial resistance. For more on this, see the Infection Management Procedure.
<b>Delegation of Authority</b>	The internal mechanisms or processes in place which authorise specific workers to act on, or sign on behalf of the organisation.
<b>Governance</b>	The rules, relationships, systems and processes by which an organisation is directed, controlled and held accountable.
<b>Key Personnel</b>	Person or people responsible for the executive decisions of the organisation – in other words those who plan, direct and/or control the activities. For example, directors, board chair, CEO and other senior managers.

<b>Mission</b>	An organisation's core purpose, intention and objectives.
<b>Vision</b>	What the organisation hopes to achieve, or become, in the future.
<b>Values</b>	Articulates the organisation's core principles and ethics that guide and direct it.

## CONTEXT

Stellar Experiences recognises the importance of an effective governance framework and operational management processes to ensure safe and quality service delivery and compliant business operations. We will establish a governance framework that:

- is proportionate to the size and scale of our organisation and the scope and complexity of supports provided;
- integrates with effective risk management and compliance processes;
- ensures transparency and safeguards against unethical or unlawful practice;
- manages conflicts of interest;
- has clearly articulated mission, vision and values which are understood across all levels of the organisation;
- ensures clear, consistent and transparent delegations of authority, reporting lines and internal controls;
- maintains effective continuous improvement, quality management, complaints management and incident reporting processes;
- maintains effective information, financial, human resource and work health and safety management processes; and
- is monitored and reviewed to ensure compliance and suitability.

## POLICY STATEMENT

### 1. Governance and Compliance Framework

- We will maintain a governance framework that supports compliance with applicable legislation, regulations, standards and our contractual and funding requirements, including maintaining current applicable licences, insurances and registrations.
- Where clinical care is provided, we will implement and maintain a compliant and effective clinical governance framework, including antimicrobial stewardship, minimising the use of restraint and demonstrating open disclosure.
- We will maintain a documented system of delegated responsibility and authority so that suitable personnel are available in the absence of the usual position holder.
- We will proactively manage and document actual and perceived conflicts of interest.

## **2. Key Personnel**

- Our board/management committee will guide Stellar Experiences mission, vision and values.
- We will appoint key personnel who are suitably screened, skilled and competent to undertake their role, with clearly defined responsibilities, authority and accountability for the provision of services and supports.
- We will keep key personnel information and contact details up to date in our registration records and notify the relevant regulator if there are any changes to key personnel and/or governance processes.

## **3. Policies and Procedures**

- We will develop and maintain policies, procedures and processes that are compliant, ethical and consistent with our mission, vision and values.
- We will ensure our documented policies and procedures are current, regularly reviewed, informed by contemporary, evidence-based practices, and are understood and accessible by workers.
- Our policies and procedures guide the way our workers undertake their roles.

## **4. Business Planning and Partnerships**

- We will undertake business and strategic planning in a spirit of continuous improvement and develop, review, implement, monitor and evaluate business plans, and make adjustments as required to ensure safety and quality of services.
- We will provide opportunities for guests to contribute to the governance of our organisation and partner with them to develop and improve organisational policy and processes in relation to support provision and protection of guest rights.
- We will seek to address, through strategies and business planning, service access issues for diverse/special needs groups (e.g. Aboriginal and Torres Strait Islander Peoples, people experiencing homelessness, people living with dementia).

## **5. Reviewing and Monitoring Processes**

- We will review board and management processes to ensure roles and responsibilities align with mission, vision and strategy.
- We will conduct internal and external audits to ensure integrity of our governance processes and operations and make any required adjustments.

- We will monitor financial investment in priority areas to deliver improved outcomes for guests.
- Our governing body will monitor the performance of management, including responses to individual issues, to drive continuous improvement in management practices.
- We will review and revise our policies, procedures, forms and templates to ensure currency, accuracy and compliance.

## **6. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **7. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which is kind and caring, supports our mission, vision and values and is aware of their responsibility to comply with organisational requirements.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Delegations**

- 1.1 Establish delegations that refer to the role/title/position, not to individuals.
- 1.2 Check the levels of authority are hierarchical through the appropriate lines of responsibilities.
- 1.3 Do not exercise a delegation of authority where the officer holding the delegation has an actual, potential or alleged conflict of interest. In this case, transfer the delegation to another appropriate role/position.
- 1.4 Request a permanent change to a delegation in writing and obtain approval from the board for this.
- 1.5 Use the Delegation of Responsibility and Authority Form to record delegations, detailing the activity, the role/title/position of the delegate and other relevant details (e.g. breakdown of delegation amounts).

## **SUPPORTING DOCUMENTS**

- Asset Register
- Governing Body Meeting Agenda and Minutes
- Business Continuity Plan
- Delegation of Responsibility and Authorisation
- Organisation Chart

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# **Guest Advocacy Policy and Procedure**

Policy area	Advocacy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct UN Convention on the Rights of Persons with Disabilities Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Privacy Act 1988

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to guest advocacy.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Advocacy</b>	<p>Services provided by a nominated individual, family or professional entity, to actively support a person by speaking on their behalf and representing their best interests (even if that interest does not reflect the advocate's own beliefs, opinions, conclusions, or recommendations).</p> <p><b>Note:</b> the advocate does not make decisions on the person's behalf, they are speaking on their behalf. For example, if the person does not have the confidence to speak up and further their own cause themselves.</p>
<b>Advocate</b>	<p>Based on the definition of advocacy above, an advocate:</p> <ul style="list-style-type: none"> <li>• aims to protect the interests and welfare of the person for whom they are advocating;</li> <li>• is not a substitute/alternative decision-maker and does not have the capacity to make decisions on behalf of the individual for whom they are advocating;</li> </ul>

	<ul style="list-style-type: none"> <li>● operates from the perspective of the person for whom they are advocating when negotiating an outcome; and</li> <li>● respects the privacy and confidentiality of the person for whom they are advocating.</li> </ul> <p>An advocate may be:</p> <ul style="list-style-type: none"> <li>● an informal advocate (e.g. family member or friend);</li> <li>● a formal, independent advocate (e.g. Aged and Disability Advocacy Australia, Australia (ADA Australia), Older Persons Advocacy Network (OPAN), National Disability Advocacy Program); or</li> <li>● a legal advocate (e.g. lawyer).</li> </ul>
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## CONTEXT

Stellar Experiences recognises the rights of guests to access and engage with an advocate of choice to speak on their behalf. We value the important contribution of the advocacy role in upholding human rights and ensuring each individual has a voice.

## POLICY STATEMENT

### 1. Expectations and Limitations of Advocacy

- We acknowledge the expectations and limitations of the advocacy role and will implement processes to manage risk (training workers, implementing Conflict of Interest Policy).

### 2. Access to an Advocate

- We will encourage and support a guest's right to access an advocate of their choice and assist them to engage an advocate, if they request one, or if we consider it is in their best interests to have someone speak on their behalf.

### 3. Engaging with an Advocate

- We will communicate effectively and work cooperatively with an advocate at the direction of, and to the extent requested by the guest or their family/alternate decision-maker.
- We will ensure the guest is aware of their right to change their nominated advocate at any time and support them to do this if requested.

#### **4. Acting on Concerns and Resolving Issues**

- We will act promptly and resolve issues or concerns that an advocacy arrangement is not in a guest's best interests. For example, where there is a conflict of interest or where the advocate does not consider, or adequately consider the guest's rights and wishes.

#### **5. Information and Record-keeping**

- We will ensure information and records are accurate and up to date - including the contact details of a guest's nominated advocate.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

#### **6. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of guests' right to freedom of expression, self-determination and decision-making by using an advocate.
- We will maintain processes to adequately monitor and supervise workers.

### **PROCEDURES**

#### **1. Expectations and Limitations of Advocacy**

- 1.1 Start from the assumption that an adult has the capacity to make their own decisions.
- 1.2 Recognise the expectations and limitations of the advocacy role (see Schedule 1).
- 1.3 Be aware that the greater the level of advocacy support provided to a guest, the greater the risk of conflict of interest, manipulation and/or undue influence (see Schedule 1).
- 1.4 Implement strategies to minimise risk of perceived conflict of interest, manipulation and/or undue influence (see Schedule 1).

#### **2. Access to an Advocate**

2.1 Provide new guests/family/alternate decision-maker with information (e.g. Welcome Pack) about:

- the right to use an advocate, and/or advocacy services;
- the role of an advocate;
- who can be an advocate; and

- how to contact a formal advocacy service.

2.2 Remind guests/families/alternate decision-makers of their right to have an advocate where there is:

- a perceived or actual conflict of interest (e.g. where a worker or family member promotes personal or professional interests rather than the guest's);
- a concern regarding undue or inappropriate influence or pressure being placed on the guest decision-making;
- an issue confronting the guest which requires a level of 'advocacy power' that might be beyond them or their support network;
- a concern that the interests of workers or organisational policy is in conflict with the interests of the guest (e.g. where there is a complaint or grievance which impacts on the guest).

2.3 Where a guest and/or their family/alternative decision-maker requests it, support them to contact an independent advocacy service.

### **3. Engaging with an Advocate**

3.1 Make sure the guest (and/or the family) is aware they can nominate an advocate to assist in communications with us.

3.2 Where a guest does not have the capacity to self-advocate, seek their input to identify potential family members or friends who would be suitable to speak on their behalf.

3.3 Where a guest is unable to self-advocate and does not have family or friends to advocate for them, make any further necessary arrangements, which may include:

- undertaking a needs assessment of the guest;
- appointment of a formal advocate from a recognised Advocacy Service; and/or
- consulting the relevant state/territory Public Guardian.

3.4 If there is a current Public Guardian appointment for the guest, consult with the Public Guardian regarding the appointment of an advocate.

3.5 Engage with the guest and/or their family/alternate decision-maker subject to any conditions or limitations outlined in the appointment, by:

- providing the nominated advocate with information that would also be provided to the guest/family/ alternative decision-maker, including relevant personal guest information; and
- where practicable, participating fully in any meetings or correspondence initiated by the nominated advocate/s.

3.6 Make sure the guest/family/alternate decision-maker is aware they can change the nominated advocate at any time. On receipt of a written request from the guest to discontinue with the advocate, we will cease all communication with the discontinued advocate in respect of the guest's affairs.

#### **4. Maintenance of Records**

- 4.1 Document the name and contact details of the advocate in the guest file.
- 4.2 Clearly distinguish the contact details of the advocate from the guest's next of kin and/or emergency contact (although they may be the same person).
- 4.3 During the guest's annual Coordination of Care review, confirm with the guest that the recorded details for their nominated advocate are still correct.
- 4.4 Obtain a written request from the guest/family/alternate decision-maker in relation to nomination of a new advocate or ceasing an existing advocacy arrangement and document this in the guest's file.

#### **5. Acting on Concerns and Resolving Issues**

- 5.1 When acting as or liaising with an advocate, be alert to:
  - actual, potential or perceived conflicts of interest, in which the advocate may have a professional or personal interest that is either directly or indirectly different from, and in competition with, the interests or wishes of the other person; and
  - situations where the advocate does not consider, or adequately consider, the guest's rights and wishes.
- 5.2 Report concerns in relation to an advocate to your manager. The manager will take further action as appropriate (e.g. discuss with family or other stakeholders).
- 5.3 Where the issue cannot be resolved by discussing with the advocate, take action in accordance with the Safeguarding Against Violence, Abuse, Neglect, Exploitation and Discrimination Policy.

#### **SUPPORTING DOCUMENTS**

- Authority to Act as an Advocate Form
- Easy Read – Authority to Act as an Advocate
- Easy Read - Advocacy
- Third-Party Information Release Consent Form
- Conflict of Interest Register
- Conflict of Interest Declaration Form

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# **Guest Feedback and Complaints Management Policy and Procedure**

Policy area	Service Delivery
Applicable to	Stellar Experiences Pty Ltd

Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct NDIS (Complaints Management and Resolution) Rules 2018 NDIS (Procedural Fairness) Guidelines 2018 UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Privacy Act 1988

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to guest feedback and complaints management.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Complaint</b>	Expressing dissatisfaction with a support or service where standards or expectations have not been met.
<b>Open Disclosure</b>	The practice of acknowledging the complaint, expressing regret to the person making the complaint that standards or expectations have not been met, finding out what happened, how and why and seeking to learn from the experience and make improvements. <b>Note:</b> Expressing regret does not mean an admission of guilt.
<b>Procedural Fairness ('Natural Justice')</b>	Legal term for acting fairly in administrative decision-making.
<b>Reprisal</b>	The act of retaliation — to 'pay back' someone who has actually or allegedly 'wronged' you.
<b>Retribution</b>	The act of taking revenge — punishment inflicted motivated by personal vengeance.

## **CONTEXT**

Stellar Experiences recognises the importance of an effective feedback and complaints management system to provide our guests with safe and quality care and continually improve our service delivery and business operations. We will maintain a feedback and complaints management system that:

- is proportionate to the size and scale of our organisation and the scope and complexity of supports provided;
- complies with relevant legislation, regulations, standards and principles — including principles of procedural fairness ('natural justice').
- is fair, consistent and transparent;
- upholds guests' human rights — including their right to privacy, confidentiality, dignity and respect;
- promotes guests' right to choice, control and self-determination;
- encourages and supports guest independence and capacity-building, where possible;
- provides cultural and language-accessible modes and methods for guests to submit feedback and complaints; and
- fosters a resolution-based culture of open disclosure without discrimination, reprisal or retribution.

## **POLICY STATEMENT**

### **1. Encouraging and Acknowledging Feedback, Compliments and Complaints**

- We will ensure guests are aware of their right to provide feedback and make a complaint (without fear of reprisal or retribution), both internally in our organisation and also externally to a regulator, and support them to do this if requested.
- We will welcome all complaints, concerns, compliments and suggestions and view them as opportunities for continuous improvement.
- We will support guests to access an advocate, language services or any other aid or service they need to raise and resolve a complaint.
- We will acknowledge the complaint verbally and/or in writing, expressing regret that standards or expectations have not been met, or express verbal gratitude to acknowledge a compliment, in a way that is culturally respectful, and in a language, mode and method the guest is most likely to understand.

## **2. Response Actions**

- We will take required action(s) to address immediate guest risks, issues or concerns.
- We will conduct internal and external incident reporting as required.
- We will document the feedback/complaint in the Complaints Register.
- We will discuss our response actions with the guest and/or family/alternate decision-maker/advocate and encourage their involvement in improving our services.
- We will inform the guest if their rights or interests may be adversely affected in a direct and specific way because of the complaint, or something relating to the complaint.
- We will ensure any adverse decision outcome(s) for the guest is/are based on the facts and the record of decision is clearly and accurately documented in the guest file and in the Complaints Register.

## **3. Communication and Collaboration**

- We will conduct all discussions with the guest and/or family/alternate decision-maker/advocate with sensitivity, courtesy and respect.
- We will communicate and collaborate with the guest and/or family/alternate decision-maker/advocate throughout the complaints process.

## **4. Continuous Improvement and Quality Management**

- We will seek to learn from feedback and complaints and continually improve our service delivery processes.
- We will review and analyse feedback and complaints raised to identify systemic issues and take follow up action(s) as required (changes to policy and procedures, worker rostering, supervision and training, technology and communications).
- We will report outcomes of complaints/incident investigations to both the guest and other stakeholders (including relevant workers) and ensure this is documented in our quality management system as part of the continuous improvement process.
- We will regularly review and improve the effectiveness of our feedback and complaints management system.

## **5. Reviewing and Monitoring Processes**

- We will conduct audits to review and monitor our feedback and complaints management process and make any required adjustments.

- We will maintain a Complaints Register and a Continuous Improvement Register with details, actions and outcomes of complaints and suggested improvements.

## **6. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **7. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which is aware of guests’ right to complain and our complaints-handling process.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

Following are the key steps in the complaints management process. Refer to Appendix 1 at the end of this document for a graphical representation of the process steps.

### **1. Lodging a Complaint**

- 1.1 Discuss with the guest and/or family/alternate decision-maker/advocate their right to make either an internal or external complaint. Provide information about the complaints management process:
  - at intake and in the guest Welcome Pack;
  - in the Service Agreement;
  - during support provision; and
  - during guest six and twelve month Coordination of Care reviews and assessments.
- 1.2 Encourage the guest to complete the Complaints and Feedback Form to lodge a complaint. If it is easier for them, they can write it down on paper, send it via email, or tell you and you can fill out the Form.
- 1.3 Assist the guest with lodging an external complaint to the NDIS Commission or the Aged Care Quality and Safety Commission, or other regulators such as the Human Rights Commission or Office of the Australian Information Commissioner, if requested. Refer to Appendix 2 for regulator contact details.

## **2. First Actions**

- 2.1 Develop a written acknowledgment of feedback/complaint which is sincere in concern about the guest's health, safety and wellbeing, is specific and direct; provides relevant information and explanation about next actions; and provides contact details and encourages the guest to make contact if they have concerns or want information.
- 2.2 Where possible, resolve the complaint at the point of service, unless further investigation is required.
- 2.3 Do not discuss the complaint with anyone who does not have responsibility for resolving the issue.
- 2.4 Provide the guest with any cultural, communication or language aids or support they need (language interpreter or Auslan interpreter, pictorial information).
- 2.5 Assist the guest with engaging an advocate or informal support (family member, friend, community Elder) if requested.
- 2.6 Make sure the guest continues to feel respected, safe and supported throughout this process.

## **3. Point-of-Service (No Investigation) Complaint Process**

- 3.1 Check on the guest's health and wellbeing.
- 3.2 Escalate the complaint to Ryan Willis the Complaints and Feedback Manager for review and further action(s) (this role will perform steps in 3.3-3.6 below).
- 3.3 Gather all information and data (including witness accounts etc) as required.
- 3.4 Establish what type of outcome the guest seeks (e.g. acknowledgment, answers, actions, apology).
- 3.5 Reach a decision/compromise acceptable to the guest and all other parties.
- 3.6 Thank the guest for the feedback and their time, take any required actions and communicate actions and outcome to all relevant stakeholders.

## **4. Not Resolved at Point of Service (Investigation Required) Complaint Process**

- 4.1 Check on the guest's health and wellbeing.
- 4.2 Escalate the complaint to Ryan Willis the Complaints and Feedback Manager for review and further action(s) (this role will perform steps in 4.3-4.9 below).
- 4.3 Gather all information and data (including witness accounts etc) as required.
- 4.4 Ensure there is a safe and comfortable environment for investigation meeting(s) to take place and the guest feels respected and supported.

- 4.5 Ensure the guest's advocate is present at investigation meetings if requested/required.
- 4.6 Establish what type of outcome the guest seeks (e.g. acknowledgment, answers, actions, apology). This will inform the investigation process.
- 4.7 Keep communicating with the guest and/or family/alternate decision-maker/advocate throughout the complaint process.
- 4.8 If a compromise/solution/decision has been reached, communicate with the guest and other stakeholders and conduct any required actions.
- 4.9 If a compromise/solution/decision cannot be reached, contact external complaints mechanisms as required. Refer to Appendix 1.

## **5. Documenting Details, Actions and Outcomes**

- 5.1 Input details of complaint and the relevant actions and outcomes in the relevant register (Complaints Register, Compliments Register and Continuous Improvement Register).
- 5.2 Document information in the Support Plan and other relevant documents as required.
- 5.3 Action continuous improvement items and conduct ongoing review and monitoring.

## **SUPPORTING DOCUMENTS**

- Anonymous Complaints and Feedback Form
- Complaints and Feedback Form
- Complaint Investigation Form
- Complaints, Compliments and Feedback Register

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

**COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

**Guest Health and Wellbeing Policy**

Policy area	Guest Health and Wellbeing
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1

Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct UN Convention on the Rights of Persons with Disabilities Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to guest health and wellbeing.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Mental Health</b>	This refers to a person's emotional, psychological and social wellbeing. It affects how we think, feel and behave. It also helps determine how we handle stress, relate to others and make choices. Mental health is important at every stage of life — from childhood and adolescence through to adulthood.
<b>Physical Health</b>	This is the normal functioning of the body — and the ability to maintain a healthy quality of life without disease, sickness or injury. Mental health and physical health are related. Some of the key physical health factors that can promote mental wellbeing are: <ul style="list-style-type: none"> <li>• a balanced diet;</li> <li>• proper sleep;</li> <li>• physical activity/exercise; and</li> <li>• reducing unhealthy habits (e.g. smoking, alcohol and drugs).</li> </ul>
<b>Reablement</b>	Maintaining a person's functional ability. It refers to the process of rehabilitating a person to enable them to learn, or re-learn new skills, or to gain or regain some or all of their independence. It involves developing strategies to work towards achieving personal goals.
<b>Wellbeing</b>	This is generally accepted as a combination of physical, mental, emotional and social factors — which all contribute to a person's sense of 'wellbeing'.

<b>Wellness</b>	A philosophy underpinned by an emphasis on preventative health measures, optimising physical and emotional function, independence and encouraging active participation and engagement.
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## CONTEXT

Stellar Experiences is committed to prioritising guests' health and wellbeing in a way that:

- encourages and supports them to adopt and maintain good nutrition and healthy lifestyle habits;
- best suits their individual needs, abilities, circumstances, preferences and goals;
- safeguards them against violence, abuse, neglect and exploitation;
- escalates health-related issues, concerns and risks promptly as required;
- provides choice, control and self-determination;
- is culturally safe and communicated in a language, mode and method they are most likely to understand;
- upholds their privacy and dignity;
- promotes community participation and engagement;
- enables independence and capacity-building where possible; and
- empowers them to live their best life.

## POLICY STATEMENT

### 1. Encourage and Support Health and Wellbeing

- We will discuss with the guest and/or family/alternate decision-maker/advocate ways to improve the guest's health and nutrition — and support them to do so.
- We will implement a system, and refer to health practitioners and other service providers as required, for assessment and planning that supports preventative care, wellness, reablement and maintenance of function.
- We will include arrangements, where required, in the guest's Support Plan, for proactive support for preventative health measures, including support to access recommended vaccinations, dental check-ups, comprehensive health assessments and allied health services.
- We will support the guest to set small, achievable goals at first and then gradually move to bigger goals where possible.

- We will assist the guest to make any required changes to their living environment and/or learn new skills to support achievement of their personal goals (healthy food choices, planning, shopping and cooking healthy meals).
- We will encourage and support the guest to increase mobility, activity and exercise in a way that best suits their needs, abilities, circumstances, preferences and goals.
- We will encourage and support the guest to actively participate and engage in their community (employment, volunteering, hobbies).
- We will ensure assessment, planning, service delivery and evaluation of services and supports are based on ongoing communication and partnership with the guest and others the guest wishes to involve in their care and support, to optimise the guest's health and wellbeing.

## **2. Health and Wellbeing Review and Monitoring**

- We will maintain processes to regularly review and monitor each guest's health and wellbeing and notify the family/alternate decision-maker/advocate of any issues, concerns or risks.
- We will recognise and respond appropriately, and in a timely manner, to any observed deterioration or adverse change in a guest's mental health, cognitive or physical function, capacity or condition.
- We will implement processes to optimise mental health by:
  - identifying, monitoring and responding to changes in the guest's mental health;
  - minimising distress, depressive symptoms, risk of self-harm, suicide or harming others; and
  - facilitating access to mental health treatment when required.
- We will implement processes to monitor clinical conditions and routinely review and evaluate the effectiveness of each guest's Support Plan and complex care plan (if applicable) and update these:
  - if the Plan is not effective;
  - when the guest's needs or circumstances change;
  - at transitions of care (to hospital, hospice, residential aged care);
  - when there is a change in diagnosis; and/or
  - if there is an observed deterioration in the guest's health and wellbeing.

### **3. Referrals and Assessments**

- We will support guests to undertake comprehensive health assessments, with input from their doctor, to identify health needs, enable active management of those needs and reduce health risks and poor health outcomes.
- We will refer identified mental or physical health risks or concerns to a qualified health practitioner for assessment, with the consent of the guest or family/alternate decision-maker/advocate.
- We will collaborate with other service providers, using a multi-disciplinary approach, to support the guest to develop new skills, identify a support need and/or achieve goals. This may include a referral to a dietitian, physiotherapist, occupational therapist, exercise physiologist, counsellor, behaviour support practitioner, medical specialist or other professional.

### **4. Risk Management and Reporting**

- We will partner with the guest and/or their family/alternate decision-maker/advocate to identify and document risks to the guest's health, safety and wellbeing and develop strategies to manage them.
- We will implement strategies to support our workers to recognise, identify, respond to and escalate in a timely manner guest risks, concerns and deterioration or changes in their ability to perform activities of daily living, mental health, cognitive or physical function, capacity or condition.
- We will implement a process for the guest, their family/alternate decision-maker/advocate and others involved in the guest's care to escalate concerns about the guest's health and wellbeing.
- We will implement a process to ensure personal protective equipment is available to workers, guests and others who need it and provide support for it to be used correctly to minimise and prevent the spread of infection.
- We will manage incidents (including 'near misses') and conduct reportable/mandatory incident reporting in accordance with our Incident Management Policy and required regulatory reporting timeframes and formats.
- We will implement processes to avoid/minimise delays in a guest's required medical treatment(s) by:
  - providing adequate worker training so workers know how to respond in the event of the guest's medical emergency and how to distinguish between an

- urgent and non-urgent health situation, or, if they are not able to distinguish, who to escalate to for guidance; and
- establishing clearly articulated and documented escalation processes for the guest in an urgent health situation.

## **5. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure information about the guest's condition(s), needs and preferences are documented and communicated within the organisation and with others where responsibility for care is shared.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure guest privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **6. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of guests' right to freedom of expression, self-determination and decision-making to achieve their own health and wellbeing goals.
- We will maintain processes to adequately monitor and supervise workers.

## **SUPPORTING DOCUMENTS**

- Safe Environment Checklist – Home
- Safe Environment Risk Assessment

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct and Contract.

## **Guest Money and Property Policy and Procedure**

Policy area	Service Delivery
Applicable to	Stellar Experiences Pty Ltd
Version	1

Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Privacy Act 1988 Australian Privacy Principles Privacy Amendment (Notifiable Data Breaches) Act 2017 Australian state and territory privacy legislation NDIS Act 2013 NDIS Practice Standards and Quality Indicators UN Convention of the Rights of Persons with Disabilities NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

**PURPOSE**

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to the protection of guest money and property.

**SCOPE**

This policy and procedure applies to all our workers (employees, contractors and volunteers).

**DEFINITIONS**

Term	Definition
<b>Financial Abuse</b>	This includes illegal and unethical activities such as withholding money, limiting access to money, controlling the way money is used, or refusing to include someone in their own financial decision-making. It also includes using someone’s money without their consent and manipulating someone’s financial decisions.

**CONTEXT**

Stellar Experiences is committed to:

- supporting guests to exercise choice, control and self-determination, as much as possible, in relation to their own money and property;
- providing information to guests about the costs and payment process for services in a language and approach they are most likely to understand;
- encouraging and supporting guests to spend their money the way they choose, within their means;
- ensuring guest privacy and confidentiality in relation to their money and property;

- preventing and protecting against any form of financial abuse or exploitation;
- assisting guests to engage an advocate to speak on their behalf, if requested or required.
- assisting guests to seek financial information or assistance, if requested.

## **POLICY STATEMENT**

### **1. Use of Guest Money and Property**

- We will not provide financial advice or recommendations to a guest, or act as a witness for a guest's legal documents.
- We will only use the guest's money with their or their family/alternate decision-maker/advocate's written consent.
- We will only use the guest's property as part of a support provision function or activity and for the intended purpose.
- We will not access the guest's bank account using a Personal Identification Number (PIN) or use an automatic teller machine (ATM) with the guest's card.

### **2. Financial Assistance**

- We will implement fair and transparent processes to assess a guest's eligibility to receive financial assistance from service charges.

### **3. Conflict of Interest and Financial Abuse and Exploitation**

- We will not accept money or gifts from a guest.
- We will implement processes to manage conflicts of interest, if they arise.
- We will seek input from the guest about safeguards to put in place to protect their money and property.
- We will implement processes to identify instances of actual, potential or suspected financial abuse or exploitation.
- We will implement processes to escalate and report guest money and property incidents and risks, both internally and externally, in the required timeframes and formats.

#### **4. Payments and Pricing**

- We will comply with the current NDIS Price Guide or other regulator's current pricing arrangements and guidelines.

#### **5. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

#### **6. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of guests' human and legal rights in relation to self-determination, privacy and prevention against financial abuse.
- We will maintain processes to adequately monitor and supervise workers.

### **PROCEDURES**

#### **1. Use of Guest Money and Property**

1.1 If a guest requests the purchase of an item, or the payment of a bill on their behalf, notify the manager and keep detailed guest notes.

1.2 Ensure the Service Agreement identifies details of any money handling tasks and activities that are part of services and support required.

1.3 Never use the guest's personal identification number (PIN) or an automatic teller machine (ATM) with the guest's card — even if the guest says it is OK to.

1.4 Obtain transaction receipts for all purchases and give to the guest. Provide the guest with a detailed breakdown of money received, money spent and money returned.

1.5 Count the money that is being returned in change in front of the guest.

1.6 Record financial transactions in the Financial Transaction Register and in the guest notes. Detail information clearly and accurately. Sign the entry confirming all details are correct.

## **2. Financial Assistance**

- 2.1 Consider a request to approve financial assistance for a guest by taking into account the relative need or urgency; guest safety and wellbeing; and the time available.
- 2.2 Approve financial assistance by completing and signing the Service Agreement and Consent Form. The guest or their family/alternate decision-maker/advocate must also sign.

## **3. Financial Abuse and Exploitation**

- 3.1 Be aware of any signs of financial abuse when supporting your guest.
- 3.2 Encourage the guest to have networks beyond their family, if possible.
- 3.3 Encourage the guest to keep control of their own money and property, as much as possible.
- 3.4 Discuss with the guest the risks of making financial and property decisions following a major life event (e.g. loss of a partner or other family member).
- 3.5 Ensure the guest is aware of their right to refuse family members or other people access to their money and property.
- 3.6 Remind the guest of their right to an advocate to speak on their behalf.
- 3.7 Encourage and support the guest to make plans in relation to their money and property while they have capacity and are independent.
- 3.8 Encourage the guest to ask for help if they are overwhelmed or confused and assist them to access any help or information they need.
- 3.9 If you suspect or know that financial abuse or exploitation is occurring:
  - Gather and record any evidence you have in the guest notes;
  - Notify your manager, if relevant.
  - Notify a trusted family or other person/advocate, if that person is not implicated in the alleged financial abuse.
  - Report to relevant authorities (e.g. Police, National Disability Abuse and Neglect Hotline, Australian Human Rights Commission, Aged Care Quality and Safety Commission).
  - Provide any required support to keep the guest safe while any reporting or investigating is occurring.

## **4. Payments and Pricing**

- 4.1 Make sure relevant prices, notice periods and cancellation terms are in the Service Agreement and understood by the guest before delivering services.

4.2 Do not add any additional charges to the services and support costs (including credit card charges, late payment fees, or cancellation fees unless this is permitted in the regulator’s pricing guide.

4.3 The Service Agreement is binding unless there is a signed amendment to the Schedule of Support. If there is an increase in the costs of services indicated in the NDIS Price Guide, ensure the guest has provided consent for this and has signed the amended Schedule of Support.

4.4 If the guest requests assistance to obtain quotes for other services, pass on information to the guest and seek their approval before assisting them to engage a service.

### **SUPPORTING DOCUMENTS**

- Cash Reconciliation Form
- Financial Transaction Register
- Guest Money and Property – Consent Form

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

### **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## **Human Resources Management Policy and Procedure**

Policy area	Human Resources
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Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Fair Work Australia 2009 Work Health and Safety Act 2011 NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct

**PURPOSE**

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to human resources management.

**SCOPE**

This policy applies to all our workers (employees, contractors and volunteers).

**DEFINITIONS**

Term	Definition
<b>Key Personnel</b>	This is a member of the group of persons responsible for the executive decisions of the organisation. In other words, it is a person who has authority or responsibility for (or significant influence over) planning, directing or controlling the activities of the organisation.  Key personnel can include, but is not limited to, CEO, board or committee members, senior executives, managers.

**CONTEXT**

Stellar Experiences recognises the importance of effective human resources management to recruit and retain caring, compassionate and competent workers who provide safe and quality care and support to guests. We are committed to ensuring the health, safety and wellbeing of our workers and maintaining a fair, transparent and supportive working environment.

## **POLICY STATEMENT**

### **1. Workforce Capability Planning and Strategy**

- We will maintain adequate levels of suitably skilled and competent workers to deliver safe and quality services and supports that meet the assessed needs of guests in accordance with NDIS Workforce Capability Framework requirements.
- We will implement a workforce strategy to identify, document and monitor the number and mix of workers required and engaged to manage and deliver quality services and supports.
- We will identify the skills, qualifications and competencies required for each role and engage suitably qualified and competent workers.
- We will identify workers with relevant skills and capabilities to assist in responding to an emergency or disaster event.
- We will use direct employment to engage workers wherever possible, and minimise the use of independent contractors.
- We will maintain processes to minimise the risk and impact of worker shortages and worker absences or vacancies.
- We will implement strategies for supporting and maintaining a satisfied and psychologically safe workforce.

### **2. Selection and Recruitment**

- We will provide all potential candidates with equal employment opportunities and will not discriminate against a person based on race, nationality or ethnic origin, religious or political beliefs, ability, gender, sexual orientation or preference, family status or circumstances, age or any other defining criteria.
- We will select and recruit workers with appropriate qualifications, registrations, licenses, insurances, skills, competencies and other employment requirements as required.
- We will select and recruit our key personnel in accordance with applicable regulatory assessment and suitability criteria.
- We will ensure recruited workers, including key personnel, have undertaken all federal and state/territory required worker screening and pre-employment training (e.g. Working with Children Check, NDIS Worker Screening, NDIS Worker Orientation Program) before they commence work.

- We will identify and document all risk -assessed roles in the Risk Assessed Role Register and identify and document details of all recruited workers in risk-assessed roles in the Risk Assessed Role – Employee Register.

### **Key Personnel**

- We will select and recruit key personnel in accordance with the NDIS Suitability Assessment Process Guide – Information for NDIS Providers and their key personnel’ (July 2018) to ensure they meet NDIS Standards.
- Key personnel will be analysed and assessed to confirm they hold the relevant experience and knowledge to undertake their role and against the suitability assessment process.
- A gap analysis will be undertaken if there are areas of knowledge and skills that require additional training and education.
- We will keep a register or key personnel qualifications, skills and training.

### **Emergency and Disaster Planning**

- Workers with relevant skills and capabilities to assist in responding to an emergency and disaster will be identified and recorded in a register. These capabilities may include:
  - experience as a volunteer with organisations such as the State Emergency Services (SES), Rural Fire Service (RFS) or other contingency planning and crisis management-based organisations; and/or
  - First Aid qualifications and experience.
- We will train and supervise workers in infection prevention measures, including:
  - the use and disposal of personal protective equipment (PPE);
  - cleaning environments to remove infectious agents; and
  - best practice hygiene (hand-washing).

### **3. Performance Management**

- We will set clear expectations of worker conduct and best practice (code of conduct), provide access to support and training and develop worker awareness and capabilities to deliver safe and quality services and support to guests.
- We will provide clear and accurately documented position descriptions so workers understand the scope and nature of their roles (including for key personnel such as owners and directors).

- We will create annual performance reviews and develop training plans including on infection control and reportable incidents.
- We will implement effective performance management programs to manage poor staff performance or allegations of misconduct.
- We will provide constructive feedback and create informal and formal opportunities for workers to develop their capabilities and develop professionally.
- We will maintain transparent, fair and compliant worker grievance, disciplinary and performance appraisal processes.
- We will regularly assess, monitor and review the performance of workers.
- All workers must comply with both the NDIS Code of Conduct, our own Code of Conduct Agreement and any other applicable code of conduct (e.g. Child Safe Code of Conduct).

#### **4. Training and Supervision**

- We will maintain processes to adequately train and supervise workers.
- We will maintain a skilled and trained workforce, with workers who are kind and caring, who foster professional and trusting relationships with guests, and who work in partnership with guests to deliver safe and quality services and supports.
- We will maintain systems and processes to improve worker skills and competency levels through ongoing supervision and support combined with the implementation of comprehensive training programs and annual performance reviews.
- We will implement and maintain a training system that draws on the lived experience of guests and is responsive to feedback, complaints, incidents, identified risks and outcomes of worker performance reviews.
- We will provide workers with competency-based training in core areas (i.e. delivery of person-centred, rights-based, culturally safe, trauma-aware and healing-informed care; quality and safety standards; how to respond to medical emergencies and incident management; caring for people with dementia; and code of conduct requirements).
- We will ensure all workers involved in providing supports to guests undertake infection prevention and control training, including refresher training.
- We will regularly review and improve the effectiveness of our training system.
- We will maintain processes to adequately monitor and supervise workers.

## **5. Work Health and Safety**

- We will create and maintain a workplace culture where diversity is valued, human dignity is respected and all individuals are treated with fairness, tolerance and respect.
- We will actively support the health, safety and wellbeing of workers, including mental health (psychosocial hazards). Refer to the Work Health and Safety Policy.
- We will comply with applicable WHS legislation and regulations and adopt evidence-based best practice in accordance with industry standards and working conditions.
- We will develop a positive relationship with our workers based on:
  - mutual respect;
  - fairness and equity;
  - privacy and confidentiality;
  - transparency and accountability;
  - encouragement and support; and
  - flexibility and work-life balance.
- We will maintain processes to prevent any form of workplace aggression, violence, bullying, harassment or discrimination in the workplace. If an instance of this occurs, it will be dealt with promptly and effectively through our disciplinary process.

## **6. Communication and Consent**

- We will communicate effectively with workers, explaining the reasons and seeking their input, when changing regular rosters or ordinary hours of work. We will invite them to share their views about how any changes in their working hours or conditions impact them and consider their voice in our planning.
- We will obtain required written consents from workers (e.g. participation in an external audit, information collection and disclosure).

## **7. Monitoring and Review of Processes**

- We will regularly monitor and review our human resource management processes and make any required adjustments to continually improve.
- We will access expert external advice and information on human resource management when required.

## 8. Information and Record-keeping

- We will keep accurate and up to date human resource information and records, including worker pre-employment checks and screening, contact details, qualifications and experience, secondary employment information (if applicable), relevant emergency and disaster management experience or skills.
- We will maintain an up to date training register, detailing internal and external training provided to workers, who provides the training, and who receives the training.
- We will maintain documented evidence that we have suitably qualified and trained alternate/back-up workers we can engage in the event regular workers are unavailable and/or in an emergency or disaster situation.
- We will store and archive human resource records in accordance with legislative, regulatory, contractual and organisational requirements.
- We will store the information securely to ensure privacy and confidentiality and only accessible to people authorised to access it.

## PROCEDURES

### Procedure for filling a vacant position

#### 1.1 Review the position

1. Clarify the role and the need for the position.
2. Develop or review the position description.
3. Review position against requirements for the relevant registration group.
4. Review the NDIS Commission's Recruitment and Selection Guide for Providers.
5. Develop essential and desirable selection criteria as per the position description.
6. Determine how each selection criteria are assessed (e.g. written application and interview).

#### 1.2 Advertise the position

1. Positions are advertised internally and externally.

#### 1.3 Interview applicants

1. The relevant Area Manager conducts the interviews and uses the appropriate interview form.
2. All applicants will be asked the same questions. The questions will explore the applicant's relevant skills and experience to perform the required duties.
3. Interview questions may include:

- a. skills, experience and qualifications;
  - b. behaviour management questions, if relevant to the position;
  - c. time management; and
  - d. how to work with guests.
4. When interviews are completed, the preferred applicant will be selected.
5. Recruitment decisions and reasons for decisions made are documented.
6. Pre-employment/reference checks take place.
7. The successful applicant will be notified and unsuccessful applicants will be provided with feedback if requested.
8. An offer of employment will be made to the successful applicant, conditional on pre-employment checks:
  - a. reference checks (at least two referees and qualification checks, if the position is a risk-assessed role);
  - b. mandatory worker screening (worker screening and working with children check as per state requirements);
  - c. registration check (as applicable to the role);
  - d. insurances (as applicable to the role);
  - e. licences (as applicable to the role);
  - f. NDIS Worker Orientation Program Certificate.
9. Once appropriate checks are completed and satisfactory, an offer of employment will be sent to the applicant for signing before commencing employment. This document will include a probationary period.

### **Procedure for a new employee**

- 2.1 The People and Culture will complete an onboarding process with all new workers that includes:
  - a. Code of Conduct Agreement;
  - b. NDIS Code of Conduct and the NDIS Rules and Practice Standards (NDIS principles – human rights, celebrating diversity and respecting the voice of those with lived experience);
  - c. Risk management strategies and procedures (in different environments, working with guests of different age and disability ranges etc);
  - d. Incident management procedures
  - e. Complaint management procedures;

- f. Emergency and Disaster procedures;
  - g. Infection prevention and control training;
  - h. Workplace task procedures;
  - i. Documentation procedures;
  - j. Guest legal and human rights (including United Nations Convention Rights);
  - k. Reporting violence, abuse, neglect, exploitation and discrimination;
  - l. Professional development.
- 2.2 A Worker Orientation Checklist will be completed by the new employee and signed off by People and Culture.
- 2.3 All forms and documents signed by the employee must be filed in their personnel file with copies provided to the employee, as appropriate or as requested.

### **Emergency and disaster management**

- 3.1 Review the Contingency Emergency and Disaster Plan and Guest Personal Emergency Preparation Plans.
- 3.2 Determine the critical supports and services required during a potential emergency and/or disaster.
- 3.3 Use this data to determine required worker numbers, qualifications and experience.
- 3.4 Identify any gaps in suitable workers to provide services.
- 3.5 To ensure workforce planning during an emergency and/or disaster:
- start a recruitment process to source suitable workers;
  - engage with an agency to source workers; and
  - engage with family members to assist with critical supports.
- 3.6 Update the Contingency Emergency and Disaster Plan and Personal Emergency Preparation Plans with the identified workforce arrangements.
- 3.7 Ensure workers are supported and assist in the onboarding and induction process to make sure they are ready quickly.

### **New worker supervision**

- 4.1 New workers are inducted into their roles and supervised appropriately.
- 4.2 New senior executives/key personnel are monitored by the Directors.
- 4.3 New workers are allocated a Senior Support Worker who will support and train them in our practices.

- 4.4 The onboarding process will vary according to the experience of the new worker, however it is usually for a minimum of two shifts.
- 4.5 Senior Support Workers must discuss the worker's progress, knowledge, and skills with the relevant Area Manager and confirm that they are ready to work unsupported.

### **Position descriptions**

- 5.1 All employees have a position description specifying their roles and responsibilities.
- 5.2 Position descriptions are reviewed and updated regularly.
- 5.3 Before commencing employment and if there is a position description change, a copy of the position description is provided to the worker.
- 5.4 Position descriptions are used as part of performance management and will be reviewed and adjusted due to changes in work practices, as required.
- 5.5 Position descriptions for staff working directly with guests, refer to the NDIS Workforce Capability Framework and Child Safe Standards
- 5.6 Position descriptions are used as part of the Risk Assessed Role determination.
- 5.7 Workers must sign their Position Description in acceptance of their employment and this will be retained in their personnel file.

### **Code of Conduct and Privacy and Confidentiality Agreement**

- 6.1 All workers must comply with the Code of Conduct, which encapsulates the respectful, safe and professional delivery of support to guests, their representatives, community and other stakeholders.
- 6.2 Employees must sign a Code of Conduct Agreement and a Privacy and Confidentiality Agreement on employment commencement. Disciplinary action will be taken if employees do not comply with these agreements.

### **Worker information**

- 7.1 Stellar Experiences policies and procedures contain critical information that all workers must know in order to complete their roles safely and effectively.
- 7.2 Workers are informed on how Stellar Experiences uses their information per Information Management Policy and Procedure.
- 7.3 New employees are provided the time to read all policies and procedures and are reminded during staff meetings and through communication with the relevant Area Manager.

7.4 A Staff Handbook is provided to all new employees as a reference guide.

### **Worker uniform and clothing repair**

8.1 All workers representing Stellar Experiences are required to wear our uniform or other provided form of identification (e.g. name tags), so guests can easily identify them as workers from our organisation. Refer to our Dress Code Policy.

8.2 Worker uniforms must be clean and neat before commencing work. We will provide reasonable costs associated with repairing or replacing a worker's clothing if the item is soiled or damaged beyond repair whilst performing work activities, except for normal wear and tear (in accordance with the applicable employment award).

### **Worker records**

9.1 An employee personnel file is maintained and it will include:

- a. Letter of Offer
- b. Contract
- c. Role Description
- d. Induction checklist
- e. New Employee Details form
- f. Conflict of interest declaration form
- g. Superannuation Form
- h. Tax File Number Form
- i. Drivers License
- j. Passport
- k. Medicare card
- l. WWC
- m. NDIS Workers Screening Check
- n. First Aid and CPR Certificate
- o. Covid Vaccination Certificate
- p. Home address
- q. Car insurance policy

9.2 All employees are entitled to view their file at a suitable time. This can be arranged directly with People and Culture.

## **Ongoing worker supervision and support**

- 10.1 Supervision and support are essential to making our workers feel supported in their work and ensuring they perform satisfactorily. The relevant Area Manager will supervise work performance issues at our office/s, in guests' homes and in the community.
- 10.2 We will contact guests to determine if the worker is fulfilling their role professionally and safely.
- 10.3 Supervision sessions allow a follow-up on development/performance/competence issues noted in an employee's development and performance reviews.
- 10.4 All workers are provided with Stellar Experiences contact details upon employment. People and Culture is available to be contacted over the phone by the employee. Alternatively, the relevant Area Manager is available to meet with an employee if they require time to discuss any issues or concerns.
- 10.5 Employee supervision relates to monitoring employee work practices against the expectations, needs, and support services identified in the Service Agreement and our organisation's policies and procedures. The supervision requirements are determined by the employee's role and current work knowledge and skills. The observation timeframe can vary from fortnightly, monthly, quarterly, half-yearly, or annually per our Worker Supervision Roster.
- 10.6 Data-gathering methods include, but are not limited to:
  - a. observing using a Worker Observation Checklist;
  - b. contacting and gaining feedback from guests;
  - c. asking the worker to complete a self-assessment tool;
  - d. speaking with our supervisors;
  - e. speaking with other providers who work with the guest; and
  - f. undertaking performance reviews.
- 10.7 All workers can attend meetings and care conferences to ensure they are aware of guest support changes and to take the opportunity to provide input and feedback.
- 10.8 Refer to the Annual Performance Review for annual competency assessment, education and training and performance appraisal and for avenues for worker support and supervision.

## **Performance development reviews**

- 11.1 All workers are expected to perform their duties to their best ability and show a high personal commitment to always providing safe and quality. They must demonstrate kindness and compassion in all their guest dealings.
- 11.2 Performance development reviews are conducted annually in consultation with individual workers.
- 11.3 Performance development reviews are based on the position description and an agreed work plan.
- 11.4 The worker may be provided with a self-assessment tool as a point of reflection against the NDIS Workforce Capability Framework.
- 11.5 The aims of the review are to:
  - a. conduct an honest and confidential discussion regarding work performance and the workplace between the worker and the relevant Area Manager;
  - b. discuss job performance in the context of a position description;
  - c. discuss work problems and develop appropriate solutions;
  - d. discuss and support mental health concerns such as physical and mental fatigue; and
  - e. discuss possible ways of improving work performance, including identifying training and development needs or changes to work practice.

## **Worker education and training**

- 12.1 Stellar Experiences will set and meet high-quality service standards that promote lifelong learning and development and supports career development for workers in disability and the wider care sector.
- 12.2 Stellar Experiences provides appropriate training and development opportunities for all workers. This includes:
  - a. establishing what high-quality standards look like for the worker;
  - b. promoting learning opportunities relevant to the position;
  - c. establishing processes to measure and adjust services:
    - training workers in outcomes from continuous improvement;
    - updating worker skills in accordance with the changing nature of their work;
    - providing workers with clear practice guidelines on what is required;
    - using our performance reviews to determine additional training requirements;

- d. identifying training needs through annual performance development reviews and ongoing staff and management input;
- e. identifying training in skills and capabilities identified in the Workforce Capability Framework;
- f. providing appropriate training to meet identified needs;
- g. providing mandatory training as per state requirements (e.g. Child Protection);
- h. providing training opportunities for all workers;
- i. providing refresher infection prevention and control training for staff working directly with guests, at least annually or more frequently as required;
- j. evaluating training to ensure it meets the needs of the workers and assists in improving our operations and services;
- k. completing a training needs analysis; and
- l. developing appropriate training plans to meet worker performance requirements.

### **Worker development opportunities**

- 13.1 Stellar Experiences creates worker development opportunities as follows:
- a. Staff attendance four (4) days per year for specific training days relevant to the training needs of the staff attending;
  - b. Flexible working hours, so workers can participate in accredited study courses at recognised educational institutions;
  - c. Provision of learning resources for worker education, (e.g. videos and research literature);
  - d. During annual performance reviews and supervision sessions, each worker will discuss training needs upon recruitment.

### **Worker performance dispute procedure**

Outlined below is the procedure used to deal with a worker performance dispute not involving misconduct. Misconduct is an action by a worker that results in instant dismissal.

#### **Verbal warning**

- 14.1 The worker is quickly informed of any complaint concerning their work performance and is provided with an opportunity to discuss the complaint.
- 14.2 In consultation with the worker, the Area Manager will outline how the worker must improve their performance. Any assistance needed by the worker to improve their performance must be identified and provided wherever possible.

14.3 A date to review the worker's performance will be set, considering adequate time to resolve the issue and reduce risk to the organisation.

#### **First written warning**

14.4 Further discussion will occur if the worker's performance remains unsatisfactory at the second review. This review will include the worker, a representative of their choice (optional), and the Area Manager.

14.5 The complaint against the worker and plans for improvement will be put in writing and will clearly state that a lack of development by a given date will result in a final written warning being issued. A copy of the first written warning will be provided to the worker.

#### **Final written warning**

14.6 Further discussion will be conducted if the worker's performance has not improved at the given date. This review will include the worker, a representative of their choice and the relevant Area Manager.

14.7 The complaint against the worker and plans for improvement are recorded in writing, clearly stating that a lack of growth by a given date will result in termination of employment. A copy of the final written warning will be provided to the worker.

#### **Termination of employment**

14.8 If the problem persists, the worker's employment may be terminated after the date set in the final written warning. The relevant Area Manager must approve the termination.

14.9 If the termination is not approved, an alternative process for managing the performance issue will be developed. Detailed notes of performance dispute management are recorded and kept in the worker's personnel file.

#### **Worker grievance procedure**

15.1 If a worker has a grievance related to their employment or concerning another worker, the following processes apply:

##### **Discussion**

15.2 The worker may approach the relevant Area Manager to discuss the issue and seek advice. The consultation will be confidential. The worker may write the matter to their supervisor and request that the issue is raised with management. A decision on the issue and a discussion with the worker will occur within seven (7) business days.

15.3 If the worker considers that the discussion has not addressed their concerns adequately, they can seek external advice (e.g., union representative or another independent body).

#### **Misconduct**

- 15.4 Misconduct includes severe breaches of our policies and procedures or unacceptable behaviour that warrants the immediate dismissal of a worker. Examples of misconduct include:
- a. theft of property or funds from our organisation;
  - b. wilful damage of property belonging to our organisation;
  - c. intoxication through alcohol or other substances during working hours;
  - d. verbal or physical abuse, harassment or discrimination of any other worker or guest;
  - e. disclosure of confidential information regarding the organisation to any other party without prior permission;
  - f. disclosure of guest information, other than information that is necessary to assist guests and to ensure their safety
  - g. conducting a private business from our premises or using the organisation's resources for private business without permission;
  - h. falsification of any records belonging to the organisation; and
  - i. failure to comply with the organisation's Code of Conduct.

#### **Seek advice**

- 15.5 The relevant Area Manager must be informed immediately following notification of an allegation of misconduct. The relevant Area Manager will obtain external professional advice if necessary. The worker should consider seeking advice from their union or another independent body.

#### **Suspension of duties**

- 15.6 A worker is informed of any misconduct allegation as soon as possible. The worker may be suspended, with full pay, pending an investigation of the claim. The worker will provide a letter outlining the time, date, and alleged misconduct.

#### **Leave**

##### **Application for leave**

- 16.1 Any worker taking leave must complete an Application for Leave Form through the Stellar Experiences StaffHub. If the application form is not completed, payment will not be made for leave taken.
- The application must be completed and approved before annual, long service, or unpaid leave.

##### **Sick leave**

16.2 A doctor's certificate is required for more than two consecutive days of sick leave. When sick leave is required, the relevant Area Manager and Rostering and Bookings Coordinator should be informed as soon as possible and, at a minimum, at least two hours before the worker's usual start time. An Application for Leave Form must be completed immediately upon the worker returning to work after sick leave.

#### **Personal/carer's leave and compassionate leave**

16.3 Personal/carer's leave and compassionate leave are defined in the relevant award (this only applies if workers are under an award). To qualify for personal leave, an individual's reason for leave must meet the definition of personal/carer's leave and compassionate leave within the award. Personal leave is used when the worker is unfit for work due to their health and safety. Our organisation wishes to support our workers with mental health, so we may view it as personal leave if a worker needs time off to manage their mental health issues.

16.4 An Application for Leave Form must be completed immediately after a worker returns to work. When leave is required, workers should inform the relevant Area Manager and Rostering and Bookings Coordinator at least two hours before the usual start time of the worker.

#### **Domestic violence leave**

16.5 Domestic violence leave is applicable from the first day of employment and does not accrue. This unpaid leave is for five days per year.

16.6 An Application for Leave Form must be completed immediately after a worker returns to work. The relevant Area Manager may seek clarification if attending a court date.

#### **Recording annual leave**

16.7 Our accounting system software tracks annual leave taken and owing to workers.

#### **Timesheets**

16.8 Each worker is required to maintain up-to-date timesheets. Timesheets must be submitted to the relevant Area Manager and Rostering and Bookings Coordinator as per the work agreement.

16.9 The Rostering and Bookings Coordinator or their delegate will check timesheets against the roster hours to determine accuracy before forwarding them to the administration office for payment.

## **Workers compensation**

17.1 When a worker suffers an injury or suffers from a disease, and work is a substantial contributing factor to that illness or injury, our organisation will ensure that financial benefits and other assistance are provided, as required by the relevant state legislation and regulations.

## **Employee exit procedure**

18.1 When an employee chooses to leave Stellar Experiences, the following procedure applies:

- a. The relevant Area Manager conducts the exit interview, and the employee is asked to provide feedback, if they would like to.
- b. The exit interview is documented.
- c. Completed documentation is viewed as relevant and used, if appropriate, to be integrated into the organisation's continuous improvement process.

## **SUPPORTING DOCUMENTS**

- Annual Organisational Training Register and Review
- Code of Conduct Agreement
- Employment Check Register
- Personnel File Contents Checklist
- Privacy and Confidentiality Agreement
- Position Description
- Staff Training Plan
- Staff Training Record
- Training Needs Analysis
- Training Matrix for Individual Worker
- Worker Orientation Checklist
- Worker Performance Management Review Form

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and

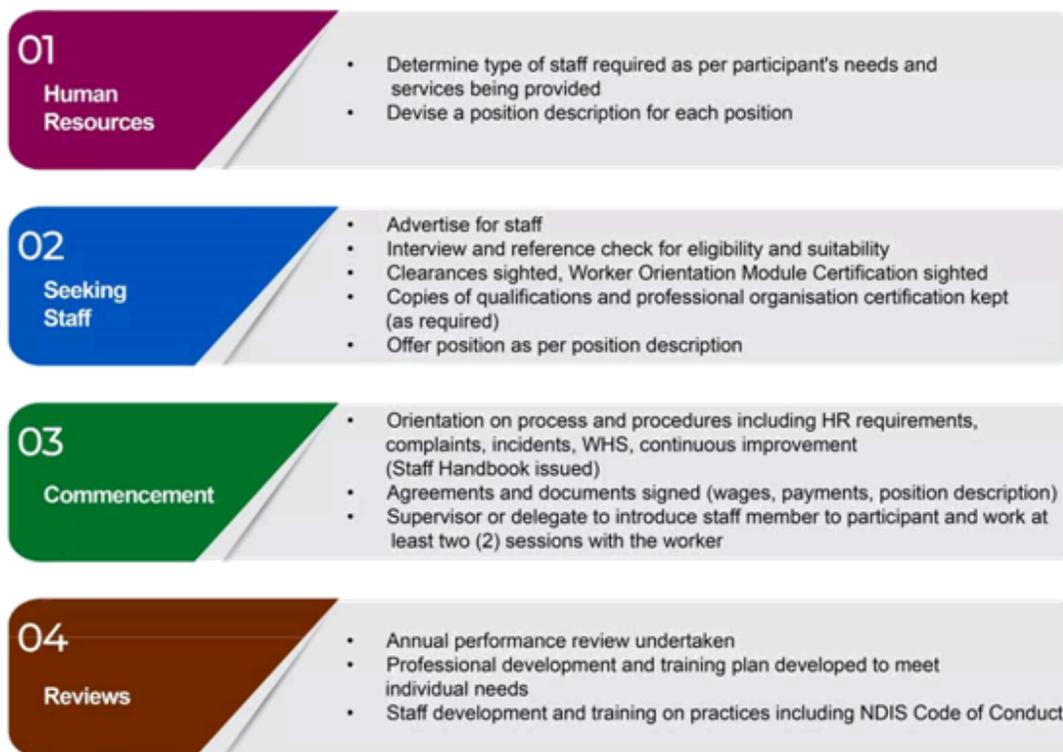
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## COMPLIANCE

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

### Diagram 1. Worker recruitment and management process



## Incident Management Policy and Procedure

Policy area	Governance
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct NDIS (Incident Management and Reportable Incidents) Rules 2018 UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Privacy Act 1988

### PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to incident management.

[Refer to the Reportable Incident Management Procedure for detail on reportable incidents.](#)

### SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

### DEFINITIONS

Term	Definition
<b>Incident</b>	An act, omission, event or circumstance connected with providing support or services to a guest, which has, or may have caused harm to the guest. It includes 'near misses' that are potentially harmful and it includes complications, accidents and side effects.
<b>Incident Management System</b>	An incident management system comprises the policies, procedures, forms, templates and processes that support the identification, management, resolution and documenting of incidents and near misses that are known, suspected or alleged to have occurred during the course of providing support or services to a guest.
<b>Open Disclosure</b>	The practice of acknowledging the incident, expressing regret to the person impacted that standards or expectations have not been met, finding out what happened, how and why and seeking to learn from the experience and make improvements.

	<b>Note:</b> Expressing regret does not mean an admission of guilt.
<b>Reportable Incident</b>	A 'subset' of overall incidents. These are incidents which have mandatory reporting requirements to regulatory bodies such as the NDIS Commission, Aged Care Quality and Safety Commission and the Police. <a href="#">Refer to the Reportable Incident Management Procedure for details.</a>

**CONTEXT**

Stellar Experiences recognises that an effective incident management system is an important part of ensuring the health, safety and wellbeing of guests. We are committed to implementing and maintaining an incident management system that:

- is proportionate to the size and scale of our organisation and the scope and complexity of supports provided;
- prioritises safe and quality care and support to guests;
- identifies, assesses, analyses, manages, monitors and documents risks clearly, consistently and accurately;
- upholds guests' human rights — including their right to privacy, confidentiality, dignity and respect;
- promotes guests' right to choice, control and self-determination;
- encourages and supports guest independence and capacity-building, where possible;
- provides cultural and language-accessible modes and methods for guests to report incidents;
- fosters a collaborative and resolution-based culture of open disclosure in relation to incidents; and
- identifies incident-related trends, issues and areas for improvement.

**POLICY STATEMENT**

**1. Fostering a Safety Culture**

- We will maintain processes to provide person-centred, safe and quality care and support to guests.
- We will make sure guests are aware of their right to report an incident and support them to do this if requested or required.
- We will ensure the guest feels culturally safe and seek their input on creating safeguards that best meet their cultural and communication needs and preferences.

## **2. Risk Management**

- We will maintain processes to ensure accountabilities, delegations of authority and incident reporting lines are clearly identified, documented and communicated across the organisation.
- We will conduct guest risk assessments at intake, during reviews and during support provision.

## **3. Response Actions**

- We will take required action(s) to address immediate guest risks, issues or concerns.
- We will comply with both internal and external incident reporting requirements in the required timeframes and formats.
- We will contact the guest's family/support network to provide additional support to the guest, if requested.
- We will acknowledge the incident verbally and/or in writing to the guest and explain the response actions that are being/will be taken.

## **4. Communication and Collaboration**

- We will communicate and collaborate with the guest and other relevant stakeholders throughout the incident process.
- We will conduct all discussions with the guest and/or family/alternate decision-maker/advocate with sensitivity, courtesy and respect.
- We will encourage the involvement of the guest and/or their family/alternate decision-maker/advocate in identifying ways to reduce or prevent incidents from occurring and/or recurring.

## **5. Continuous Improvement and Quality Management**

- We will seek to learn from incidents and near misses and continually improve our service delivery processes.
- We will review and analyse incident data to identify systemic issues and take follow up action(s) as required (e.g. changes to policy and procedures, worker rostering, supervision and training, technology and communications).
- We will report outcomes of incident investigations to both the guest and other stakeholders (including relevant workers) and ensure this is documented in our quality management system as part of the continuous improvement process.

## **6. Reviewing and Monitoring Processes**

- We will conduct audits to review and monitor our incident management process and make any required adjustments.
- We will maintain an Incident Register and a Continuous Improvement Register with details, actions and outcomes of incidents and suggested improvements.

## **7. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **8. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which has the skills and knowledge to report and escalate incidents and near misses in required timeframes and formats.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

Following are the key steps in the incident management process. Refer to Schedule 1 at the end of this document for a graphical representation of the process steps.

### **1. Identify Incident**

- 1.1 Identify that an incident or near miss with potential to cause harm to the guest has occurred.
- 1.2 Take action(s) to ensure the immediate health and safety needs of the guest. This may include contacting one or more of the following:
  - emergency services (ring Triple Zero);
  - the guest's GP (in business hours and when not urgent);
  - over-the-phone pharmacy/medical advice (out of business hours). For example, 13 HEALTH or 1300 MH CALL);
  - guest's family/alternate decision-make/advocate; and/or
  - line manager or other internal responsible officer.
- 1.3 Notify manager and complete an Incident Report with details of the incident.

## **2. Investigation**

- 2.1 Determine if the incident constitutes a reportable incident with mandatory reporting requirements. If it does, follow the [Reportable Incident Management Procedure](#).
- 2.2 Review the details of the incident, including the people involved, location, circumstances and outcome (injury, sickness, death, 'near miss').
- 2.3 Complete an Incident Report with information on primary and underlying causes of the incident, immediate actions required, recommended preventative actions.
- 2.4 Leave any other specific investigation for the relevant authorities (Police, WHS, NDIS Commission, Aged Care Quality and Safety Commission).

## **3. Guest Support**

- 3.1 Ensure the guest feels safe, supported and respected.
- 3.2 Ensure the guest is aware of their right to engage an advocate and support them to do this if requested.
- 3.3 Review the guest's health status and provide any assistance required.
- 3.4 Assess the environment to ensure guest safety and to prevent recurrence.
- 3.5 Communicate with the guest and/or family/alternate decision-maker/advocate throughout the process and keep them up to date with actions and outcomes.

## **4. Analyse Incident**

- 4.1 Establish the cause(s) and effect(s) of the incident and any operational issues that may have contributed and the nature of the investigation.
- 4.2 Encourage feedback from the guest and/or their family/alternate decision-maker/advocate in identifying ways to reduce or prevent the incident from recurring.

## **5. Corrective Actions, Documentation and Continuous Improvement**

- 5.1 Develop a corrective action plan and discuss with relevant stakeholders.
- 5.2 Complete corrective actions as required within identified completion dates. This may include revising policies, procedures, forms, checklists, adjusting worker rosters, developing worker training, increasing supervision etc).
- 5.3 Document details of the incident, action(s) and outcomes in the Incident Management – Final Report, Incident Register and the Continuous Improvement Register.

- 5.4 Update other documentation as required (support plan, behaviour support plan, complex health plan, comprehensive health assessment).
- 5.5 Communicate changes and outcomes to relevant personnel.
- 5.6 Conduct internal audits to check integrity of process and completion of corrective actions.

## **SUPPORTING DOCUMENTS**

- Incident Register
- Incident Report
- Staff Incident Reference Card

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# **Infection Management Procedure**

Policy area	Guest Health and Wellbeing
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this procedure is to explain how Stellar Experiences manages infection risks.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Antimicrobial Agents/ Antimicrobial Resistance</b>	These are medications used to treat and prevent infections. They include antibiotics, antivirals, antifungals and antiparasitics. If antimicrobial agents are misused or overused, the microbes that cause infection can become resistant to them (antimicrobial resistance), causing infection to linger with negative impacts on the guest's health and wellbeing.
<b>Infection</b>	The invasion and growth of microorganisms such as bacteria, viruses and fungi in the body.
<b>Infectious Agents</b>	Organisms that produce infection or infectious disease.
<b>Multi-resistant organisms</b>	Bacteria, or other microbes, which have become resistant to antimicrobial agents (antibiotics) typically used for its treatment. See 'Antimicrobial Agents' defined above.
<b>Personal Protective Equipment (PPE)</b>	Safety clothing or equipment for circumstances or areas where the nature of the work involved or the conditions of work requires wearing or using personal protection to minimise risk (e.g. gloves, goggles, face shield, gown). PPE protects against infection and cross-contamination.
<b>Transmission of Infectious Agents</b>	Infectious agents can be transmitted in a variety of ways including:

	<ul style="list-style-type: none"> <li>● breathing in airborne microorganisms (including from coughs and sneezes);</li> <li>● touching contaminated objects or eating contaminated food – the microorganism in a person’s faeces can be spread to food or other objects if their hands are dirty;</li> <li>● skin-to-skin contact – the transfer of some microorganisms can occur through touch or by sharing personal items, clothing or objects;</li> <li>● contact with body fluids – microorganisms in saliva, urine, faeces or blood can be passed to another person’s body via cuts or abrasions or through the mucus membranes of the mouth and eyes.</li> </ul>
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## CONTEXT

Stellar Experiences is committed to maintaining best practice hygiene and infection control. We will:

- encourage and support guests to adopt and maintain good nutrition and healthy lifestyle habits;
- adopt, and encourage and support guests to adopt, good hand and respiratory hygiene practices;
- prevent or minimise, so far as is reasonably practicable, the outbreak of infection in a work environment (including guests’ homes);
- escalate infection-related issues, concerns and risks promptly and appropriately;
- uphold guest privacy and dignity;
- enable independence and capacity-building where possible; and
- monitor and review infection control processes to identify trends, gaps and opportunities for improvement.

## PROCEDURES

### 1. Best Practice Hygiene and Infection Control Measures

- 1.1 Use safe work practices such as hand hygiene and hand sanitising.
- 1.2 Use PPE provided and as directed (e.g. gloves, goggles, face mask, face shield, gown/apron);
- 1.3 Use respiratory hygiene/cough etiquette:
  - cover nose and mouth with a tissue when coughing, sneezing, wiping or blowing the nose;
  - if there is no tissue, cough or sneeze into your elbow, turning away from people, rather than into your hand;
  - dispose of the tissue, if you’ve used one; and
  - immediately wash your hands.

- 1.4 If you have a persistent cough or sneeze, do not come to work and go and see a doctor.
- 1.5 Encourage and support guests to adopt good hand and respiratory hygiene as well.
- 1.6 Be aware of the different ways you can be at risk of infection (see the Definitions table 'Transmission of Infectious Agents').
- 1.7 Follow instructions in the following table for undertaking standard precautions and when instructed to take additional precautions for infection control:

Requirement	Standard Precautions	Additional Precautions		
		Contact precautions	Droplet precautions	Airborne precautions
<b>Signage</b>	No	Yes	Yes	Yes
<b>Hand hygiene</b>	Yes	Yes	Yes	Yes
<b>Gloves</b>	Yes, if there is a risk of contact with blood or body substances.	Yes, for direct contact with a guest or their environment.	No	No
<b>Impervious apron/gown</b>	Yes, if there is a risk of splash or contamination with blood or body substances.	Yes, for direct contact with a guest or their environment.	No	No
<b>Mask</b>	Yes, if there is a risk of splash, splatter, or risk of blood or body substances spraying into the air.	No	Yes. Workers to use a surgical mask when coming within one (1) metre of the guest.  Workers to remove the mask after leaving the room.	Yes. Workers to use a P2 mask.  Workers to remove the mask after leaving the room.
<b>Protective eyewear</b>	Yes, if there is a risk of splash, splatter or risk of blood or body substances spraying into the air.	No	Yes. Workers to use when coming within one (1) metre of the guest.	No
<b>Equipment</b>	Yes, when handling equipment contaminated with blood or	Single-use or dedicated equipment where possible. Reprocess	No	No

	body substances. Remove gloves when finished handling the equipment and wash hands.	reusable items to the required level before reusing them on other guests.		
<b>Cleaning</b>	Yes, standard cleaning.	Standard cleaning depends on the organism. $\{\text{Manager Position}\}$ to advise workers of specific cleaning needed.	Standard cleaning depends on the organism. $\{\text{Manager Position}\}$ to advise workers of specific cleaning needed.	Standard cleaning depends on the organism. $\{\text{Manager Position}\}$ to advise workers of specific cleaning needed.
<b>Transport of guests</b>	Yes. Cover all open wounds.	Surgical mask if coughing/ sneezing and an infectious condition known or suspected. $\{\text{Manager Position}\}$ to advise transport workers and the receiving area precautions.	Surgical mask for the guest when leaving the room. Use a mask over the top of nasal oxygen prongs (if used). Advise transport workers and receiving area of precautions.	Surgical mask for the guest when leaving the room.  Use a mask over the top of nasal oxygen prongs (if used).  Advise transport workers and receiving area of precautions.
<b>Visitors</b>	Yes. Hand hygiene before and after the guest visit.	Yes, as directed by the $\{\text{Manager Position}\}$ .	Yes. Use a surgical mask when coming within one (1) metre of the guest.  Remove mask after leaving the room.	Yes.  Use a P2 mask.  Remove mask after leaving the room.
<b>Other</b>	Respiratory hygiene for coughing/ sneezing guests.	Do not take medical records into the room.	Do not take medical records into the room.	Do not take medical records into the room.

## 2. Hand Hygiene

### 2.1 Thoroughly wash your hands:

- when starting and finishing work;
- before and after a meal or other breaks;
- after going to the toilet;
- after using a handkerchief or tissue, coughing or sneezing;
- after handling rubbish;
- any time you see dirt on your hands;
- before and after direct contact with a guest and their environment;
- before wearing, and after removing PPE;
- after any contact with blood or bodily fluids, broken skin or abrasions, rashes;
- after handling unwashed linen or clothing; and
- before handling or preparing food or drinks for guests or workers, including assisting guests with their meals.

2.2 Always use soap and water when washing hands which have visible dirt or other substances on them.

2.3 Do not wear artificial nails, nail extensions or nail enhancements (varnish or nail art) while providing direct care to guests.

2.4 Keep hand and wrist jewellery to a minimum — or better still, do not wear it at all when providing direct care to guests. Rings — except for a plain wedding band — must not be worn at all, while providing direct care.

2.5 Dry your hands well after washing, using paper towel or single-use cloth.

2.6 Follow the processes in the tables and diagrams below for hand hygiene techniques:

Product	Duration	Technique
<b>Alcohol-based hand cleanser</b>	10-20 seconds	Rub over all surfaces until dry without wiping.

Product	Duration	Technique
<b>Liquid soap and water</b>	30 seconds	Wet hands. Apply one measured dose of solution, lather overall surfaces well, rinse and pat dry with a disposable towel.

The following applies to **aseptic procedures** (i.e required infection control measures before a guest undertakes a clinical procedure):

Product	Duration	Technique
<b>Antimicrobial liquid soap and water</b>	30-60 seconds	Wet hands, apply one measured dose of the solution, lather well over all surfaces, rinse, and pat dry with a disposable towel.
<b>Alcohol-based hand cleanser with known residual effect</b>	30 seconds minimum	Rub over all surfaces until dry without wiping.

### 3. Use of Non-Water Cleansers (Alcohol-based Hand Rubs)

- 3.1 Use alcohol-based hand rubs regularly, but use soap and water, if possible, if your hands are visibly dirty or have other substances on them.
- 3.2 Alcohol-based hand rubs are available in our vehicles and offices.
- 3.3 Be aware that the alcohol-based rubs can catch fire if they reach 21 to 24 degrees Celsius. They must be stored in temperatures less than 21 degrees Celsius.

### 4. Personal Protective Equipment

#### Gloves

- 4.1 Use the following types of gloves:
  - **Sterile gloves:** For procedures where there is contact with susceptible sites (e.g. catheterisation (this is undertaken by a registered nurse only), where an aseptic procedure is required for wound care or managing a tracheostomy).
  - **Non-sterile gloves:** For procedures that involve contact with broken skin and mucous membranes (e.g. emptying a catheter bag) and personal care activities (e.g. assisting with toileting).
  - **Reusable utilised gloves:** For non-personal care activities (e.g. general cleaning, cleaning contaminated surfaces).
- 4.2 Use gloves when:
  - changing a colostomy bag or urinary drainage bag;
  - dressing wounds or touching broken skin;
  - assisting with toileting;
  - providing mouth or eye care;
  - oral suctioning;
  - touching equipment or surfaces that may encounter blood or bodily fluids;
  - blood glucose monitoring; and
  - preparing food.

- 4.3 Do not use gloves in lieu of hand hygiene. Always wash your hands before and after wearing gloves.
- 4.4 Remove gloves when a care activity is finished and use new gloves before starting a new care activity.
- 4.5 Dispose of used gloves immediately.

### **Aprons and Gowns**

- 4.6 Use an apron or gown when you are at risk of coming into contact with blood or bodily fluids.
- 4.7 They should be worn during the care of guests who have an infection transmissible by contact, droplet or airborne route.
- 4.8 Wash your hands before and after wearing an apron or gown.
- 4.9 Wear the apron or gown so it covers your torso from neck to knees. Your arms must be covered to the end of your wrists and it should wrap around your back. All fastenings on the apron or gown must be tied and fastened at the back.
- 4.10 Use a once-use only plastic apron if any of the following applies:
  - clothes may be exposed to blood or body fluids, but there is a low risk that arms will be contaminated; or
  - your clothes may get wet (e.g. when assisting a guest to take a shower).
- 4.11 Dispose of the used apron or gown immediately.

### **Face Masks**

- 4.12 Use a face mask if you are at risk of droplets or airborne infectious agents (e.g. from coughing or sneezing), or splashes or sprays of blood or bodily fluids (e.g. when changing wound dressing or emptying a catheter bag).
- 4.13 Use a surgical mask for most situations.
- 4.14 Check the manufacturer's instructions before use.
- 4.15 Wash your hands before putting on your mask.
- 4.16 Do not touch the front of the mask with your hands once the mask is in place.
- 4.17 Use each mask for the care of one person only and change it if a care activity takes an extended time.
- 4.18 Do not leave your mask dangling around your neck.

4.19 Dispose of the used mask immediately and wash your hands.

### **Protective Eyewear/Goggles**

4.20 Use goggles when you are at risk of infection spread by the droplet or airborne route.

4.21 After use, remove the goggles using the headband or earpieces.

4.22 Clean the eye shield after each use with detergent and water and allow it to dry.

4.23 Dispose of single use eyewear after use immediately.

### **5. Handling Medical Devices**

5.1 If you assist a guest with devices such as urinary or intravenous catheter, infection can be transmitted from exposure to blood and bodily fluids.

5.2 Wash your hands before any contact with the device.

5.3 Make sure you only use a single-use medical device once — and then dispose of it immediately.

### **6. Handling Sharps**

6.1 Follow instructions for safe disposal of sharps in the Waste Management Procedure.

6.2 Escalate/report all sharps injuries in accordance with the incident management process.

### **7. Managing Blood and Bodily Fluid Spills**

7.1 Use a brush and pan to remove any broken glass or sharps.

7.2 Clean up the spill with paper towel and dispose of a bin. For hazardous waste/substances, refer to the Waste Management Procedure.

7.3 Use a mop and bucket to clean the spill, using provided cleaning equipment.

7.4 Clean the cleaning equipment.

7.5 Complete an Incident Report.

### **8. Notification of Infectious Diseases**

8.1 Report any infectious disease to your manager/to the relevant state/federal health body. The Communicable Diseases Network Australia has compiled the following list of diseases to be notified nationally and provided to the National Notifiable Diseases Surveillance System (NNDSS):

Blood-borne diseases	Listed human diseases	Vaccine-preventable diseases
<ul style="list-style-type: none"> <li>• Hepatitis (NEC)</li> <li>• Hepatitis B (newly acquired)</li> <li>• Hepatitis B (unspecified)</li> <li>• Hepatitis C (newly acquired)</li> <li>• Hepatitis C (unspecified)</li> <li>• Hepatitis D</li> <li>• Gastrointestinal diseases</li> <li>• Botulism</li> <li>• Campylobacteriosis</li> <li>• Cholera</li> <li>• Cryptosporidiosis</li> <li>• Haemolytic uraemic syndrome (otherwise known as HUS)</li> <li>• Hepatitis A</li> <li>• Hepatitis E</li> <li>• Listeriosis</li> <li>• Paratyphoid fever</li> <li>• Salmonellosis</li> <li>• Shiga Toxin-producing E. Coli or Vero toxin-producing E. Coli (otherwise known, respectively, as STEC or VTEC)</li> <li>• Shigellosis</li> <li>• Typhoid fever</li> </ul>	<ul style="list-style-type: none"> <li>• Human influenza in humans with pandemic potential</li> <li>• The Middle East Respiratory Syndrome Coronavirus (otherwise known as MERS-CoV)</li> <li>• Plague</li> <li>• Severe acute respiratory syndrome (otherwise known as SARS)</li> <li>• Coronavirus (COVID-19)</li> <li>• Smallpox</li> <li>• Viral haemorrhagic fevers</li> <li>• Yellow Fever</li> <li>• Sexually transmissible infections</li> <li>• Chlamydia</li> <li>• Donovanosis</li> <li>• Gonococcal infection</li> <li>• Syphilis-congenital</li> <li>• Syphilis-less than two years duration</li> <li>• Syphilis-more than two years duration or unspecified duration</li> </ul>	<ul style="list-style-type: none"> <li>• Diphtheria</li> <li>• Haemophilus influenza (Type B)</li> <li>• Influenza (laboratory-confirmed)</li> <li>• Measles</li> <li>• Mumps</li> <li>• Pertussis</li> <li>• Pneumococcal disease-invasive</li> <li>• Poliovirus infection</li> <li>• Rotavirus</li> <li>• Rubella</li> <li>• Rubella-congenital</li> <li>• Tetanus</li> <li>• Varicella-zoster infection - Chickenpox</li> <li>• Varicella-zoster infection - Shingles</li> <li>• Varicella-zoster infection - Unspecified</li> </ul>

Diseases transmitted by insect or other organism	Diseases transmitted to humans from another animal species
<ul style="list-style-type: none"> <li>• Barmah Forest virus infection</li> <li>• Chikungunya virus infection</li> <li>• Dengue virus infection</li> </ul>	<ul style="list-style-type: none"> <li>• Anthrax</li> <li>• Australian bat lyssavirus infection</li> <li>• Brucellosis</li> </ul>

<ul style="list-style-type: none"> <li>• Flavivirus infection (unspecified)</li> <li>• Japanese encephalitis virus infection</li> <li>• Kunjin virus infection</li> <li>• Malaria</li> <li>• Murray Valley encephalitis virus infection</li> <li>• Ross River virus infection</li> </ul>	<ul style="list-style-type: none"> <li>• Leptospirosis</li> <li>• Lyssavirus infection (NEC)</li> <li>• Ornithosis (otherwise known as Psittacosis)</li> <li>• Q fever</li> <li>• Rabies</li> <li>• Tularaemia</li> <li>• Other bacterial diseases</li> <li>• Legionellosis</li> <li>• Leprosy</li> <li>• Meningococcal disease-invasive</li> <li>• Tuberculosis</li> </ul>
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## 9. Multi-Resistant Organisms and Antimicrobial Stewardship

- 9.1 Administer antimicrobial agents safely and carefully and only as prescribed by the qualified health practitioner, for the person they were prescribed for to treat or prevent infection. Do not administer the medication to the guest for any longer than instructed by the health practitioner and/or on the medication packaging.
- 9.2 MROs are resistant to antibiotic treatment, so infection may linger. Be aware of the adverse effects of this on guest's health, wellbeing:
- anxiety and stress;
  - social and physical isolation as result of not being able to engage and participate in community and regular activities; and
  - prolonged treatments, procedures and hospital visits, which in turn cause more anxiety, stress and social and physical isolation.
- 9.3 Support the guest as much as possible to reduce anxiety and stress and to assist with their mental wellbeing.

## RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this procedure; and

- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

## **COMPLIANCE**

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Information Management Policy and Procedure

Policy area	Information Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Privacy Act 1988 Australian Privacy Principles Privacy Amendment (Notifiable Data Breaches) Act 2017 Australian state and territory privacy legislation NDIS Act 2013 NDIS Practice Standards and Quality Indicators UN Convention of the Rights of Persons with Disabilities NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to information management.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Data Breach</b>	Unauthorised access to, or disclosure of personal information. This includes a situation where personal information is lost and unauthorised access is likely to occur.
<b>Official Records</b>	These include: <ul style="list-style-type: none"> <li>• <b>service delivery records</b> (e.g. guest files, case/progress notes, support plans, service agreements, health reports, assessments, incident reports);</li> <li>• <b>business activity records</b> (e.g. written records on business support, project management, finances, quality and compliance);</li> </ul>

	<ul style="list-style-type: none"> <li>● <b>human resource management records</b> (e.g. worker files, incident reports, timesheets, worker training analysis, recruitment and selection criteria, position descriptions).</li> </ul> <p>Official records are records which would ‘stand up in court’ and include email correspondence, work diaries and notebooks if they contain details of guest or business interactions and records of decisions or actions.</p>
<p><b>Notifiable Data Breaches Scheme</b> (see definition of ‘data breach’ above)</p>	<p>This scheme operates under the Office of the Australian Information Commissioner (OAIC). All organisations covered by the Privacy Act 1988 (Cth) must notify affected individuals and the OAIC when a data breach is likely to result in serious harm to an individual whose personal information is involved. The notification to affected individuals must include recommended steps to take in response to the data breach. A data breach may include:</p> <ul style="list-style-type: none"> <li>● a device with individuals’ person information is lost or stolen;</li> <li>● a database with personal information is hacked; or</li> <li>● personal information is mistakenly given to the wrong person.</li> </ul> <p>Under this Scheme, ‘likely to result in previous harm’ will be an assessment depending on factors such as the type and sensitivity of the information, whether the information is protected and the nature of the harm that may result from the breach.</p> <p><b>Note:</b> The NDS only applies to organisations with an annual turnover of \$3 million or more and therefore smaller providers do not have to report to the OAIC. This definition is in here to provide a guide to best practice in the event of a data breach.</p>
<p><b>Personal Information</b></p>	<p>This is defined in the Privacy Act 1988 as follows: ‘Information or an opinion about an identified individual, or an individual who is reasonably identifiable:</p> <ol style="list-style-type: none"> <li>a) whether the information or opinion is true or not;</li> <li>b) whether the information or opinion is recorded in a material form or not.’</li> </ol> <p>It includes:</p> <ul style="list-style-type: none"> <li>● <b>information about a person’s private or family life</b> (e.g. name, signature, email address, phone number, date of birth, medical records, bank account details and employment details);</li> <li>● <b>information about a person’s working habits and practices</b> (e.g. work address, contact details, salary, job title);</li> <li>● <b>commentary or opinion about the person</b> (e.g. written comments by a referee, trustee, journalist).</li> </ul>

	Information that does not identify an individual or information that is not 'about' an identified individual is not included in 'personal information'.
<b>Sensitive Information</b>	This is a type of 'personal information' and includes information or opinion about an individual's racial or ethnic origin, political opinion, religious beliefs, sexual orientation or criminal record. Health information is also classified as 'sensitive information'.

**CONTEXT**

Stellar Experiences recognises the importance of maintaining an effective and compliant information management system for safe and quality guest service delivery and business activity operations. We also recognise the importance of keeping personal and sensitive information safe and secure.

**POLICY STATEMENT**

**1. Compliance**

- We will maintain an information management system and processes that support compliance with applicable federal and state/territory legislation, regulations, standards and principles in relation to the collection, use, disclosure, retention and storage of personal and sensitive information.
- We will ensure our information management system is proportionate to the size and scale of our organisation and the scope and complexity of services and supports provided.

**2. Creation and Maintenance of Information and Records**

- We will create and maintain accurate and complete information and records.
- We will maintain processes for document version control and ensure information from different sources is integrated, consistent and up to date.
- We will maintain all required written guest and worker consents and agreements.

**3. Consent**

- We will seek informed consent from the guest to collect, use, store and disclose their personal information (including assessments) to other parties.
- We will ensure the guest understands their right to change or withdraw their consent at any time and assist them to do this if requested.

#### **4. Access, Distribution, Storage and Retention of Information and Records**

- We will provide the guest with access to their personal information and assist them to correct or change their information, if requested.
- We will provide access to guest information to the guest's family/alternate decision-maker/advocate, with the guest's consent.
- We will maintain processes to ensure guest information is, with the guest's consent, communicated within the organisation to authorised workers and with others outside the organisation where responsibility for care is shared (e.g. guest transitioning to another environment such as hospital, hospice, respite or residential facility).
- We will provide worker and guest access to the right information at the right time to ensure safe and quality service provision.
- We will discuss with the guest and/or family/alternate decision-maker/advocate, in a language, mode and method they are most likely to understand, circumstances when their personal information may be accessed by authorised personnel (law enforcement, official investigation, public health order).
- We will maintain policies, procedures, forms and templates that are current, regularly reviewed, informed by contemporary evidence-based practices, and are understood and accessible by workers.
- We will store personal information securely and take reasonable steps to protect it against misuse, loss, unauthorised access or interference.
- We will retain records in accordance with legislative requirements. This includes disposal freezes and retention notices declared by bodies such as the National Archives of Australia and/or equivalent state/territory bodies that are in force from time to time.

## **5. Security of Information and Records**

- We will maintain processes to back up online data daily and conduct periodic testing of the backed-up data to check system integrity.
- We will not store hard copy records
- We will maintain secure log-in credential processes to ensure that only current authorised workers have access to relevant online files, folders, drives and intranet sites.
- We will implement a business continuity plan to ensure the security of information and records during and after an emergency or disaster event.
- We will manage and report notifiable data breaches in accordance with legislative requirements and the Managing Data Breaches Procedure .

## **6. Complaints**

- We will discuss with the guest their right to lodge a complaint, both internally in our organisation and externally to a regulator, if they have a concern about their personal and sensitive information and privacy and support them to do so if requested.

## **7. Reviewing and Monitoring Processes**

- We will conduct regular audits to ensure the integrity of our information management and privacy protection processes.
- We will review and improve the effectiveness of our information management system.
- We will maintain a Complaints Register and a Continuous Improvement Register with details, actions and outcomes of complaints and suggested improvements in relation to information management.

## **8. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of the importance of accurate and complete record-keeping, security of personal and business information and data and human and legal rights in relation to privacy.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **Managing Data Breaches**

#### **1. Identify Data Breach**

1.1 Establish if a data breach has occurred by considering the following criteria:

- Is personal information involved?
- Is the personal information sensitive in nature?
- Has there been unauthorised access to, or disclosure of personal information?
- Has personal information been lost in circumstances where unauthorised access to the information is likely?

#### **2. Report the Data Breach**

2.1 Notify the Privacy Officer/Data Breach Response team member of the actual, potential or suspected data breach.

2.2 If decided it constitutes a notifiable data breach, complete a Data Breach Process Form within 48 hours of the data breach. This should include:

- description of data breach;
- summary of action(s) taken;
- summary of outcomes from action taken; and
- outline of processes taken to prevent recurrence.

2.3 Notify affected individuals in writing within 30 days of the data breach. Prepare a written statement containing:

- our contact details;
- a description of the data breach;
- the type of information concerned; and
- the recommended steps to mitigate the harm that may arise from the data breach.

#### **3. Assess the Impact**

3.1 Assess severity of impact of data breach by considering:

- the type and extent of personal information involved;
- the number of individuals affected;
- if the information is protected by security measures (e.g. password protection, encryption, multi-factor authentication);
- type of person or entity that has unauthorised access;

- whether there is, or may be a significant risk of serious harm to the affected individual(s); and
- if there will be or may be media or stakeholder attention due to the actual, potential or suspected data breach.

#### **4. Further Actions**

- 4.1 Take immediate corrective actions. This may include:
- recovering personal information to the extent possible;
  - closing off further unauthorised access; and/or
  - shutting down or isolating technology systems.
- 4.2 Document all actions and evidence.
- 4.3 Engage independent cyber security expert, if appropriate.
- 4.4 Develop a media communication strategy, if required.
- 4.5 Identify lessons learned and implement actions for continuous improvement.

#### **SUPPORTING DOCUMENTS**

- Document Control Register
- Data Breach Process Form

#### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

#### **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Manual Handling Policy and Procedure

Policy area	Work Health and Safety
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Work Health and Safety Act 2011 Work Health and Safety Regulations Safe SafeWork Australia's Hazardous Manual Tasks Code of Practices NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to safe manual handling practices.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Manual Handling</b>	Any activity that involves lifting, pushing, pulling, carrying, moving, holding or restraining. It also includes sustained and awkward postures or repetitive movements.
<b>Hazardous Manual Task</b>	A task requiring a person to lift, lower, push, pull, carry, or otherwise move, hold or restrain any person, animal or thing involving one or more of the following: <ul style="list-style-type: none"> <li>● repetitive or sustained force</li> <li>● a high or sudden force</li> <li>● repetitive movement</li> <li>● sustained or awkward posture</li> <li>● exposure to vibration.</li> </ul> <p>These hazards directly stress the body and may lead to an injury.</p>

<b>Musculoskeletal Disorder (MSD)</b>	<p>An MSD includes:</p> <ul style="list-style-type: none"> <li>● sprains and strains of muscles, ligaments, and tendons;</li> <li>● back injuries, including damage to the muscles, tendons, ligaments, spinal discs, nerves, joints, and bones;</li> <li>● joint and bone injuries or degeneration, including injuries to the shoulder, elbow, wrist, hip, knee, ankle, hands, and feet;</li> <li>● nerve injuries or compression (e.g., carpal tunnel syndrome);</li> <li>● muscular and vascular disorders as a result of hand-arm vibration;</li> <li>● soft tissue injuries, including hernias; and</li> <li>● chronic pain.</li> </ul> <p>An MSD can occur in two ways:</p> <ul style="list-style-type: none"> <li>● gradual wear and tear to joints, ligaments, muscles, and intervertebral discs caused by repeated or continuous use of the same body parts, including static body positions; and</li> <li>● sudden damage caused by strenuous activity or unexpected movements such as when loads being handled move or change position suddenly.</li> </ul> <p>Injuries can also occur due to a combination of the above mechanisms.</p>
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## CONTEXT

Stellar Experiences is committed to ensuring safe manual handling practices to ensure guest and worker health and safety.

## POLICY STATEMENT

### 1. Risk Management

- We will manage health and safety risks in relation to manual handling and hazardous manual tasks by following the best practice recommendations of SafeWork Australia's Hazardous Manual Tasks Code of Practices.
- We will conduct thorough risk assessments for guests requiring manual handling, to ensure safe and appropriate practices are being used.
- We will implement processes to ensure all workers are aware of their responsibility under WHS legislation to, as far as is reasonably practicable, take care of their own, and others' health and safety in relation to safe manual handling, in the workplace.
- We will minimise foreseeable risks, as far as is reasonably practicable, by implementing appropriate risk-assessed control measures.

- We will conduct ongoing review and monitoring of risks and controls and action continuous improvement in safety practices as required.

## **2. Incident Investigation and Reporting**

- We will report any incidents (including 'near misses'), hazards and risks in accordance with our Incident Management Policy and Procedure and Work Health and Safety Policy.
- We will complete mandatory regulatory reporting in required timeframes and formats and in accordance with the Reportable Incident Management Procedure.
- We will investigate all incidents, including 'near misses', take appropriate remedial action to ensure health and safety of all people involved and conduct ongoing monitoring and review.

## **3. Information and Record-keeping**

- We will ensure information and records are accurate and up to date in relation to guests' manual handling requirements and workers' manual handling tasks and activities.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **4. Worker Training and Supervision**

- We will maintain a skilled and trained workforce in safe manual handling practices.
- We will ensure workers complete and pass induction training and annual 'refresher' training in safe manual handling practices in accordance with current WHS standards.
- We will ensure workers are assessed as competent in manual handling for a specific guest before providing services to the guest.
- We will maintain processes to adequately monitor and supervise workers and take appropriate action if practices are not consistent with this policy.

## PROCEDURES

### 1. Guest Review and Assessment

- 1.1 Seek input from the guest, their family/alternate decision-maker/advocate on safe manual handling practices that best suits the guest's needs, circumstances, preferences and goals.
- 1.2 Conduct an initial assessment of manual handling risks and hazardous manual tasks and agree on appropriate control strategies with the guest/family/alternate decision-maker/advocate.
- 1.3 Document risks and agreed risk controls in the guest's Risk Assessment Form.
- 1.4 Conduct annual risk assessments (more often if required) to ensure manual handling aids, equipment and processes are appropriate, least intrusive and restrictive as possible and encourage mobility and independence where possible.

### 2. Risk Management

- 2.1 Use manual handling aids and equipment (hoist, transfer board, slide sheet) in accordance with manufacturer's operating instructions, the Manual Handling Policy and this procedure and the Work Health and Safety Policy.
- 2.2 Complete all required WHS and manual handling induction and training and make sure you have been assessed as competent in safe manual handling processes by a qualified person.
- 2.3 Familiarise yourself with SafeWork Australia Hazardous Manual Tasks Code of Practice and make sure you understand the principles of safe manual handling. If you have any questions or concerns, notify the responsible officer and/or your manager.
- 2.4 Keep the environment and equipment clean using good hygiene practices and infection control measures, in accordance with the Infection Management Procedure.

**Table 1: Risk Management Process for Manual Tasks**

IDENTIFY	<p><b>What is the manual task?</b></p> <p><i>Using the body to lift, lower, push, pull, carry, or otherwise move, hold or restrain any person, animal or thing.</i></p> <p><b>Is the manual task hazardous?</b></p>	CONSULT
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	Application of force: <ul style="list-style-type: none"> <li>• repetitive</li> <li>• sustained</li> <li>• high</li> <li>• sudden</li> </ul>	Posture: <ul style="list-style-type: none"> <li>• sustained</li> <li>• awkward</li> </ul>	Movement: <ul style="list-style-type: none"> <li>• repetitive</li> </ul>	Exposure to vibration	
					
ASSESS	<b>What is the risk of Musculoskeletal Disorder (MSD)?</b>  How often and how long are specific postures, movements or forces performed or held?  What is the duration of the task?  Does the task involve high or sudden force?  Does the task involve vibration?  What is the source of risk?				CONSULT
	Work area design and layout	Systems of work	Nature, size, weight and number of persons, animals or things handled	Work environment	
					
CONTROL	<b>Is the task necessary?</b>  Can the source of risk (work area layout, environment) be changed?  Can mechanical aids be used to perform the task?  What training is needed to support the control measures?				CONSULT

		
<b>REVIEW</b>	<p><b>Conduct a review:</b></p> <ul style="list-style-type: none"> <li>• when the control measure is no longer effective</li> <li>• before a change at the workplace that is likely to give rise to a new or different health and safety risk that the control measure may not effectively control</li> <li>• if the new hazard or risk is identified</li> <li>• if consultation results indicate that a review is necessary</li> <li>• if a health and safety representative at the workplace requests a review.</li> </ul>	<b>CONSULT</b>

### 3. Incident Investigation and Reporting

- 3.1 Report any incidents and injuries (including 'near misses'), hazards and risks immediately to the responsible officer and in accordance with incident reporting requirements.
- 3.2 Complete mandatory regulatory reporting in the required timeframe and format.
- 3.3 Investigate all incidents and musculoskeletal injuries.
- 3.4 Input improvement actions into the Continuous Improvement Register and update policies and procedures as required.
- 3.5 Conduct ongoing monitoring and review.

#### RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents,
- ensuring the policy and procedure is effectively implemented across the service,
- monitoring worker compliance with the requirements of this policy and procedure;  
and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

**COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## Mealtime Management Policy and Procedure

Policy area	Mealtime Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators Aged Care Act 1997 Aged Care Quality and Safety Standards International Dysphagia Diet Standardisation Initiative

### PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to mealtime management.

### SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers) who support guests with their food, hydration and nutrition.

### DEFINITIONS

Term	Definition
<b>Dietitian</b>	An allied health professional who supports people to improve their nutrition and dietary habits. They also support people with health conditions such as diabetes, heart disease and eating disorders.
<b>Dysphagia</b>	The medical term to describe difficulty swallowing. As well as swallowing, it includes problems with eating, drinking, chewing, sucking, dribbling saliva and closing your lips.
<b>Mealtime Management Plan</b>	This is a document written by a health practitioner (dietitian, speech pathologist) which includes instructions and recommendations to ensure safe and nutritious meals for a guest requiring mealtime management (food and fluid modified textures, seating and positioning, feeding equipment, choking risks).
<b>Speech Pathologist</b>	An allied health professional who supports people with communication and/or swallowing difficulties.

## **CONTEXT**

Stellar Experiences recognises that everyone has a right to enjoy their food and their mealtime experience. We are committed to planning, preparing and providing safe, nutritious and enjoyable meals for our guests.

## **POLICY STATEMENT**

### **1. Identifying and Assessing Guests with Mealtime Management Requirements**

- We will identify guests requiring mealtime management and/or experiencing difficulties swallowing in the intake process, at guest reviews and during support provision.
- We will advise the guest's family/alternate decision-maker/advocate if the guest is identified as having mealtime management needs and/or difficulties swallowing and may need to be referred to a qualified health practitioner (dietitian, speech pathologist).
- We will ensure the family/alternate decision-maker/advocate are aware that the health practitioner should:
  - undertake a comprehensive assessment of the guest's nutrition and swallowing;
  - assess the guest's seating and positioning requirements for eating and drinking; and
  - develop/review the guest's mealtime management plan detailing their mealtime management needs, risks and required response actions.

### **2. Mealtime Management Plans**

- We will follow all instructions and recommendations in the guest's mealtime management plan developed by the qualified health practitioner, including food and fluid texture modifications and/or seating and positioning requirements if required.
- We will ensure the guest, with their consent, has an active role in assessing and developing their mealtime management plan.
- We will ensure the guest's mealtime management plan is available and accessible to the guest, to workers providing mealtime management support and to others as required during transitions of care (hospital, short-term accommodation/respice).

### **3. Meal and Menu Planning, Preparation and Provision**

- We will partner with the guest, ensure the guest has informed choice and is actively involved in menu planning and the meals prepared and provided (including for texture-modified diets).
- We will take into consideration any allergies the guest may have and cultural and religious preferences in the meal and menu planning and preparation process.
- We will make reasonable efforts to provide (either prepared or bought) meals that are safe, nutritious, offer menu variety, are well presented and would reasonably be expected to be enjoyable.
- We will, where possible, offer guests choice at each meal for what, when, where and how they eat and drink.
- We will provide meals, drinks and snacks to guests (including those with specialised dietary needs and/or requiring support to eat) that are:
  - appetising;
  - flavourful;
  - presented in an appealing way (including using tools such as moulds to present texture-modified foods);
  - prepared and served safely and at the correct temperature;
  - in accordance with each guest's assessed needs and preferences; and
  - reflect the menu provided.
- We will provide a dining environment that supports social engagement and a sense of belonging and enjoyment.

### **4. Food, Hydration and Nutrition**

- We will, where possible, encourage and support each guest to adopt good nutrition, hydration and lifestyle habits to maximise their health and wellbeing.
- On overnight supports we will ensure guests are offered and able to access nutritious food snacks and drinks (including water) at all times.
- We will support guests to eat and drink adequately by:
  - ensuring sufficient workers are available to provide the support;
  - prompting and encouraging guests to eat and drink adequately and regularly;
  - identifying guests who require support to safely eat or drink;

- o physically supporting guests who require physical support to safely eat and drink as much as they want, at their preferred pace (and not rushing them to eat and drink).

## **5. Risk Management**

- We will escalate any health-related risks and concerns observed (including unexpected significant weight changes, change in mood, alertness, general 'wellness') immediately to the guests family/alternate decision-maker/advocate.
- We will manage emerging and chronic risks related to mealtime (dysphagia, anaphylaxis, food allergies, obesity, being underweight) in accordance with the mealtime management plan.
- We will ensure our workers have the knowledge and training to:
  - o identify, monitor and respond to swallowing and choking risks, including when the guest is eating, drinking, taking oral medications and during oral care; and
  - o apply the appropriate emergency response if a guest is choking, in accordance with their mealtime management plan and the Practice Guidelines - Choking.

## **6. Monitoring and Continuous Improvement of Food Services**

- We will implement and maintain a system to monitor and continuously improve our food service(s) in response to:
  - o guest feedback and satisfaction in relation to the food, drink and dining experience;
  - o the nutritional needs of our guests (including review of identified and unplanned guest weight loss or malnutrition);
  - o the impact of food and drink on guest health outcomes; and
  - o contemporary, evidence-based practice regarding food and drink.

## **7. Food Storage**

- We will store food/meals for guests with mealtime management plans safely and in accordance with health standards.
- We will label food/meals which are part of a guest's mealtime management clearly so they are easily identifiable and differentiated from other guests' food/meals.

## **8. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure guest privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **9. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of the importance of following a guest's mealtime management plans, the risks involved and how and when to escalate to a health practitioner.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Planning Meals as part of a Mealtime Management Plan**

- 1.1 Provide the guest with information and discuss the mealtime management plan with them, and the potential consequences of not following the plan.
- 1.2 Seek input from the guest or family/alternate decision-maker/advocate to establish what type of mealtime supervision or assistance the guest needs, based on the mealtime management plan. This may include food or fluid texture modification, cutting food into small pieces or specific seating or positioning.
- 1.3 Ensure supervision or assistance required (see 1.2 above) is implemented and that every worker providing support to the guest is aware and trained in how to do this.
- 1.4 Partner with the guest, or their family/alternate decision-maker/advocate, to actively gain their input in the menu and meal planning process.

### **2. Preparing and Providing Meals as part of a Mealtime Management Plan**

- 2.1 Maintain hand hygiene at all times prior to, during and following mealtime management.
- 2.2 Follow the mealtime management plan and make sure the meals prepared and provided are consistent with all instructions and recommendations in the plan. If they are not, escalate to a manager or the qualified health practitioner.

- 2.3 Consider who the guest wants to share their mealtime experience with and organise this, if possible.
- 2.4 Actively seek input from the guest or their family/alternate decision-maker/advocate on ways to prepare and present meals that are culturally safe.
- 2.5 Support the guest to understand how to request, plan and prepare preferred meals and to learn basic food safety, if required.
- 2.6 Where possible, and in accordance with the guest's mealtime management plan, for each meal provide the guest with choice about what, when, where and how they eat and drink.
- 2.7 Partner with the guest, to obtain their input into what makes it a positive, enjoyable and safe environment for them and how it can promote a sense of belonging, engagement and reablement and implement their wishes. It may include adjusting lighting or noise levels, inviting other residents to join in the mealtime experience, placing the table near a window).
- 2.8 On overnight supports make sure there are nutritious snacks and drinks (including water) available to the guest at all times and provide any required support and assistance with this, in accordance with their mealtime management plan.

### **3. Risk Management**

- 3.1 Follow all instructions on the mealtime management plan to manage identified risks (dysphagia, food allergies, nutrition or weight issues).
- 3.2 Identify and escalate any nutrition or swallowing difficulties or other health-related risks and concerns immediately to a qualified health practitioner.
- 3.3 Identify barriers, challenges or strategies that are not working and make sure this information is escalated and documented as required.
- 3.4 Apply emergency response if guest is choking in accordance with their mealtime management plan and the Practice Guidelines - Choking.
- 3.5 Take the guest's mealtime management plan and any applicable emergency procedures/guidelines on all guest outings and in transitions of care.
- 3.6 Encourage the guests family/alternate decision-maker/advocate to arrange to have the guest's mealtime management needs regularly reassessed by a qualified health practitioner (accredited practising dietitian, speech pathologist) to include assessment of nutritional needs, dining/seating/positional needs, clinical needs).

#### **4. Nutrition and Lifestyle Choices**

- 4.1 Support the guest to access information and services to improve their nutrition and lifestyle choices as requested and required and if applicable (balanced diet, less alcohol, more water).

#### **5. Food Storage**

- 5.1 Store meals safely and in accordance with health standards and instructions in the mealtime management plan.
- 5.2 Label food/meals to clearly identify who they are for, in a group setting — and keep them separate from other food/meals of other guests.
- 5.3 Ensure cooked food is appropriately covered and placed above raw food in the fridge.

#### **6. Information and Record-keeping**

- 6.1 Keep the guest's mealtime management plan in a safe and secure location in group settings to maintain their privacy and dignity.
- 6.2 Ensure the mealtime management plan is accessible to the guest and all authorised stakeholders
- 6.3 Communicate with other service providers so that accurate information and records are shared, with the guest's or their family's/alternate decision-maker's consent, to ensure continuity of support in different settings.

#### **SUPPORTING DOCUMENTS**

- Mealtime Support Plan
- Nutrition and Swallowing Risk Checklist
- Practice Guidelines – Choking

#### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## Practice Guidelines — Choking

### Definition

Choking occurs when something gets stuck in the back of the throat and blocks the airway. When the airway has been partially blocked, the person can usually cough and still make noises. When it is blocked, the person cannot make any sound.

### Causes

As people age, their swallowing function can deteriorate, and their teeth can be weak or absent. There is a loss of muscle strength in the mouth and throat - this slows the swallowing process and makes it difficult for some people to swallow hard or dry solid foods. The surfaces in the mouth and throat are also less moist.

The following factors may increase the risk of choking:

- eating or drinking too quickly
- swallowing food before it is properly chewed
- swallowing small bones or small objects
- inhaling small objects.

### Common food choking hazards

Foods that present a choking hazard include:

- lollies/sweets
- raw peas
- meat, including chicken and fish (especially with bones)
- nuts
- raw carrot
- raw apple
- fruit pips and stones
- water and thin fluids — thickening agents can be added to make water more viscous.
- bread
- dairy foods.

## Prevention strategies

- Follow any dietary plan as outlined in the mealtime management plan.
- Do not rush the person to eat their meal.
- Keep noise and activities in the environment to a minimum.
- Do not encourage the person to drink fluids while eating.
- Do not encourage talking while the person is eating, as the epiglottis (the hinge-like flap at the base of the tongue that keeps food from entering your windpipe) does not know whether to open or close as it cannot register whether food or air is entering.
- Do not let the person eat lying down.
- Always peel fruit (e.g. apples, pears) before serving to a person.

## If a person is choking

- Firstly, check if they can cough. Encourage the person to cough as this may clear the blockage.
- If the person cannot cough, bend them forward, supporting their chest with one hand, and use the flat of your other hand to give a firm back blow between the shoulder blades.
- Check to see if the blockage has cleared before giving another blow.

## Observe, record, and report

- Be alert to any changes in the person's condition and signs of issues or risks in swallowing.
- Call **Triple Zero (000)** if it appears to be a life-threatening situation.
- Act quickly in passing on this information to a supervisor or clinical manager, and in the handover documentation.
- Complete internal and external reporting in accordance with required timeframes and formats and in accordance with the Incident Management Procedure and the Reportable Incident Management Procedure.

## Medication Management Policy and Procedure

Policy area	Medication Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct Privacy Act 1988

### PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to medication management.

### SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers) who support guests with medication management requirements.

### DEFINITIONS

Term	Definition
<b>Antimicrobial Agents/ Antimicrobial Resistance</b>	These are medications used to treat and prevent infections. They include antibiotics, antivirals, antifungals and antiparasitics. If antimicrobial agents are misused or overused, the microbes that cause infection can become resistant to them (antimicrobial resistance), causing infection to linger with negative impacts on the guest's health and wellbeing.
<b>Chemical Restraint</b>	The use of medication for the primary purpose of controlling a guest's behaviour, which may otherwise cause harm to themselves or others. This is a regulated restrictive practice and there are strict rules on how and when this should be used. See below 'psychotropic medications'.
<b>Cytotoxic Medications</b>	A substance that kills cells, including cancer cells. For example, chemotherapy and radiotherapy.

<b>Home Medicines Review</b>	A collaborative medication review for people in the community. A referral from a GP is required and an accredited pharmacist interviews the guest or family/alternate decision-maker/advocate and workers, reviews their medications and then provides a report to the guest's GP. It is fully funded by Medicare and available every 24 months to any person at risk of or experiencing medication-related adverse effects, or there is an identified clinical need.
<b>Medication Support</b>	This involves: <ul style="list-style-type: none"> <li>• reminding or prompting a guest to take their medication;</li> <li>• assisting with opening medication containers; and</li> <li>• providing other assistance, which does not include use of a medication aid.</li> </ul>
<b>Medication Assistance</b>	This involves: <ul style="list-style-type: none"> <li>• storing medicines;</li> <li>• opening medicine containers;</li> <li>• removing the prescribed dosage (from an approved container, such as a Webster Pack); and</li> <li>• giving the medicine to the guest in accordance with instructions on the pharmacy label.</li> </ul>
<b>Polypharmacy</b>	The use of five or more medications, or two or more psychotropic medications, at the same time, to treat one condition or multiple conditions. It includes the use of all prescription, over-the-counter and complementary medications.
<b>Pro Re Nata (PRN) Medications</b>	Medications taken or used 'as needed' — either over a long or short-term period. It is taken or used in response to specific conditions or symptoms.
<b>Psychotropic Medications</b>	Medication capable of affecting the mind, emotions and behaviour. They include (antidepressants/antianxiety, anticonvulsants, stimulants and opioids.
<b>Schedule 8 Medications</b>	These are 'controlled drugs' under the Therapeutic Goods Administration that must meet specific conditions when being produced, supplied, distributed, owned and used. They are classified as drugs of dependence. While they offer significant therapeutic benefits, they also have a high risk of misuse, abuse and dependence.

**CONTEXT**

Stellar Experiences is committed to providing safe and quality care and support to our guests.

We will implement and maintain a medication management approach that:

- is strictly within our scope of practice;
- follows directives and best practice recommendations from a qualified health practitioner as required;
- focuses on the safe and careful use of medications;

- does not constitute unauthorised restrictive practice (chemical restraint);
- encourages independence and capacity-building so guests can self-manage all, or some of their own medication(s) where possible;
- escalates health and medication-related risks, incidents and concerns promptly;
- upholds guest privacy and dignity; and
- facilitates information-sharing with relevant stakeholders to optimise guest outcomes.

## **POLICY STATEMENT**

### **1. Compliance with Health Practitioner Directives**

- We will follow the 12 Guiding Principles for Medication Management in the Community (Department of Health and Aged Care, 2022 edition).
- We will administer guest medications strictly in accordance with directions from a qualified health practitioner.
- We will proactively prevent or minimise antimicrobial resistance by administering, or supporting guests to self-administer, prescribed antimicrobial agents strictly in accordance with the health practitioner's instructions, and for longer than is required/prescribed.

### **2. Consent**

- We will encourage and support guests to be involved in their own medication management decision-making, where possible.
- We will obtain written consent from the guest or family/alternate decision-maker/advocate before we administer guest medication and before sharing medication information with other stakeholders.
- We will ensure the guest is aware that they can change or withdraw their consent at any time and support them to do so if requested.

### **3. Safe and Quality use of Medicines**

- We will maintain processes to support the guest's safe and quality use of medicines, including to:
  - o maintain a current and accurate record of all medicines, with clinical reasons for the treatment (including for PRN medications) and the details of the prescribing practitioner.

- o ensure workers and others providing care to the guest have access to the guest's up to date medicine list and other supporting information at transitions of care (going to hospital, hospice, short-term accommodation, residential care);
- o ensure medicine-related information is available to the guest and relevant workers;
- o ensure safe medicine administration, including assessing the guest's swallowing ability, providing alternative safe formulations (e.g. crushing medication) when required and as directed by a qualified health practitioner;
- o minimise interruptions and assisting with timely access to medicines (guest is prescribed a new medicine, change to medicine directed by a qualified health practitioner);
- o where required, assist with remote access for prescribed medicine; and
- o identify, monitor and mitigate risks to guests taking high-risk medicines, including reducing the inappropriate use of psychotropic medicines.

#### **4. Medication Errors, Omissions and Incidents**

- We will maintain processes to minimise the risk of medication errors, omissions and incidents.
- We will take appropriate action(s) as required to ensure the health, safety and wellbeing of the guest in the event there is a medication error, omission and incident.
- We will conduct internal and external reporting of medication errors, omissions and incidents in accordance with required timeframes and formats.
- We will document medication errors, omissions and incidents in the guest file and other guest documents (e.g. Support Plan) as required.
- We will document medication errors, omissions and incidents in the Incident Register to identify trends, gaps and areas for improvement and take remedial action(s) as required (changes to worker rostering, improved communication, training and supervision, revision of policies and procedures).
- We will contact the guest's health practitioner and/or family/alternate decision-maker/advocate if the guest chooses not to take their medication, or if they miss a dose and/or if they no longer have capacity to self-manage their medication. Note: We will obtain the guest's written consent to do this.

## **5. Medication Storage and Disposal**

- We will store medications safely and securely and in accordance with the manufacturer's instructions and best practice guidelines (in the fridge, at room temperature).
- We will store medications in a way that safeguards guests and also others who live, work or visit the home (including children and pets).
- We will ensure medications are stored separately to antiseptics, disinfectants and other chemicals.
- In a supported accommodation (SIL, STA or SDA) setting, we will:
  - store Schedule 8 drugs in a lockable room and/or in a steel lockable storage facility fixed to the floor or wall;
  - ensure medications can only be accessed by people authorised to access them;
  - uphold the guest's privacy and dignity in terms of discretion and confidentiality; and
  - clearly label guests' medications so they can be distinguished from other residents' medications.
- We will return to the pharmacy medications in their original packaging or in a dose administration aid (Webster pack) that are expired, or no longer being administered to, or taken by the guest.

## **6. Transition of Care Between Different Environments**

- We will communicate and share information as required with other service providers, (with the guests or family/alternate decision-maker/advocate's consent) to ensure the guest continues to receive their prescribed medications if they are transitioning in or out of our services.

## **7. Assessments, Monitoring and Review**

- We will conduct guest risk assessments at intake, during reviews and service provision and escalate any health and medication-related issues, risks or concerns.
- We will communicate and collaborate with qualified health practitioners as required.
- We will maintain a process to ensure medication reviews by a qualified health practitioner are conducted:
  - at intake;
  - when there is a transition of care between different environments;
  - annually when care is ongoing;

- o when there is a change in diagnosis or an observed deterioration in behaviour, cognitive or physical function, capacity or condition;
  - o when there is polypharmacy (multiple medications) and the potential to reduce the number of medications;
  - o when a new medicine is started, or there is a change to an existing medicine or the medication management plan; and/or
  - o when there has been an incident or adverse event that is potentially related to medicines.
- We will ensure a qualified health practitioner reviews, plans and makes changes to medicines for the guest, when the guest is acutely unwell.
  - We will organise a Home Medicines Review to eligible guests, every two years.
  - We will regularly review and improve the effectiveness of our system and processes for the safe and quality use of medicines.

## **8. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will document existing or known allergies or side effects to medicines, vaccines or other substances at intake/commencement of services and monitor and update documentation when new allergies or side effects occur.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **9. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which has required medication management training in the purpose of medication, medication effects and side-effects and how to respond to and escalate medication incidents.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Providing Medication Support**

- 1.1 Complete the '7 Rights' medication administration check **each time** before administering medication to a guest:

1. Right Guest
2. Right Medication
3. Right Dosage
4. Right Route
5. Right Time
6. Right Documentation
7. Right to Refuse.

1.2 Identify the guest (as per point 1.1 above).

1.3 Check that the label on the medication correctly identifies the guest.

1.4 Check the date on the label of the medication to make sure it is current (i.e. not expired).

1.5 Administer the medication either from a:

- dose administration aid (e.g. Webster pack);
- 'box' medication device filled by a pharmacist, doctor, dentist or other authorised person; or
- pharmacy container labelled with the guest's name.

1.6 For guests with medication-related difficulties swallowing or breathing or who are managing multiple medications, also refer to (respectively) the:

Medication Management - Difficulty Swallowing Procedure;

Respiratory Depression Medication Procedure; and/or

Polypharmacy Procedure.

### **Administering High-risk Medications**

1.7 For Schedule 4 (Prescription Only Medicine) and Schedule 8 (Controlled Drugs) that are not in a pharmacist-filled webster pack, make sure you have/are a registered nurse and have an authorised witness available ('authorised' means a nurse, pharmacist, GP or other medical practitioner) when removing high-risk medications from storage to administer to a guest.

**Note:** This does not apply if the guest is self-administering their medication.

1.8 Before administering the medication, confirm the identity of the guest again (by asking them their name and date of birth), check correct dosage, time, route and administer according to instructions on the label.

1.9 If a support worker is administering the high-risk medication from a pharmacist-filled webster pack, make sure you/they are trained in medication administration and have been assessed as competent by an authorised health practitioner (e.g. registered nurse).

**Note:** Support workers administering medications must understand the effects and side effects of the medications and the steps to take in the event of a medication incident.

- 1.10 Complete and sign the Medication Administration Chart and Record. If there is a witness, they must sign too.
- 1.11 Check state or territory regulatory requirements in relation to documenting Schedule 8 drugs in a Schedule 8 Drugs Register.

## **2. Response Actions**

- 2.1 If the guest chooses not to take their prescribed medication(s), notify your manager and/or qualified health practitioner and take further advice from them.
- 2.2 Monitor the guest for any adverse side effects of the medication. Take required action(s) if you have any concerns. This may include:
  - ringing Triple Zero (000) if you think it is a life-threatening situation;
  - notifying your manager and/or the guest's family/alternate decision-maker/advocate;
  - ringing 24-7 MedCare on 13 92 47 or state/territory equivalent for telehealth advice; and/or
  - accessing the NPS MedicineWise app (managed by the Australian Commission on Safety and Quality in Health Care).
- 2.3 Document symptoms and actions taken in the guest's health record. Update any other documents as required (support plan, behaviour support plan).
- 2.4 Record this as an incident on the Medication Incident Form.
- 2.5 Conduct internal and external incident reporting in the required timeframes and formats.

## **3. Medication Errors**

- 3.1 Check on the guest's health and wellbeing and take any immediate action(s) required. If you are concerned it could be a life-threatening situation, call Triple Zero (000).
- 3.2 Identify the nature of the error.
- 3.3 Notify manager and/or family/alternate decision-maker/advocate and follow any advice.
- 3.4 Complete an Incident Investigation Form.
- 3.5 Conduct internal and external reporting in the required timeframes and formats.
- 3.6 Continue to check on the guest's wellbeing.

#### **4. Medication Storage and Disposal**

- 4.1 Check the medications are stored safely and securely to safeguard the guest and others visiting the home. If required, assist the guest or family/alternate decision-maker/advocate to obtain and use a locked box, or other suitable container or cupboard to safely store the medications.
- 4.2 Store Schedule 8 medications in a lockable room and/or in a lockable storage facility firmly fixed to a floor or wall. Notify your manager if this is not in place.
- 4.3 Take back any expired, unwanted or untaken medications to the pharmacist in their original packaging or in the dose administration aid.

#### **5. Documentation and Record-keeping**

- 5.1 Record the date and time of medication administration on the Medication Chart or a pharmacy-generated Medication Chart.
- 5.2 Document any changes to the guest's health status and/or medication incidents in the guest's health record and update other documents as required (e.g. support plan, behaviour support plan, complex health plan).
- 5.3 Document any observed new allergies or side effects to medicines, vaccines or other substances, make sure the Support Plan is updated and escalate accordingly.

#### **6. Worker Training and Supervision**

- 6.1 Complete all required medication management training. For support workers, this includes First Aid and Cardiopulmonary Resuscitation (CPR) training. You must have completed and passed this training before providing support to guests.
- 6.2 If you support guests taking high-risk medications (e.g. Schedule 8 Controlled Drugs, psychotropic and cytotoxic medications), Stellar Experiences will not administer or support a guest who is taking high-risk medications. Stellar Experiences can not administer PRN medications and will only be able to support a guest if they are able to self administer their PRN medication.
- 6.3 Undertake required supervisions with your manager and discuss any concerns you have.

#### **SUPPORTING DOCUMENTS**

- Annual Medication Administration Competency Assessment
- Medication Administration Chart
- Medication Administration Record

- Medication Collection and Storage Register
- Medication Plan and Consent Form
- Medication Incident Report Form
- Medication Risk Assessment
- Medication Risk Indemnity Form
- Self-Administration of Medication Assessment Form

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Mobile Phone Policy

Policy area	Mobile Phone Policy
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	2
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to ensuring all staff and volunteers remain consistently focused on our vision and the purpose behind each of our experiences, programs and supports.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## CONTEXT

Stellar Experiences is committed to prioritising our guests' and maintaining the quality of our service. Staff have a critical role on each and every experience, and the development of our guests relies upon how staff carry out their role. There are continual opportunities throughout an experience for staff to model prosocial behaviours, encourage and foster positive social interactions, initiate meaningful connections with and between guests, demonstrate effective and appropriate interpersonal and social skills, and ensure each guest is not only included in every experience, but made to feel as if they belong and their support needs are being met.

## POLICY STATEMENT

Mobile phones can act as a significant barrier to staff's ability to fulfil their role, and as such there are guidelines surrounding the use of mobile phones during an experience. In relation to staff mobile phone usage during an experience, each of the below applies at all times:

- Mobile phones must only be used for work-related matters. This includes taking photos and/ or videos for Stellar Experiences purposes; contacting guests and/or guest families/

caregivers for matters regarding the experience; contacting activity providers or meal venues; contacting Stellar Experiences management; for emergency purposes.

- It is preferred that staff inform guests and fellow staff on an experience of the purpose for using their phone. Mobile phones are not to be used for personal reasons at any time. This includes making personal phone calls; personal text messaging; personal use of social media; any other personal use of applications, web browsing or other mobile phone use
- It is preferred that a Stellar Experiences mobile phone is used when available on an experience for any photos, video, guest/family contact or other work-related matter.

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager and Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct.

# Prevention of Respiratory Infections Procedure

Policy area	Guest Health and Wellbeing
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this procedure is to explain how Stellar Experiences supports guests with respiratory infection management requirements.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Aspiration Pneumonia</b>	The medical term for when food or drink goes down a person's airways and into their lungs and causes pneumonia. It can be fatal.
<b>Infection</b>	The invasion and growth of microorganisms such as bacteria, viruses and fungi in the body.
<b>Infectious Agents</b>	Organisms that produce infection or infectious disease.
<b>Influenza (the flu)</b>	A common seasonal respiratory virus with transmission typically peaking during mid to late winter each year. It spreads through human-to-human contact or droplets (sneezing, coughing or talking). Symptoms include fever, cough, sore throat, runny nose and aching muscles and joints.
<b>Respiratory Infection</b>	This is usually short term (acute) and caused by infectious agents such as bacteria or viruses. Common types include:

	<ul style="list-style-type: none"> <li>• common 'cold';</li> <li>• influenza;</li> <li>• Covid-19;</li> <li>• bronchitis;</li> <li>• sinusitis;</li> <li>• bronchopneumonia; and</li> <li>• pneumonia.</li> </ul>
<b>Respiratory Disease</b>	<p>This is usually long term (chronic), non-infectious. Common types include:</p> <ul style="list-style-type: none"> <li>• asthma;</li> <li>• chronic obstructive pulmonary disease;</li> <li>• bronchiectasis; and</li> <li>• lung cancer.</li> </ul>

## CONTEXT

Stellar Experiences recognises the importance of good respiratory health to prevent respiratory infection and disease. We will:

- encourage and support guests to adopt and maintain good nutrition and healthy lifestyle habits;
- adopt, and encourage and support guests to adopt, good hand and respiratory hygiene practices;
- escalate respiratory infection-related issues, concerns and risks promptly as required;
- provide support in a way that is culturally safe and communicated in a language, mode and method that the guest is most likely to understand;
- uphold guest privacy and dignity; and
- enable independence and capacity-building where possible.

## PROCEDURES

### 1. Identifying Risk Factors

1.1 Be aware that guests with other health conditions are at higher risk of respiratory problems.

Escalate to a health practitioner if you have any concerns. Other conditions may include:

- dysphagia (difficulty swallowing);
- dental problems;
- gastro-oesophageal reflux disease;

- epilepsy;
  - obstructive sleep apnoea;
  - asthma; and
  - chronic obstructive pulmonary disease.
- 1.2 Be aware that psychotropic medication and polypharmacy can increase the risk of swallowing difficulties which can contribute to respiratory difficulties.
- 1.3 Recognise signs and symptoms of respiratory infection. This may include:
- difficulty breathing, noisy breathing or 'wheezing';
  - persistent cough;
  - coughing while eating or drinking;
  - coughing up mucus or blood;
  - persistent runny nose;
  - abnormal temperature;
  - unexplained weight loss; and
  - difficulty sleeping.
- 1.4 Be aware that changes in behaviour may indicate respiratory infection. This may include:
- Change in mood or behaviour (being quieter and more withdrawn; or being more active and aggressive);
  - in children – not gaining weight and/or developmental milestones not being reached, or relapsing;
  - in adults – unexplained weight loss;
  - loss of appetite or sore throat; and
  - sleeping difficulties (breathing sounding 'gurgly' when lying on back, or suddenly waking up in the middle of the night).

## **2. Providing Support**

- 2.1 Encourage and support the guest to be independent and self-manage, as far as possible, their own good nutrition and hygiene practices.
- 2.2 Observe the guest, and seek their input, if there are adverse changes in mood, behaviour or general 'wellness' that may indicate they have a respiratory infection or disease.
- 2.3 Discuss with the guest and/or family/alternate decision-maker/advocate for further information and guidance and obtain consent for referral to a qualified health practitioner if requested or required.

- 2.4 Support the guest to take any required follow up actions as directed or recommended by the health practitioner (e.g. obtaining and taking new medication, organising another referral, changing current habits or routines).
- 2.5 Encourage and support the guest to access information and/or other services as requested or required.
- 2.6 Organise for the guest to have a comprehensive health assessment completed with input from a health practitioner annually, or more often if required.

### **3. Respiratory Management Plan**

- 3.1 Support the guest to take required actions in accordance with the respiratory management plan (e.g. Asthma Action Plan), if the guest has one.
- 3.2 If you observe breathing is not being managed by following the respiratory management plan, obtain the guest or family/alternate decision-maker/advocate's consent to refer to a qualified health practitioner for further assessment.

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this procedure; and
- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

### **COMPLIANCE**

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Privacy and Dignity Policy

Policy area	Privacy and Dignity
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Privacy Act 1988 Australian Privacy Principles NDIS Act 2013 NDIS Practice Standards and Quality Indicators UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to upholding each person’s human and legal right to privacy and dignity.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Duty of Care</b>	The legal and ethical responsibility to take reasonable care not to cause foreseeable harm to another person or their property.
<b>Dignity of Risk</b>	The right of a person to make their own informed choices, and live the way they want to live, even if there are risks involved.
<b>Personal Information</b>	This is defined in the Privacy Act 1988 as follows: ‘Information or an opinion about an identified individual, or an individual who is reasonably identifiable: <ul style="list-style-type: none"> <li>a) whether the information or opinion is true or not;</li> <li>b) whether the information or opinion is recorded in a material form or not.’</li> </ul> It includes:

	<ul style="list-style-type: none"> <li>● <b>information about a person’s private or family life</b> (e.g. name, signature, email address, phone number, date of birth, medical records, bank account details and employment details);</li> <li>● <b>information about a person’s working habits and practices</b> (e.g. work address, contact details, salary, job title);</li> <li>● <b>commentary or opinion about the person</b> (e.g. written comments by a referee, trustee, journalist).</li> </ul> <p>Information that does not identify an individual or information that is not ‘about’ an identified individual is not included in ‘personal information’.</p>
<b>Sensitive Information</b>	<p>This is a type of ‘personal information’ and includes information or opinion about an individual’s racial or ethnic origin, political opinion, religious beliefs, sexual orientation or criminal record. Health information is also classified as ‘sensitive information’.</p>

**CONTEXT**

Stellar Experiences recognises that each individual has a legal and human right to privacy and dignity. We will:

- exercise our duty of care to uphold our guests’ privacy and dignity in all aspects of service delivery;
- implement secure, compliant and transparent processes for collecting, using, disclosing and storing personal and sensitive information;
- maintain an effective information system to protect information and ensure individuals’ privacy and confidentiality;
- recognise a person’s right to exercise ‘dignity of risk’

**POLICY STATEMENT**

**1. Compliance**

- We will comply with all applicable federal and state/territory legislation, regulations, standards and principles in relation to the collection, use, disclosure, retention and storage of personal and sensitive information.
- We will conduct regular audits to ensure the integrity of our information management and privacy protection processes.

## **2. Communication and Consent**

- We will discuss with the guest or family/alternate decision-maker/advocate their rights in relation to privacy and confidentiality in a language, mode and method they are most likely to understand.
- We will explain to the guest and/or family/alternate decision-maker/advocate, in a language, mode and method they are most likely to understand, the types of information we collect from them, why we collect it and how we use and store their information.
- We will obtain written consent from the guest and/or family/alternate decision-maker/advocate before disclosing and sharing personal information with third parties.
- We will ensure the guest is aware of their right to change or withdraw their consent in relation to their personal information at any time and support them to do so, if requested.

## **3. Access**

- We will provide the guest and/or family/alternate decision-maker/advocate with access to the guest's personal information and assist them to make changes to their personal information, if requested.
- We will discuss with the guest and/or family/alternate decision-maker/advocate, in a language, mode and method they are most likely to understand, circumstances when their personal information may be accessed by authorised personnel (e.g. law enforcement, official investigation, public health order).
- We will take reasonable measures to ensure personal information is stored safely and securely and protected against misuse, loss, unauthorised access or interference.

## **4. Duty of Care and Dignity of Risk**

- We will uphold our duty of care to each guest, and balance this with their right to take informed risks (dignity of risk) if they so choose.

## **5. Complaints**

- We will discuss with the guest their right to lodge a complaint, both internally and externally, if they have a concern about their personal and sensitive information and privacy and support them to do so if requested.

- We will discuss with the guest their right to engage an advocate to speak on their behalf and raise any privacy or confidentiality concerns they have.

## **6. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **7. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of guests' human and legal rights and in particular, the right to privacy and dignity.
- We will maintain processes to adequately monitor and supervise workers.

## **SUPPORTING DOCUMENTS**

- Data Breach Process Form
- Privacy and Confidentiality Agreement
- Privacy Statement

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## Progress Note Policy

Policy area	Progress Note
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Privacy Act 1988 Australian Privacy Principles NDIS Act 2013 NDIS Practice Standards and Quality Indicators UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child NDIS Code of Conduct

### PURPOSE

The purpose of this policy is to explain Stellar Experiences guidelines and procedures for completing shift notes within Stellar Experiences. The policy aims to provide clarity and understanding for staff surrounding the requirements of their role for each shift type in relation to progress note documenting.

### SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

### DEFINITIONS

Term	Definition
<b>Progress Note</b>	Progress Notes are record details to document a guests development towards NDIS goals or achievements during Individual (1:1) supports, Group-Based Supports and Overnights.

### CONTEXT

Stellar Experiences recognises that each guests has individual goals that they are working towards outlined in their NDIS Plan. It is a requirement of the staff's role to ensure that guests are continuously working towards these goals. Guests' development and achievements towards these goals are outlined in their Progress Notes.

## **POLICY STATEMENT**

### **1. Individual (1:1) Supports**

- Progress notes must be completed for each 1:1 support worked. These notes must be completed as soon as feasible after the completion of that shift, to ensure accurate documenting of skill development progress.
- Progress notes should be aligned with capacity building toward guest NDIS goals. Staff are encouraged to use the '*1:1 Goal Action Plan*' whenever practical to ensure progress notes are structured in a clear and concise manner. A photo of this document is then to be uploaded to ShiftCare, which serves as the progress notes for that particular support.
- On supports where the '*1:1 Goal Action Plan*' is not able or suitable to be implemented, support workers must complete their progress notes in the spaces provided within ShiftCare. These notes should again reflect any skill development and progress made toward guest NDIS goals, and be structured in a similar manner outlined in the '*1:1 Goal Action Plan*'.

### **2. Group-Based Supports**

- Progress notes must be completed after each group-based support worked. This includes group programs, experiences and other supports involving more than one guest.
- These notes must be completed as soon as feasible after the completion of that shift, to ensure accurate documenting of skill development progress.
- Progress notes for group-based supports only need to be completed for those guests who have been allocated to you within your shift details.
- It is your responsibility to read and understand a guest's goals and support needs, and to complete progress notes in alignment with these at the completion of each shift. These progress notes are to be made in ShiftCare in the spaces provided.
- Progress notes for group-based supports only need to be completed for those guests who have been allocated to you within your shift details.
- It is your responsibility to read and understand a guest's goals and support needs, and to complete progress notes in alignment with these at the completion of each shift. These progress notes are to be made in ShiftCare in the spaces provided.

- Progress notes for group-based supports only need to be completed for those guests who have been allocated to you within your shift details.
- It is your responsibility to read and understand a guest's goals and support needs, and to complete progress notes in alignment with these at the completion of each shift. These progress notes are to be made in ShiftCare in the spaces provided.
- Progress notes for group-based supports only need to be completed for those guests who have been allocated to you within your shift details.
- It is your responsibility to read and understand a guest's goals and support needs, and to complete progress notes in alignment with these at the completion of each shift. These progress notes are to be made in ShiftCare in the spaces provided.

### 3. Progress Note Considerations

It's important to consider several factors when completing progress note documentation, including:

- Remain objective: note down only what you see and hear, avoid giving your own opinion or interpretation;
- Use complete terms: write out complete terms whenever possible, instead of using slang, acronyms or abbreviations;
- Keep notes clear and concise: focus on any progress toward goals or skill development that was achieved during the shift. You should be specific, accurate and to the point;
- Keep notes timely: write your progress notes at the end of every shift, writing down your observations, important notes and any specific achievements towards a goal as soon as possible or practical;
- Progress notes are legal documents: progress notes can be subpoenaed if ever required for legal proceedings

### 4. Support and Training

- Stellar Experiences can provide support and training surrounding progress note documentation at any time, at the request of the staff member.
- Stellar Experiences will also provide whole staff training intermittently at staff training and team meeting events.

- This support and/or training can be requested by the staff member through your Direct Manager, Senior Support Worker and/or Staff Development and Initiative Lead.
- Once requested training will be organised with that staff member, as well as ongoing follow up and guidance.

## **5. Non-Completion of Progress Notes**

It is important to remember that progress notes are a mandatory requirement for the role of support worker with Stellar Experiences. If instances arise where staff are not completing progress notes, the following process will take place:

- A reminder from your Direct Manager to complete your progress notes in a timelier manner;
- An informal discussion with your Direct Manager to ascertain the reasons for non-completion of progress notes;
- A formal meeting with your Direct Manager or other member of the management team where a performance review process will be developed and put into action;
- Termination due to failure to fulfil the obligations of your role

## **6. Conclusion**

- Progress notes are a requirement of your role with Stellar Experiences.
- They are also essential documentation for our guests in tracking goal progress during our supports, and contributing to their acquisition of ongoing funding.
- Progress notes provide a pivotal role in ensuring Stellar Experiences can maintain the high quality supports and professionalism we pride ourselves on, and as support workers we are committed to ensuring you have the knowledge, skills and support to complete these at a consistently high standard.

## **SUPPORTING DOCUMENTS**

- Code of Conduct
- Job Description
- Staff Contracts

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager and Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Psychosocial Recovery Coach Procedure

Policy area	Guest Health and Wellbeing/Support Coordination
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this procedure is to explain how Stellar Experiences integrates psychosocial recovery coaching in support provision for eligible guests.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers) who are qualified psychosocial recovery coaches providing support to eligible guests.

## DEFINITIONS

Term	Definition
<b>NDIS Psychosocial Disability Recovery-Oriented Framework</b>	This framework is articulated in six core principles: <ol style="list-style-type: none"> <li>1. Supporting personal recovery.</li> <li>2. Valuing lived experience.</li> <li>3. NDIS and mental health services working together.</li> <li>4. Supporting informed decision-making.</li> <li>5. Being responsive to the episodic and fluctuating nature of psychosocial disability.</li> <li>6. A stronger NDIS recovery-oriented and trauma-informed workforce.</li> </ol>
<b>Psychosocial Disability</b>	A disability as a result of a mental health issue. It includes: <ul style="list-style-type: none"> <li>• mood disorders (depression, bi-polar);</li> <li>• schizoid disorders (schizophrenia); and</li> </ul>

	<ul style="list-style-type: none"> <li>• anxiety disorders (obsessive compulsive, post-traumatic stress).</li> </ul>
<b>Psychosocial Recovery Coaching</b>	<p>A framework designed to support eligible guests with a mental health diagnosis to develop skills to manage the challenges of daily life through capacity-building, resilience and personalised strategies to respond to situations in a positive, constructive way that provides a sense of personal control. Guests are assisted in articulating what a meaningful life represents for them, their families and carers. They are encouraged and supported to make decisions for themselves, aiming to increase independence, social and economic participation.</p>
<b>Recovery Coach</b>	<p>A coach who brings specialist knowledge and skills in psychosocial recovery, mental health and service navigation within the mental health system to provide eligible guests with capacity-building supports. A coach is different to a support coordinator, but support coordination is part of their role. Based on the recovery-orientated service delivery capabilities set out in the Australian Health Ministers' Advisory Council's A National Framework for Recovery-Oriented Mental Health Services — Guide for Practitioners and Providers (2013).</p>

## CONTEXT

Stellar Experiences recognises the principles articulated in the NDIS Psychosocial Disability Recovery-Oriented Framework. We are committed to:

- improving the lives of guests living with psychosocial disability, their families, carers and networks;
- assisting guests to take more control of their life and better manage the complex challenges of daily living;
- encouraging and supporting guests to develop skills so they can engage and participate meaningfully in activities and the community of their choice;
- assisting guests to access suitable mental health information, services and supports;
- upholding guests privacy and dignity;
- enabling independence and capacity-building; and
- empowering guests to live their best life.

## **PROCEDURES**

### **1. Person-centred Support**

- 1.1 Discuss with the guests and/or their family/alternate decision-maker/advocate the services and supports available in a way that is culturally safe, and in a language, mode and method they are most likely to understand.
- 1.2 Actively listen to the guest, to understand their needs, circumstances, preferences and goals.
- 1.3 Recognise and value the guest's lived experiences.
- 1.4 Discuss with the guest their cultural and religious requirements/preferences/protocols and ensure this is incorporated into the psychosocial recovery plan and strategies.
- 1.5 Discuss with the guest their right to an advocate to speak on their behalf and support them to engage one if requested.

### **2. Designing and Developing the Psychosocial Recovery Plan**

- 2.1 Arrange a date and time for a meeting with the guest, and with their consent, their family/alternate decision-maker/advocate.
- 2.2 Collaborate with the guest and/or their family/alternate decision-maker/advocate to design and develop a psychosocial recovery plan that:
  - is based on mutual trust and respect;
  - ensures clear communication through understanding, listening and clarifying;
  - agrees on identified guest goals;
  - articulates a shared understanding of actions, roles and responsibilities;
  - builds skills for self-direction and taking control;
  - sets tasks for agreed actions;
  - learns from outcomes and experiences; and
  - completes reporting in the required timeframes and formats.
- 2.3 Seek input from the guest to better understand their mental health diagnosis and support needs.
- 2.4 Gather information to identify barriers and difficulties towards achieving goals and also the guest's strengths and abilities to assist in achieving goals.
- 2.5 Develop strategies to:
  - achieve the guest's identified goals; and
  - increase the guest's recovery skills and personal capacity (motivation, self-confidence, resilience, decision-making).

- 2.6 Research, explore and link the guest to services and supports that will assist in their journey.
- 2.7 Create an individualised recovery plan to meet the guest's needs, circumstances, preferences and goals and obtain satisfaction and agreement of this with the guest.
- 2.8 Agree with the guest and/or their family/alternate decision-maker/advocate on timeframes to meet again to review the plan and identify status on goal achievements.

### **3. Implementing Psychosocial Recovery Plan**

- 3.1 Read and review the recovery plan's strategies, goals and support coordination requirements.
- 3.2 Develop a recovery-enabling relationship.
- 3.3 Communicate and collaborate with the guest and their broader system of supports.
- 3.4 Engage with the guest to build their self-confidence to manage life's 'ups and downs'.
- 3.5 Communicate and collaborate with both informal and formal support services to ensure information flow and continuity of support.

### **4. Reviewing and Revising Psychosocial Recovery Plan**

- 4.1 Meet with the guest and/or family/alternate decision-maker/advocate to identify when they are moving towards achieving goals and when the recovery plan needs to be adjusted.
- 4.2 Incorporate feedback from other stakeholders.
- 4.3 Revise the plan in accordance with changes and feedback.
- 4.4 Discuss with the guest and confirm the new goals with them.
- 4.5 Update the NDIS Plan, Support Plan and Recovery Plan accordingly.

## **SUPPORTING DOCUMENTS**

- Evidence of Psychosocial Disability Form (this is an NDIS Commission form)

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this procedure; and
- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

## **COMPLIANCE**

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Reportable Incident Management Procedure

Policy area	Governance
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct NDIS (Incident Management and Reportable Incidents) Rules 2018 UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child Privacy Act 1988

## PURPOSE

The purpose of this procedure is to explain how Stellar Experiences manages reportable incidents.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Incident</b>	An act, omission, event or circumstance connected with providing support or services to a guest, which has, or may have, caused harm to the guest. It includes 'near misses' that are potentially harmful, and it includes complications, accidents and side effects.
<b>Incident Management System</b>	An incident management system includes the policies, procedures and processes that support the identification, management, resolution and documenting of incidents and near misses that occurred, or are suspected/alleged to have occurred, or could potentially occur during the course of delivering care and services to guests.
<b>Mandatory Reporting</b> (state and territory-based child abuse and neglect laws)	Mandatory reporting of child abuse and neglect laws require specified individuals (those who deal with children in the course of their work) to report known or suspected cases of specified child abuse and neglect to government authorities. Each Australian state and territory has its own

	mandatory reporting law and there are differences in who has to report, what types of abuse and neglect have to be reported, and who to report to. <b>Refer to Schedule 2 at the end of this document.</b>
<b>NDIS Reportable Incident</b>	An act or event that has happened or alleged to have happened in connection with delivering NDIS supports or services.
<b>Reportable Incident Reporting</b> (NDIS Commission)	<p><b>Immediate Notification</b> (within 24 hours of a registered NDIS provider becoming aware of incident) includes:</p> <ul style="list-style-type: none"> <li>● death of a person with disability;</li> <li>● serious injury of a person with disability;</li> <li>● abuse or neglect of a person with disability;</li> <li>● unlawful sexual or physical contact with, or assault of; a person with disability; and</li> <li>● sexual misconduct against, or in the presence of, a person with disability, including grooming of the person for sexual activity.</li> </ul> <p><b>5-Day Notification</b> (within five business days of a registered NDIS provider becoming aware of incident) includes:</p> <ul style="list-style-type: none"> <li>● use of a restrictive practice that is unauthorised by your state or territory, or does not follow a behaviour support plan for the person with disability;</li> <li>● <b>NOTE:</b> If the restrictive practice incident has resulted in harm to the person with disability, it must be reported within 24 hours (i.e. Immediate Notification);</li> <li>● follow up information and actions since Immediate Notification.</li> </ul>
<b>Provider Digital Access (PRODA)</b>	Online digital access platform provided by Services Australia for submission of reports to regulators such as the NDIS Quality and Safeguards Commission.

**CONTEXT**

Stellar Experiences will comply with all reportable incident requirements to ensure the health, safety and wellbeing of guests.

**PROCEDURES**

**1. Identification and Response**

1.1 Identify that an incident or near miss with potential to cause harm to the guest has occurred in connection with the provision of NDIS services or supports we have delivered to the guest.

- 1.2 Take action(s) to ensure the immediate health and safety needs of the guest. This may include contacting one or more of the following:
  - emergency services (ring **Triple Zero 000**);
  - the guest's GP (in business hours and when not urgent);
  - over-the-phone pharmacy/medical advice (out of business hours). For example, 13 HEALTH (13 43 25 84) or 1300 MH CALL (1300 64 22 55);
  - guest's family/alternate decision-maker/advocate; and/or
  - line manager or other internal responsible officer.
- 1.3 Establish (or escalate to a manager to establish) that the incident constitutes a 'reportable incident' with mandatory reporting requirements.
- 1.4 Complete and submit mandatory reporting as required. See section 2.
- 1.5 Ensure the incident is accurately recorded in our organisation's incident management system (in addition to regulatory reporting requirements).

## 2. Mandatory Reporting

NDIS Reportable Incidents — Reporting to the NDIS Quality and Safeguards Commission	
2.1	<p>Make sure the following roles are in place:</p> <ul style="list-style-type: none"> <li>• Approved Reportable Incident Notifier to create the form ready for approval;</li> <li>• Approved Reportable Incident Approver to approve the form and submit it to the NDIS Commission via PRODA.</li> </ul>
2.2	<p>Complete an <b>Immediate Notification Form</b> (see Definitions table for what constitutes 'immediate notification') and submit it via PRODA <b>within 24 hours</b> of becoming aware of the incident.</p>
2.3	<p>Make sure all information is included:</p> <ul style="list-style-type: none"> <li>• your organisation's name and contact details and those of the person making the notification;</li> <li>• a description of the reportable incident;</li> <li>• description of the impact on, or harm caused to the guest;</li> <li>• immediate actions taken in response to the reportable incident, including actions taken to ensure the health, safety and wellbeing of the guest, and whether the incident has been reported to police or any other body;</li> <li>• guest's NDIS participant number and their name, age, date of birth and address;</li> <li>• time, date and place at which the incident occurred, if known;</li> <li>• names and contact details of other people involved in the reportable incident;</li> <li>• location of the guests and alleged perpetrator, if known;</li> </ul>

- explanation of when and how harm, risk of harm, abuse or neglect was discovered and by whom;
- any other information required by the Commissioner.

**Note:** A registered NDIS provider is not required to obtain or notify the Commissioner of certain information if obtaining the information would, or could reasonably be expected to, prejudice the conduct of a criminal investigation, or expose a guest to a risk of harm (see s 22 NDIS (Incident Management and Reportable Incidents) Rules 2018 for details).

2.4 If, within 24 hours after you became aware the incident occurred, you do not have the information required in the last four bullet points in 2.3 above, you can provide this information within 5 business days (s 20(2) and (3) NDIS (Incident Management and Reportable Incidents) Rules 2018).

2.5 Complete the **5-Day Notification Form** via PRODA **within five days** of becoming aware of the incident. This provides additional information, such as names of witnesses, actions taken since the Immediate Notification and proposed further actions to be taken in response to the reportable incident.

**Note:** For an unauthorised restrictive practice, you only need to complete the **5-day Notification form**, not the **Immediate Notification Form**. **Except** if the incident has resulted in harm to the person with disability, in which case it must be reported within 24 hours with the **Immediate Notification Form**.

**Note:** If there is no authorisation process of an applicable state or territory in relation to the use of restrictive practice, its use is not a reportable incident if the use is in accordance with a behaviour support plan.

2.6 Complete the **Final Report** (if requested by the NDIS Commission) by the date advised by the Commission in the email request they send.

### Ongoing Danger — Reporting to the Police

2.7 Where there are reasonable grounds to report an incident to the Police (**where there is ongoing danger**), contact Police and other relevant emergency services within 24 hours of becoming aware of the incident (or within 24 hours of becoming aware that there are reasonable grounds to report the incident).

2.8 If the Police are present at an incident where a death is involved, they will usually contact the Coroner.

### Reporting to the Coroner

2.9 Report to a coroner (if the Police haven't already):

- if a person dies unexpectedly;
- if a person dies from an accident or injury;
- if the death is unnatural or violent;
- if a doctor has not been able to sign a death certificate because the cause of death is unknown.

2.10 Each state and territory have specific requirements in relation to the obligations to notify a death to the coroner.

### Reporting to Other Regulators (where applicable)

2.11 Report to the Work Health Safety (WHS) Regulator (e.g. Safe Work Australia, or the applicable state or territory 'WorkSafe' regulators) if an incident has occurred as a result of a workplace incident. **Refer to Schedule 1 at the end of this document.**

2.12 Report to the relevant state or territory regulator for mandatory reporting requirements in relation to children and young people under the age of 18 years old. **Refer to Schedule 2 at the end of this document.**

2.13 Report to [Australian Health Practitioner Regulation Agency \(AHPRA\)](#) if the incident has been caused by the conduct of a registered health practitioner providing health care.

2.14 Report to the applicable state or territory government health department if an incident triggers a requirement to report a notifiable disease or condition.

## 3. Communication

- 3.1 Continue to communicate with the guest and/or family/alternate decision-maker/advocate to provide updates and check on guest health and wellbeing until resolution.
- 3.2 Communicate with other service providers (including health and allied health practitioners) as required.

## 4. Documentation and Record-keeping

- 4.1 Complete all relevant reportable incident forms as in section 2 above, in required timeframes and formats.
- 4.2 Complete all relevant internal incident forms (Accident Investigation Form, Incident Investigation Form, Incident Investigation Final Report, Incident Register).
- 4.2 Document clear and accurate details of the incident, action and outcomes in the guest file and update the guest's Support Plan and any other plans (e.g. complex health plan, behaviour support plan) as required.

## SUPPORTING DOCUMENTS

Related procedures and forms include:

- Incident Investigation Final Report
- Incident Investigation Form
- Incident Register
- Incident Report

## RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this procedure; and
- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

## COMPLIANCE

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

### Schedule 1: WHS Regulators and Authorising Legislation

Jurisdiction	WHS Regulator	Legislation
Australian Government	<a href="#">Comcare</a>	Model Work Health and Safety Act (as at November 2023). Originally the <i>Work Health and Safety Act 2011</i> (Cth)

NSW	<a href="#">SafeWork NSW</a>	<i>Work Health and Safety Act 2011 (NSW)</i>
Qld	<a href="#">WHS Queensland</a>	<i>Work Health and Safety Act 2011 (Qld)</i>
ACT	<a href="#">WorkSafe ACT</a>	<i>Work Health and Safety Act 2011 (Tas)</i>

See the next page for information and links applicable to child protection and mandatory reporting.

## Schedule 2: State and territory Child Protection Mandatory Reporting Requirements

Jurisdiction	Regulator	Applicable Legislation
Federal level	<a href="#">Australian Government</a> <a href="#">Australian Institute of Family Studies</a>	<i>Family Law Act 1975 (Cth)</i>
NSW	<a href="#">Communities and Justice</a>	<i>Children and Young Persons (Care and Protection) Act 1998 (NSW)</i>
Qld	<a href="#">Department of Child Safety, Seniors and Disability Services</a> <b>Note:</b> In Qld, ALL adults must report sexual offending against children to the Police.	<i>Child Protection Act 1999 (Qld)</i>
ACT	<a href="#">ACT Government</a>	<i>Children and Young People Act 2008 (ACT)</i>

# Risk Management Policy and Procedure

Policy area	Risk Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	ISO 31000:2019 – International Standard for Risk Management NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to risk management.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Hazard</b>	Anything with the potential to cause harm or injury (including illness and disease). <b>Note:</b> This differs from the definition of 'risk' which is the likelihood of a hazard causing harm or injury.
<b>Hierarchy of Controls</b>	The generally recognised order of steps from most effective to least effective risk management techniques: <ol style="list-style-type: none"> <li>1. <b>Elimination</b> (remove the risk)</li> <li>2. <b>Substitution</b> (replace the hazard)</li> <li>3. <b>Engineering controls</b> (isolate people from the hazard)</li> <li>4. <b>Administrative controls</b> (change the way people work)</li> <li>5. <b>Personal Protective Equipment (PPE)</b> (Protect workers).</li> </ol>

<b>Risk</b>	The international standard for risk (ISO 31000:2018) defines risk as ‘the effect of uncertainty on objectives’.
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## **CONTEXT**

Stellar Experiences is committed to implementing and maintaining a robust and effective risk management framework that:

- is proportionate to the size and scale of our organisation and the scope and complexity of supports provided;
- demonstrates best practice (ISO 31000:2018) risk management framework and processes;
- ensures the health, safety and wellbeing of guests, workers and visitors;
- supports effective decision-making that is guided by our mission and vision; and
- embeds a ‘risk aware’ culture, where planning, quality and risk are integrated in all business operations and functions.

## **POLICY STATEMENT**

### **1. Identify, Assess, Manage, Monitor, Review and Communicate Risk**

- We will maintain processes to identify, assess, manage, monitor and regularly review risks to guests, workers and the organisation.
- We will put strategies in place and undertake actions to prevent, control, minimise or eliminate identified risks.
- We will conduct risk assessments using the risk rating table (refer to Appendix 1).
- We will maintain a risk register to detail identified risks, apply risk ratings and identify corrective actions and review dates.
- We will manage risks in accordance with the Hierarchy of Controls (see Definitions).
- We will maintain processes to manage high-impact and high-frequency risks associated with service delivery.
- We will communicate and consult with all relevant stakeholders about risks.

### **2. Compliance**

- We will comply with all applicable federal and state/territory legislation, regulations, standards, principles, funding agreements and organisational policies and procedures.

### **3. Governance**

- We will maintain an effective governance structure, with clearly defined delegations of authority, position descriptions and role accountabilities.
- We will maintain formalised management plans (risk management plan, strategic plan, business continuity plan, emergency and disaster management plan, COVID-19 safe plan).
- We will maintain compliant and up to date policies, procedures and work instructions.
- We will conduct internal audits and board/management meetings as required.

### **4. Human Resource Management**

- We will maintain effective human resource management processes (including worker screening, training and development, performance management, worker supervision and worker grievances, disciplinary actions and terminations).
- We will keep an up to date register of worker qualifications and competencies.

### **5. Information and Financial Management**

- We will maintain effective financial management processes (pricing and payments, cash flow analysis).
- We will maintain effective information management processes (records management, document control, technology and communication).
- We will maintain current insurances and registrations and keep details in a register.

### **6. Complaints and Incident Management**

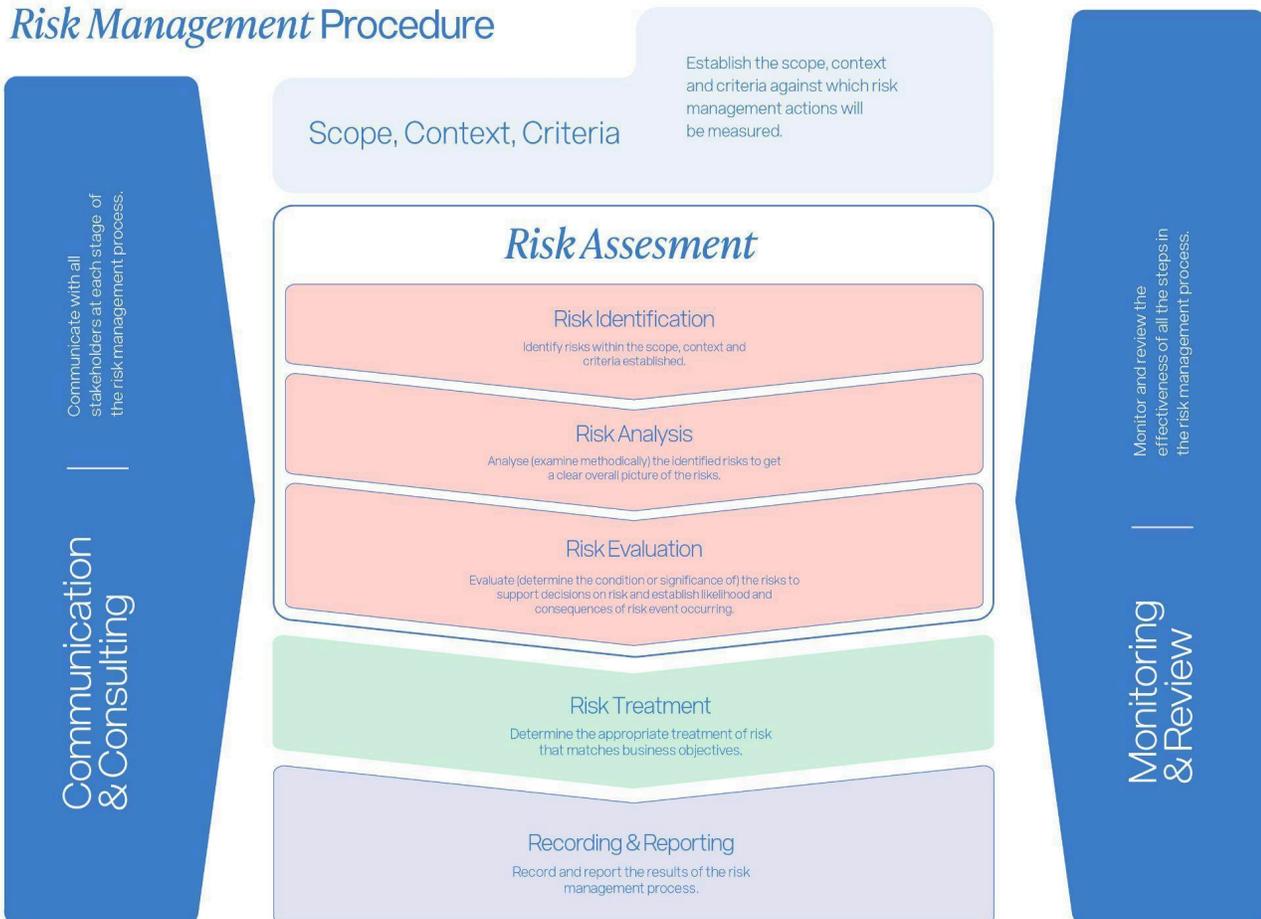
- We will encourage and document guest feedback and complaints and document details, actions and review timelines in a complaints register.
- We will maintain an incident management system, including for reportable incidents, and document details, actions and review timelines in an incident register.
- We will complete all required internal and external incident reporting in accordance with required timelines and formats.

### **7. Continuous Improvement and Quality Management**

- We will actively engage with guests and other stakeholders, and use their input and feedback in relation to risk assessment and management for continuous improvement and quality management.

- We will maintain a continuous improvement/quality management/assurance register to identify improvement items, actions and review timelines.
- We will regularly review and improve the effectiveness of our risk management system.

## PROCEDURES



## SUPPORTING DOCUMENTS

- Guest Risk Monitoring Checklist
- Contractor Risk-Assessed Check Form
- Hazard Report Form
- Risk Assessed Role – Employee Register
- Risk Assessed Role Register
- Risk Assessment Form – High Intensity Risk Activity or Event
- Risk Assessment Form
- Risk Indemnity Form
- Risk Management Plan Register
- Risk Management Plan

## RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## COMPLIANCE

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

### Appendix 1: Risk Rating Table

	Consequences				
Likelihood	Insignificant 1	Minor 2	Moderate 3	Major 4	Extreme 5
Rare (1)	L	L	L	L	L
Unlikely (2)	L	L	L	M	M

	Consequences				
<b>Possible (3)</b>	L	L	M	M	M
<b>Likely (4)</b>	L	M	M	H	H
<b>Almost certain (5)</b>	L	M	M	H	E

L = 'low'

M = 'Moderate' or 'Medium'

H = 'High'

E = 'Extreme'

# Routine and Disinfectant Cleaning Procedure

Policy area	Guest Health and Wellbeing
Document type	Procedure
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this procedure is to explain how Stellar Experiences manages routine and disinfectant cleaning.

## SCOPE

This procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Routine Cleaning</b>	Cleaning surfaces and objects with detergent and water to remove germs, or reduce their spread.
<b>Disinfectant Cleaning</b>	Use of strong chemicals (alcohol, phenols, iodine) to kill germs on surfaces and objects, rather than just remove them.

## CONTEXT

Stellar Experiences recognises that a safe and clean living environment is important for guest health, safety and wellbeing and infection control. We are committed to providing cleaning services as part of our service delivery that:

- provide guest choice, control and self-determination;
- support independence and capacity-building where possible;

- are culturally safe and communicated in a language, mode and method that the guest is most likely to understand; and
- demonstrate best practice risk management and infection control measures.

## **PROCEDURES**

### **1. Risk Management**

- 1.1 Conduct a risk assessment of the home environment before starting cleaning services.
- 1.2 Identify risks, preferred/required activities and guest preferences in terms of cleaning products and develop a cleaning strategy for the guest to review, agree to and sign.
- 1.3 Record details of the cleaning strategy in the Support Plan.
- 1.4 Do not use any cleaning products or equipment that appear unsafe or you are not sure about.
- 1.5 Report any dangerous products or equipment to your manager/WHS team. Also report any adjustments or additional aids required.
- 1.6 Use products and equipment correctly, for the purpose they are meant for.
- 1.7 In the event of an injury or illness, if you are concerned it is life-threatening, call Triple Zero (000) immediately. If it is a non-urgent matter and requires medical assessment, escalate to the manager to contact the guest's family/alternate decision-maker/advocate for referral to a qualified health practitioner.
- 1.8 Refer to the Emergency and Disaster Management Policy and Incident Management Policy as required.

### **2. Routine Cleaning**

- 2.1 As part of routine cleaning, ensure the following:
  - floors are fully dry after being cleaned;
  - spills and contaminants are cleaned appropriately (refer to the Waste Management Procedure);
  - there is no build-up of cleaning product residue;
  - cleaning equipment and cords are not left in walkways and are stored safely;
  - manufacturer's instructions are followed for using cleaning products and equipment;
  - minimise risk of cross-contamination by washing before reuse, or disposing of single-use-only cleaning aids (e.g. 'chux' wipes); and
  - slip-resistant items (e.g. slip resistant mats) are encouraged and used (with consent of guest and/or family/alternate decision-maker/advocate).

2.2 Use colour-coding for cleaning cloths (e.g. pink for bathroom, green for kitchen etc). Do not use the wrong cloth for the wrong room.

2.3 A general guide to routine cleaning:

Area	Technique
Internal Areas	<ul style="list-style-type: none"> <li>● Prepare all equipment and take it to the area to be cleaned.</li> <li>● Empty all bins, replace bin liners, and place rubbish in the garbage bin.</li> <li>● Pick up any large litter from the floor and return it to the correct place.</li> <li>● Straighten all furniture to prevent trips and falls.</li> <li>● Remove cobwebs.</li> <li>● Damp dust</li> <li>● The last surface to be attended to should be the floor.</li> </ul>
Bed Cleaning	<ul style="list-style-type: none"> <li>● Gather cleaning products.</li> <li>● Collect clean linen.</li> <li>● Remove soiled linen.</li> <li>● Wash over both sides of the mattress.</li> <li>● Clean all surfaces using warm detergent water and disposable cloth.</li> <li>● Ensure all bed surfaces and the underneath frame have been washed and wiped over thoroughly.</li> <li>● Dry all surfaces thoroughly.</li> </ul>
Dust Control	<ul style="list-style-type: none"> <li>● Vacuum cleaners must be fitted with dust bags and the exhaust filter.               <ul style="list-style-type: none"> <li>○ Bags must be changed when full or after use.</li> <li>○ Filters changed according to the manufacturer's instructions.</li> </ul> </li> <li>● Damp dusting is permitted only.               <ul style="list-style-type: none"> <li>○ Use a damp cloth, rinsing frequently.</li> <li>○ Dust all pipes and other fixtures</li> <li>○ Wipe over window sills, ledges, tops of doors, bedside tables and wardrobes, picture frames, cabinets, cupboards, chairs etc.</li> <li>○ Wipe over fans and curtain rails</li> <li>○ Check work to ensure all areas have been covered.</li> <li>○ Remove, clean and store equipment.</li> </ul> </li> <li>● Avoid dry sweeping.</li> </ul>
Wet Mopping	<ul style="list-style-type: none"> <li>● Mops and mop-heads must be stored dry.</li> <li>● Wash mop at the end of cleaning work</li> <li>● All equipment used for wet mopping should be cleaned with warm detergent water daily and stored dry.</li> </ul>

	<ul style="list-style-type: none"> <li>● Guest's bedrooms and other areas must be wet mopped using warm water and detergent (if vinyl or wood flooring)</li> <li>● Make sure floors are dry before leaving or used by guests.</li> <li>● Never leave mops standing in buckets of solution</li> <li>● Mop the 'cleaner' areas first or use separate mops for 'dirty areas (bathrooms, toilets etc.)</li> <li>● Change the water frequently.</li> </ul>
Bathrooms and Toilets	<ul style="list-style-type: none"> <li>● Wear gloves and boots</li> </ul> <p>Check:</p> <ul style="list-style-type: none"> <li>● Toilets are working.</li> <li>● Taps are working.</li> <li>● Drains are clean and free of collected lint and debris.</li> <li>● Empty and clean waste bins and dispose of rubbish in the garbage bin.</li> <li>● Mop floors, toilet floors.</li> <li>● Clean mirrors.</li> <li>● Spot clean walls.</li> <li>● Clean doors.</li> <li>● Clean shower recess, wipe over pipes, and clean plugs and drains; shower wall and floor tiles are scrubbed.</li> </ul>
Hand Basins	<ul style="list-style-type: none"> <li>● Clean out and disinfect.</li> <li>● Ensure that underneath the basin, all plumbing connections are washed.</li> </ul>
Baths	<ul style="list-style-type: none"> <li>● Ensure that the outside walls of the bath and tiled areas are clean (if not, clean them).</li> <li>● Wipe the bath and surrounding area.</li> <li>● Inspect grout edges and clean any mould.</li> <li>● Clean soap container.</li> <li>● Clean the handheld tap connection.</li> </ul>
Shower Recesses	<ul style="list-style-type: none"> <li>● Clean soap container.</li> <li>● Clean the handheld tap connection.</li> <li>● Inspect grout edges and clean any mould.</li> <li>● Inspect rubber mats for wear — ensure they are clean.</li> </ul>
Equipment Stored in the Bathroom	<ul style="list-style-type: none"> <li>● Clean with neutral detergent.</li> <li>● Clean shower chair (if applicable) and store in the shower recess away from doorway.</li> <li>● Make sure walkway into the bathroom is clear to prevent trips and falls.</li> </ul>

Toilets	<ul style="list-style-type: none"> <li>● Make sure there is no smell coming from the toilet. Clean and deodorise if there is.</li> <li>● Brush the surface of the toilet bowl using the toilet brush. Do not use the toilet brush to clean the seat.</li> <li>● Clean the seat and seat cover with neutral detergent using disposable cleaning cloths and dispose of these after use. Use stain remover if required.</li> <li>● Wipe the seat and cover dry with a cloth.</li> </ul>
Bathroom Floors	<ul style="list-style-type: none"> <li>● Clean grout with a hand brush, if required.</li> <li>● Check the drains to ensure there is no build up of lint or other debris.</li> <li>● Rinse and dry the floor.</li> <li>● Mop the floor with neutral detergent.</li> <li>● Allow the floor to dry.</li> <li>● Clean all equipment used and put products away safely.</li> </ul>
Dining Areas	<ul style="list-style-type: none"> <li>● Sweep and mop.</li> <li>● Wipe over chairs daily.</li> <li>● Store chairs under the table or closely in towards the table.</li> </ul>
Light Fittings	<ul style="list-style-type: none"> <li>● Clean every six months, or as required, with water and detergent.</li> <li>● Before cleaning, make sure you: <ul style="list-style-type: none"> <li>○ turn off power;</li> <li>○ use cleaning equipment with an extendable handle;</li> <li>○ use a ladder if high up;</li> <li>○ remove loose dirt with a clean cloth;</li> <li>○ if you need to remove light shade or glass sections, carefully loosen screws while supporting the underside of the bowl/light fitting with one hand;</li> <li>○ wipe the bowl/light fitting inside and outside;</li> <li>○ dry and polish with a clean cloth;</li> <li>○ remove the dust from the light bulb with a dry cloth. Make sure the lightbulb is cool before handling; and</li> <li>○ replace the bulb, bowl and glass sections (if applicable) and ensure they are securely in place.</li> </ul> </li> </ul>
Fans and Other Permanent Fixtures and Fittings	<ul style="list-style-type: none"> <li>● Clean every six months, or as required, with water and detergent.</li> <li>● Turn off the power.</li> <li>● Remove any loose dirt with a damp cloth.</li> <li>● Wipe blades or fixtures with a clean cloth dampened with detergent.</li> </ul>

	<ul style="list-style-type: none"> <li>• Dry and polish with a damp cloth.</li> </ul>
Telephones (landline)	<ul style="list-style-type: none"> <li>• Clean with a damp cloth soaked in detergent and warm water.</li> <li>• Clean mouth and earpiece with a damp cloth. Make sure the cloth is only damp to prevent water from damaging the phone.</li> </ul>
Outside Areas	<ul style="list-style-type: none"> <li>• Empty outside bins at least weekly (check the day of bin collection).</li> <li>• Place the bin at the front of the house (not relevant if it is unit) the day or evening before the scheduled rubbish collection.</li> <li>• Take empty bins to the front of the house after rubbish collection.</li> <li>• Clean the inside of the bins with water and detergent.</li> <li>• Hose bins out, removing all dirt and other debris.</li> <li>• Turn bins upside down and let them dry.</li> <li>• Return bins to their allocated areas.</li> </ul>
Paved Areas (courtyard)	<ul style="list-style-type: none"> <li>• Use a straw broom to sweep weekly, or more often if required.</li> <li>• Hose paved area as required.</li> </ul>
Grassed Areas (yard)	<ul style="list-style-type: none"> <li>• Collect litter with a plastic bag or bin as required.</li> </ul>
Cobweb Cleaning	<ul style="list-style-type: none"> <li>• Remove using a broom or duster from windows, doors, walkways and light fittings as required.</li> </ul>
Windows	<ul style="list-style-type: none"> <li>• Clean windows using a window cleaner chemical and cloth.</li> <li>• Dry with a drying cloth.</li> </ul>

### 3. Disinfectant Cleaning

- 3.1 Conduct disinfectant cleaning after a hazardous waste spill or a disease breakout (e.g. Covid-19) in accordance with government health and WHS team directives.
- 3.2 Perform a routine clean before starting a disinfectant cleaning.

### RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this procedure and associated documents;
- ensuring the procedure is effectively implemented across the service;
- monitoring worker compliance with the requirements of this procedure; and
- ensuring training and information is provided to workers to carry out this procedure.

All workers are responsible for complying with the requirements of this procedure.

## **COMPLIANCE**

Deliberate breaches of this procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Safeguarding Against Violence, Abuse, Neglect, Exploitation and Discrimination Policy and Procedure

Policy area	Governance and Risk Management
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child Australian Human Rights Commission: National Principles for Child Safe Organisations State or territory-based Child Safe Standards (see Appendix) Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to safeguarding guests against all forms of violence, abuse, neglect, exploitation and discrimination.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Abuse</b>	Behaviour which involves significant risk of harm to a person by controlling, bullying, threatening and/or violent behaviour. Abuse can be: <ul style="list-style-type: none"> <li>• physical;</li> <li>• sexual;</li> <li>• emotional;</li> <li>• psychological; and/or</li> <li>• financial.</li> </ul>

	<p>It includes both acts and omissions (i.e. failure to act) and threats as well as actual abusive behaviour.</p> <p>*See the table below 'Types of Abuse' for definitions of the different types of abuse.</p>
<b>Child Abuse</b>	<p>Behaviour which involves a significant risk of harm to a person under the age of 18 by controlling, bullying, threatening and/or violent behaviour. It includes the types listed above and neglect and abandonment. 'Abandonment' is when someone responsible for providing the necessary care to an older person, fails to do so.</p>
<b>Coercive Control</b>	<p>This is a form of abuse and violence that involves a person exerting power over another person through fear and control. The perpetrator takes control over aspects of the victim's everyday life such as:</p> <ul style="list-style-type: none"> <li>● where they can go;</li> <li>● who they can see or communicate with;</li> <li>● what they can wear; or</li> <li>● when they can sleep or eat.</li> </ul> <p>It also includes denying access to services and supports that the person needs and humiliating and/or degrading the person.</p>
<b>Discrimination</b>	<p>The unfair or prejudicial treatment of a person, or group of people, based on personal characteristics such as race, culture, gender, age, ability, family circumstances or any other defining characteristic.</p>
<b>Elder Abuse</b>	<p>Behaviour which involves a significant risk of harm to an older person (60 years or older) by controlling, bullying, threatening and/or violent behaviour. It includes the types listed above and neglect and abandonment.</p>
<b>Exploitation</b>	<p>Behaviour which involves taking advantage of someone and treating them unfairly to profit from them or otherwise benefit from them. It includes a person withdrawing money out of another person's bank account without their consent, forging cheques, stealing from another person, or wasting their money or property.</p>
<b>Grooming</b>	<p>When someone builds a relationship, trust or emotional connection with a vulnerable person (child/young person, person with disability or an aged person) so they can manipulate, exploit and/or abuse them.</p>
<b>Harm</b>	<p>Anything that is a source of injury, illness or disease. It can be physical, psychological or emotional violence, abuse, neglect or exploitation caused by act or omission and either intentional or unintentional.</p>
<b>Neglect/ Abandonment</b>	<p>Behaviour which involves a significant risk of harm to a person by failing to provide them with the basic life necessities. It may be intentional or unintentional</p>

	and includes acts and omissions (failure to act). Children, young people, people with disability and the aged are particularly vulnerable to neglect and abandonment.
<b>Psychosocial Hazard</b>	Anything that may cause psychological harm (harm to someone's mental health). It involves the regular and deliberate use of words and other non-physical actions to manipulate, hurt, weaken or frighten a person mentally and emotionally.
<b>Violence/ Domestic and Family Violence</b>	This includes abusive behaviour that may be physical, sexual, psychological or emotional. Domestic and Family Violence is violence that occurs within the family home or in the domestic 'network'. It includes coercive control, technology-based abuse as well as all the forms listed above.

<b>Type of Abuse</b>	<b>Definition</b>
<b>Financial Abuse</b>	<p>When someone:</p> <ul style="list-style-type: none"> <li>• takes away another person's money;</li> <li>• manipulates another person's financial decisions;</li> <li>• uses another person's money without consent; and/or</li> <li>• uses money, or things relating to money to hurt, scare or control another person.</li> </ul> <p>The elderly are particularly vulnerable to financial abuse.</p>
<b>Physical Abuse</b>	<p>An intentional act causing harm or injury to a person's body, or taking away another person's control of their body. It includes:</p> <ul style="list-style-type: none"> <li>• hitting, slapping or kicking;</li> <li>• tying up, locking up or restraining a person in any other way;</li> <li>• denying a person access to medicine, food or equipment to make them unwell;</li> <li>• administering medication or drugs to stop a person thinking clearly;</li> <li>• forcing a person to drink alcohol or take drugs without their consent; and/or</li> <li>• leaving a person naked, exposed and vulnerable without due care.</li> </ul>
<b>Psychological Abuse</b>	<p>The regular and deliberate use of words or other non-physical actions to manipulate, hurt, weaken or frighten a person mentally and/or emotionally. It includes:</p> <ul style="list-style-type: none"> <li>• humiliating a person in public or in front of family, friends or colleagues;</li> <li>• continually criticising or 'belittling' a person;</li> <li>• calling a person offensive names;</li> <li>• making cruel jokes at a person's expense; and/or</li> </ul>

	<ul style="list-style-type: none"> <li>● threatening harm to a person or their family.</li> </ul>
<b>Sexual Abuse</b>	<p>Sexual behaviour or a sexual act, or an attempt to obtain a sexual act, forced on a woman, man or child without their consent. It includes:</p> <ul style="list-style-type: none"> <li>● sexual touching of any part of the body (clothed or unclothed);</li> <li>● grooming (preparing or encouraging) a child to engage in sexual activity;</li> <li>● sex of any kind with a child;</li> <li>● persuading or forcing a child to engage in sexual activity; and/or</li> <li>● sexual acts done by an adult of any gender, to a child of any gender.</li> </ul>

**CONTEXT**

Stellar Experiences has zero tolerance for any form of violence, abuse, neglect, exploitation or discrimination. We recognise that people with disability, the aged, children and young people are at higher risk than others in the community and we are committed to maintaining processes to:

- prevent and protect against instances of violence, abuse, neglect, exploitation and discrimination;
- foster a ‘safety culture’ that supports individuals to be aware and report any actual or suspected risks of harm;
- provide environments which make guests feel safe and supported; and
- encourage and support guests with choice, control, self-determination and capacity-building where possible.

**POLICY STATEMENT**

**1. Fostering a Safety Culture**

- We will treat all individuals with courtesy, respect and compassion.
- We will act in accordance with our Code of Conduct and the Codes of Conduct of relevant regulatory bodies.
- We will ensure the guest feels culturally safe and seek their input on creating safeguards that best meet their cultural needs and preferences.
- We will ensure the guest is aware of their human and legal right to be free from any form of violence, abuse, neglect or exploitation.
- We will seek input from the guest in the planning and provision of safeguards and discuss with them in a language, mode and method they are most likely to understand.
- We will develop a trust relationship and ‘know our guest’ and be able to recognise when there are risks, issues or concerns and we will escalate accordingly.

- We will listen to the guest, and act on any fears or concerns they raise.
- We will encourage and support the guest to develop their own informal support networks as part of their safeguarding strategy.
- We will encourage and support the guest to engage an advocate, if requested.
- If the guest does not have intellectual or cognitive capacity, we will engage an appropriate advocate to speak on their behalf.
- We will respect a guest's right to informed decision-making and risk-taking (dignity of risk), irrespective of our own opinion or perception of the risk(s) involved.
- We will not discriminate against a person because of their culture, ethnicity, age, gender, ability, sexual orientation, identity or preference — or based on any other defining criteria.
- We will recognise when there is an actual, potential or perceived conflict of interest and manage this in accordance with the Conflict of Interest Policy.
- We will ensure workers undertake required pre-employment and ongoing screening (Police check, Working with Children check, NDIS worker screening).

## **2. Compliance with Legislation, Regulations, Standards and Guidelines**

- We will comply with all applicable safeguarding legislation, regulations, guidelines and standards, including state or territory child protection legislation for children and young people under the age of 18 years old. See the Appendix at the end of this document for more information on child safety standards.
- We will comply with our organisational policies, procedures and work instructions in relation to guest safety and wellbeing.

## **3. Risk Assessments and Reporting**

- We will conduct regular guest risk assessments and report safeguarding incidents in accordance with our Incident Management Policy and Procedure.
- We will conduct mandatory reporting of reportable incidents to the applicable regulator in accordance with required reporting timeframes and formats.

## **4. Ongoing Review and Monitoring**

- We will seek input from the guest and/or family/alternate decision-maker/advocate in the review and monitoring of the guest's safeguarding mechanisms.

- We will respond to any issues, concerns or challenges to ensure guest safety and wellbeing and implement any required changes to safeguarding mechanisms.
- We will discuss with the guest and/or guest/alternate decision-maker/advocate (if appropriate), using a language, mode or method that they are most likely to understand, any changes that may be required to ensure the guest's health, safety and wellbeing.

## **5. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **6. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of human and legal rights and in particular individuals' right to be free from any form of violence, abuse, neglect exploitation or discrimination.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Identifying and Assessing Risks**

- 1.1 Complete a risk assessment at intake and during guest reviews and service delivery, with input from the guest and/or family/alternate decision-maker/advocate (if appropriate) to assist with planning safeguarding strategies.
- 1.2 Develop a safety plan for guests who require additional supports.
- 1.3 Discuss safeguarding strategies and plans with the guest in a language, mode and method they are most likely to understand.

### **2. Incident Reporting**

- 2.1 Notify your manager, complete an incident report and write detailed file notes if any of the following apply:
  - unexplained change in guest behaviour, mood or 'wellness';
  - you observe someone behaving inappropriately towards the guest, or in a way that concerns you;

- guest tells you someone is abusing them;
- guest tells you they are abusing another guest;
- guest tells you they believe they are being exploited or discriminated against;
- guest presents as 'unkempt', unclean or overly hungry or thirsty;
- if the guest is a child or young person, the parents or guardians have not arranged necessary medical care or education for the child;
- evidence of bruising, scratches or other marks indicating physical harm;
- evidence of domestic violence (including coercive control, psychological harm); and/or
- any other action or inaction you observe in relation to the guest that may be considered harmful.

2.2 Make sure the guest is safe and comfortable and keep checking on their wellbeing.

2.3 Investigate the situation by:

- gathering information from people involved;
- analysing the situation to determine what has happened, how it happened and the parties involved;
- assessing the effect on the guest(s);
- consult with relevant stakeholders. Leave specific questioning to appropriate authorities (e.g. police, ambulance, GP);
- undertake any further actions required to prevent the incident from recurring (if possible) and to keep the guest safe.

### **3. Documentation**

3.1 Record all allegations and incidents in the Incident Register.

3.2 Complete the Incident Report and Incident Investigation Form.

3.3 Include all reports in the guest file and update the guest's Support Plan.

3.4 Complete any required external reporting forms (NDIS Immediate Notification Form, 5-Day Form and NDIS Report) as required.

### **SUPPORTING DOCUMENTS**

- Easy Read – Zero Tolerance of Violence or Abuse
- Easy Read – Your Rights
- Risk Assessment for Guest Receiving Personal Care Support from a Sole Worker
- Individual Guest Profile
- Individual Risk Assessment Profile

- Authority to Act as an Advocate Form
- Code of Conduct Agreement
- Incident Register
- Incident Report
- Staff Incident Reference Card

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement are responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure; and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## Appendix: Key Commonwealth, State and Territory Child Protection Legislation and Child Safety Regulations and Standards

Note: The table below outlines key legislation, regulations and standards - it is not an exhaustive list. We encourage you to regularly visit the regulator's website in your jurisdiction to keep up to date with developments.

Jurisdiction	Applicable Legislation	Website link to WWCC	Child Safety Standards	Reporting Child Safety Concerns
Cth	<i>Family Law Act 1975</i> <i>Family Law Regulations 1984</i> <i>Australian Human Rights Commission Act 1986</i>		<a href="#">National Principles for Child Safe Organisations Safe and Supported - The National Framework for Protecting Australia's Children 2021-2031</a>	<a href="#">Make a Report to the National Office for Child Safety</a>
NSW	<i>Child Protection (Working with Children) Act 2012</i> <i>Children and Young Persons (Care and Protection) Act 1998</i> <i>Children and Young Persons (Care and Protection) Regulation 2012</i>	<a href="#">Working with Children Check</a>	<a href="#">Guide to the Child Safe Standards</a>	<a href="#">Reporting Harm and Keeping Children Safe - NSW Government</a>

Vic	<p><i>Worker Screening Act 2020 (replaces repealed Working with Children Act 2005)</i></p> <p><i>Children, Youth and Families Act 2005</i></p> <p><i>Children, Youth and Families Regulations 2017</i></p> <p><i>Charter of Human Rights and Responsibilities Act 2006</i></p>	<p><a href="#"><u>Working with Children Check</u></a></p>	<p><a href="#"><u>The 11 Child Safe Standards</u></a></p>	<p><a href="#"><u>Making a Report to Child Protection - Department of Families, Fairness and Housing</u></a></p> <p><a href="#"><u>The Orange Door - Victorian Government</u></a></p>
Qld	<p><i>Working with Children (Risk Management and Screening) Act 2000</i></p> <p><i>Child Protection Act 1999</i></p> <p><i>Child Protection Regulation 2011</i></p> <p><i>Human Rights Act 2019</i></p>	<p><a href="#"><u>Blue Card Services</u></a></p>	<p><a href="#"><u>Child and Youth Risk Management Strategies</u></a></p>	<p><a href="#"><u>Report Child Abuse - Queensland Government</u></a></p>
ACT	<p><i>Working with Vulnerable People (Background Checking) Act 2011</i></p> <p><i>Children and Young People Act 2008</i></p>	<p><a href="#"><u>Working with Children Check</u></a></p>	<p>No territory-specific standards. Guided by the Australian Government's National Principles for Child Safe Organisations</p>	<p><a href="#"><u>Reporting Child Abuse - ACT Government</u></a></p>

	<p><i>Children and Young People Regulation 2009</i></p> <p>Human Rights Act 2004</p>			
SA	<p><i>Children and Young People (Safety) Act 2017</i></p> <p><i>Children and Young People (Safety) Regulations 2017</i></p>	<p><a href="#"><u>Working with Children Checks</u></a></p>	<p><a href="#"><u>Child Safe Environments Program</u></a></p>	<p><a href="#"><u>Reporting Suspected Harm of Children and Young People - SA Government</u></a></p>
WA	<p><i>Working with Children (Screening) Act 2004</i></p> <p><i>Children and Community Services Act 2004</i></p> <p><i>Children and Community Services regulations 2006</i></p>	<p><a href="#"><u>Working with Children Check</u></a></p>	<p>No state-specific standards. Guided by the Australian Government's National Principles for Child Safe Organisations</p>	<p><a href="#"><u>Report Child Abuse - WA Government</u></a></p>
Tas	<p><i>Children, Young Persons and Their Families Act 1997</i></p>	<p><a href="#"><u>Registration to Work with Vulnerable People</u></a></p>	<p><a href="#"><u>Child and Youth Safe Organisations Framework</u></a></p>	<p><a href="#"><u>Strong Families Safe Kids - Tasmanian Government</u></a></p>
NT	<p><i>Care and Protection of Children Act 2007</i></p> <p><i>Care and Protection of Children (Placement Arrangement) Regulations 2010</i></p>	<p><a href="#"><u>Working with Children Clearance/ Ochre Card</u></a></p>	<p>No territory-specific standards. Guided by the Australian Government's National Principles for Child Safe Organisations</p>	<p><a href="#"><u>Report Child Abuse - NT Government</u></a></p>

# Service Delivery Policy and Procedure

Policy area	Service Delivery
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to guest service delivery/support provision.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Dignity of Risk</b>	A person's right to make an informed choice - even if the choice involves some risk.
<b>Reablement</b>	Maintaining a person's functional ability. It refers to the process of rehabilitating a person to enable them to learn, or re-learn new skills to gain or regain some or all of their independence. It involves developing strategies to work towards achieving personal goals.
<b>Wellness</b>	A philosophy underpinned by an emphasis on preventative health measures, optimising physical and emotional function, independence and encouraging active participation and engagement.

## CONTEXT

Stellar Experiences is committed to providing services and supports that:

- are fair and inclusive;
- are responsive, flexible and person-centred;

- prioritise guest health, safety and wellbeing;
- are ethical and compliant;
- offer cultural and linguistic diversity;
- uphold guest confidentiality, privacy and dignity;
- provide the guest with choice and control and actively seek their input;
- promote social and economic participation where possible;
- foster independence, resilience and capacity-building; and
- empower them to live their best life.

## **POLICY STATEMENT**

### **1. Service Agreements, Fees and Charges**

- Before entering into a Service Agreement or services commencing, we will provide the guest with adequate information, in a language, mode and method they are most likely to understand, so they can make informed decisions about their services and supports.
- We will ensure the guest has adequate time to consider and review their options, to read and understand their Service Agreement, and any other written information, to ask questions about any aspect of the Agreement they are entering into, including their rights and responsibilities and fees and charges to be paid.
- We will discuss with the guest to ensure they are aware of their right to seek external advice before entering into an agreement about their care and services.
- We will obtain guest consent, following adequate consultation and reasonable notice, before changing any terms (including increasing fees and charges) in the Service Agreement.
- We will provide each guest with a copy of the Service Agreement signed by them and by us as their provider. Where this is not practicable, or the guest chooses not to have a copy of the agreement, we will make a record of this and the circumstances under which they did not receive their copy.
- We will maintain a system to ensure prices, fees and payments are accurate and transparent.
- We will issue invoices that are timely, accurate, clear and presented in a way that guests are most likely to understand.
- We will address any overcharges and provide refunds to guests promptly.

## **2. Fair, Transparent and Compliant Service Provision**

- We will provide services to eligible guests fairly and equitably.
- We will not discriminate based on gender, sexual orientation, identity or preference, background, culture, ethnicity, age, ability, circumstances, or any other defining criteria.
- We will maintain transparent and consistent service access and delivery processes.
- We will provide services which comply with all applicable legislation, regulations, standards, funding and organisational requirements.
- We will provide services in accordance with the guest's Service Agreement and Support Plan.

## **3. Safe, Responsive and Person-centred Service Delivery**

- We will collaborate with the guest and their family/alternate decision-maker/advocate to provide services that are responsive, person-centred and which best suit the guest's needs, abilities, circumstances, preferences and goals.
- We will involve the guest in selecting their support worker(s), including the preferred gender, language spoken and/or cultural background.
- We will deliver services and supports in a way that optimises the guest's quality of life, wellness, reablement and maintenance of function, consistent with their needs, preferences and goals.
- We will ensure the guest has access to aids or equipment required and support the guest to use aids, equipment, devices and products safely and effectively.
- Where aids or equipment is provided, it is safe, suitable, clean and well maintained.
- We will provide information in a language, mode and method the guest is most likely to understand to support their active involvement in the support planning and service delivery evaluation and review processes.
- We will provide services in a safe and welcoming environment that is physically accessible, culturally safe, trauma-aware and healing-informed.
- We will ensure appropriate safeguards are in place and encourage the guest to report suspected or actual violence, abuse, neglect or exploitation.
- We will implement strategies to support our workers to recognise, identify, respond to and escalate in a timely manner guest risks, concerns and deterioration or changes in their ability to perform activities of daily living, mental health, cognitive or physical function, capacity or condition.

- We will not implement the use of restrictive practices and, if restrictive practices are used, they will:
  - be reported through the organisations incident reporting process and be escalated to the NDIS Quality Safeguards and Commissions as a reportable incident.
  
- We will uphold our duty of care to each guest, and balance this with their right to take informed risks (dignity of risk).
- We will focus on guest independence, resilience and capacity-building in support planning and service delivery.
- We recognise the rights and respect the guest's autonomy, including their right to intimacy and sexual and gender expression.
- We will support the guest's right to make connections with others and maintain relationships of choice, including intimate relationships.
- We will deliver services according to contemporary, evidence-based best practice which supports improving quality of life.

#### **4. Service Environments**

- We will provide comfortable, welcoming, well maintained and fit-for-purpose services environments which:
  - are accessible (including for older people with a disability);
  - are designed to promote free movement (both indoors and outdoors), engagement and inclusion;
  - reduce safety risks in the least obtrusive and restrictive way;
  - optimise useful and positive stimulation (to promote interest, joy and comfort); and
  - are easy to navigate.

#### **5. Privacy, Advocacy and Complaints**

- We will explain to the guest, in a language, mode and method they are most likely to understand, how we manage their personal and sensitive information and their right to privacy and confidentiality.

- We will respect the right of the guest to have choice about how and when they receive intimate physical care or treatment, and we will ensure this is carried out sensitively and in private.
- We will ensure the guest is aware of their right to withdraw or change their consent at any time.
- We will ensure the guest is aware of their right to an advocate of their choice and support them to engage one, if requested.
- We will ensure the guest is aware of their right to provide feedback and lodge a complaint, both internally and externally, and assist them to find more information and submit a complaint if requested.

## **6. Assessment and Review**

- We will conduct guest risk assessments through the organisations Coordination of Care at intake and during annual reviews and more often if required (change in circumstances, new health risk identified).
- We will conduct annual risk assessments of the guest's home environment to make sure it is safe for both the guest and workers when working 1:1 with a guest.
- We will conduct quarterly risk assessments to ensure our service environments are safe, well-maintained and fit-for-purpose and that equipment and aids we provide that are used by guests are safe, suitable, clean, well-maintained and meet the needs of the guest.

## **7. Continuity of Support**

- We will maintain processes to ensure continuity of support, where possible, in accordance with the terms and conditions of the guest's Service Agreement.
- In an emergency or disaster event, where scheduled services must stop, we will continue to provide essential services/critical supports for guests assessed with complex needs (medication, clinical, meals).
- We will facilitate planned and coordinated transitions to or from our services, including where multiple service and health providers, family/informal carers and workers are involved in service delivery.
- We will ensure critical information is communicated effectively and in a timely way, to the guest, their family/alternate decision-maker/advocate, workers and other service providers and health practitioners involved in the guest's care, including when:

- o the guest commences receiving care and supports;
- o the guest's needs, preferences, circumstances or goals change;
- o risks emerge, there is a change, deterioration or incident that impacts the guest; and
- o there is a transition of care between workers and others involved in the guest's care.

## **8. Collaboration with and Referral to Other Providers**

- We will communicate and collaborate, with the guest's and/or their family/alternate decision-maker/advocate's consent, to facilitate referrals to other service providers to ensure guests have access to all the services and supports they are eligible for, need and want.

## **9. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure guest privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **10. Worker Training and Development**

- We will maintain a skilled and trained workforce which is kind and caring and committed to providing safe and quality care to guests.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Safe, Responsive and Person-centred Service Delivery**

- 1.1 Ask the guest what they need, what their goals are, what makes them happy and brings them joy. Listen to what their answers are and what they tell you about their lived experiences.
- 1.2 From your findings in point 1.1 above, identify any services and supports the guest currently has and ones they would like to have to achieve their goals.

- 1.3 Provide opportunities for the guest to make informed decisions and engage services and support that builds capacity and independence.
- 1.4 Assume each guest has capacity to make their own decisions, unless otherwise identified.
- 1.5 For guests wishing to undertake risk-taking behaviour, ensure dignity of risk is supported and upheld. Complete the Risk Assessment Form – High Risk Activity or Event to ensure risks are identified and the guest has choice and control and can make an informed choice.
- 1.6 Support the guest to identify opportunities to develop and maintain social connections, including intimate relationships, and to express their sexuality, if they want this.
- 1.7 Be alert to the guest's general state of health and wellbeing (mood, behaviour, changes in sleeping or eating habits, unexpected weight loss or gain) so you can identify and report possible adverse health or wellbeing changes.
- 1.8 Assist the guest with understanding written information (e.g. their rights and responsibilities in the Service Agreement, fees and charges they must pay, communication they receive from other service providers) and provide the information in a way the guest is most likely to understand. Discuss with them their right to seek external advice before entering into an agreement about their care and services and support them to do this if requested.
- 1.9 Provide the guest with Easy Read documents, arrange an interpreter, and/or any other communication aid or equipment to assist the guest, if requested or required.
- 1.10 Support the guest to use any aid, equipment, device or product safely and effectively and make sure the device is functional, well maintained and clean. Arrange for periodic maintenance in accordance with manufacturer's instructions.
- 1.11 Find ways to enable the guest to contribute to the coaching, monitoring and supervision of their own services and support.
- 1.12 Discuss and seek input from the guest and/or their family/alternate decision-maker/advocate about specific health or allied health support that they need for their health and wellbeing.
- 1.13 Consider the guest's functional skills, abilities, circumstances and networks to identify options and when designing supports.
- 1.14 Check that you have all required written consents from the guest and remind them that they can withdraw, change or amend their consent at any time.

- 1.15 Remind the guest that they can provide feedback and/or lodge a complaint, either internally or externally, at any time and assist them to do this if requested.

## **2. Coordination of Care and Review**

- 2.1 When a guest applies to join Stellar Experiences a guest will be offered the opportunity to begin the guest onboarding process 'Coordination of Care'.

The 'Coordination of Care' process is as follows:

- Guest enquires to join Stellar Experiences.
- The relevant Area Manager will contact the guest directly to organise their 'Coordination of Care meeting' and provide them with a link to complete their onboarding documents.
- The guest will complete their onboarding documents and attend their 'Coordination of Care onboarding meeting' face to face or via zoom. The initial 'Coordination of Care onboarding meeting' has no initial charge for all new guests as of June 2025. However any current guests completing their 'Coordination of Care re-onboarding meeting' will incur a charge of \$280 which includes a face to face and non face to face fee. This will be charged to the guests' NDIS Plan the week following the 'Coordination of Care re-onboarding meeting'. It is mandatory for all of Stellar Experiences new and current guests to participate within the 'Coordination of Care' process.
- Throughout the 'Coordination of Care meeting' the relevant Area Manager with the guest and/or their family/alternate decision-maker/advocate will finalise their onboarding documents and complete their 'Individual Risk Plan'.
- The NDIS Compliance Team will finalise their guest profile and documentation. The 'Service Agreement' will be sent to the guest and/or their family/alternate decision-maker/advocate to sign via Docusign. Services will not be able to commence until the 'Service Agreement' has been signed and returned to Stellar Experiences.
- The 'Service Agreement' dates will align with the guests current NDIS Plan dates. The 'Service Agreement' will include the current 'Price Guide' as a quote to ensure that the guest has the opportunity to attend any of Stellar Experiences services at any time. The quote of the 'Price Guide' does not

lock the guest into any of Stellar Experiences services however within the quote the services that the guest does currently receive on a consistent basis will be highlighted through the table “Schedule of Supports”.

- A new ‘Service Agreement’ will be created when the guests' NDIS Plan date changes or as requested by the guest and/or their family/alternate decision-maker/advocate.
- As all Service Agreements will include the ‘Price Guide’ Guests will not be required to receive a new ‘Service Agreement’ each time they access new services within the dates of their current ‘Service Agreement’.
- As the ‘Price Guide’ prices change accordingly every new financial year, the updated ‘Price Guide’ will be sent as a PDF via email from [‘info@stellarexperiences.com.au’](mailto:info@stellarexperiences.com.au) and a new ‘Service Agreement’ with the updated ‘Price Guide’ for the new financial year will be able to be provided upon request. However all services will be charged at the rate outlined within the ‘Price Guide’ for that financial year.
- The NDIS Compliance team and relevant Area Manager will provide all new guests with a ‘Guest Welcome Pack’ once their ‘Coordination of Care onboarding meeting’ and documents have been completed and emailed back to the guest and/or their family/alternate decision-maker/advocate.
- A six month review of the ‘Individual Risk Plan’ will be completed by the NDIS Compliance Team identifying any changes to their original ‘Individual Risk Plan’.
- If there are no changes to the ‘Individual Risk Plan’ the NDIS Compliance Team will email the guest and/or their family/alternate decision-maker/advocate making them aware that there are no changes to the current ‘Individual Risk Plan’. The guest will incur a charge of \$35 which is a non face to face fee. This will be charged to the guests' NDIS Plan the week following the completion of the ‘Coordination of Care six month review’.
- The guest and/or their family/alternate decision-maker/advocate will have the opportunity to complete a survey providing their feedback and expressing their interest in any new services. The NDIS Compliance team will act on the responses of the survey accordingly.
- Guests and/or their family/alternate decision-maker/advocate will have the opportunity to book in for a ‘Coordination of Care six month review meeting’ if

the guest and/or their family/alternate decision-maker/advocate has identified that there are changes to the guests identified risks, support needs, medication, dietary requirements, or living arrangements. This will be completed via phone call or zoom. The guest will incur a charge of \$70 which includes a face to face and non face to face fee. This will be charged to the guests' NDIS Plan the week following the completion of the 'Coordination of Care six month review'.

- If a member of the NDIS Compliance Team identifies there are changes to the guests 'Individual Risk Plan' they will contact the guest and/or their family/alternate decision-maker/advocate to book in for a 'Coordination of Care six month review meeting'. This will be completed via phone call or zoom. The guest will incur a charge of \$70 which includes a face to face and non face to face fee. This will be charged to the guests' NDIS Plan the week following the completion of the 'Coordination of Care six month review'.
- The NDIS Compliance Team will amend the guests documentation accordingly to align with the changes identified.
- It is mandatory that all guests and/or their family/alternate decision-maker/advocate attend a 'Coordination of Care twelve month review'. The NDIS Compliance Team will contact the guests and/or their family/alternate decision-maker/advocate one month prior to the expiry of their current guest documentation.
- During the 'Coordination of Care twelve month review' the guests and/or their family/alternate decision-maker/advocate will have the opportunity to review all their current documentation ensuring that all of the guests support needs are current and the guest has the opportunity to identify meaningful outcome measures to assess and monitor progress towards goals. The guest will incur a charge of \$280 which includes a face to face and non face to face fee. This will be charged to the guests' NDIS Plan the week following the completion of the 'Coordination of Care twelve month review'.
- It is mandatory that guests and/or their family/alternate decision-maker/advocate complete the 'Coordination of Care twelve month review' prior to the expiry of their current documentation.

- The NDIS Compliance Team will amend the guests documentation accordingly to align with the changes identified throughout the guests 'Coordination of Care twelve month review'.
- The updated guests documents will be sent to the guest and/or their family/alternate decision-maker/advocate to sign via DocuSign. If the updated documents are not signed prior to the expiry of the original documents, services will not be able to continue until the updated documents have been signed and returned to Stellar Experiences.
- Guests and/or their family/alternate decision-maker/advocate will have the opportunity to review and amend their documentation at any time.
- The 'Coordination of Care' process will be continuous throughout the guests involvement with Stellar Experiences and it is expected that the guests and/or their family/alternate decision-maker/advocate make every effort to attend all required 'Coordination of Care' meetings inclusive of the onboarding/re-onboarding, six (as required) and twelve month review meetings.
- The guests activity with Stellar Experiences will be determined by the NDIS Compliance Team and relevant Area Managers through Stellar Experiences 'Guest Internal Audit'. A guest will be deemed 'inactive' if they have not attended any of Stellar Experiences services within the past six months consecutively.
- The NDIS Compliance Team will make the guest and/or their family/alternate decision-maker/advocate aware via email that they have been made an 'inactive guest' and will be given the opportunity to identify if they would like to stay inactive or become an 'active guest' and provide feedback through a survey. If a response from the guest and/or their family/alternate decision-maker/advocate has not been received in regards to the guests activity within 10 business days of the initial email the NDIS Compliance Team will assume that the guest wishes to remain an 'inactive guest'. The guests guest profile will be archived within ShiftCare and their status will be made inactive in all Stellar Experiences guest files.
- If an email is received in response to the initial email from the guest and/or their family/alternate decision-maker/advocate the NDIS Compliance Team will act accordingly.

- All costs associated with the 'Coordination of Care' process is outlined within the 'Price Guide'.
- 2.2 Seek input from the guest as to whether the current performance of workers is meeting their requirements and expectations.
- 2.3 Evaluate the services currently being provided against the guest's abilities, skills, needs, preferences and goals and discuss with them to check they are in alignment.
- 2.4 Discuss with the guest opportunities for changes in services and supports to increase independence and foster capacity-building. This may result in a reduction in required services.
- 2.5 Offer the guest the opportunity to have input in policy and procedure development.
- 2.6 Support the guest to review their crisis management and safeguarding arrangements, action any required changes and document them in the Support Plan and other relevant documentation.
- 2.7 Review the home environment to identify any new or changed risks. Undertake actions to eliminate or reduce identified hazards or risks.
- 2.8 Document any changes in the Support Plan and make sure all guest documentation is current and up to date.

### **3. Continuity of Support**

- 3.1 Contact the guest and let them know if there is going to be a change to a rostered shift. Demonstrate empathy, apologise for the inconvenience and explain what actions will be taken as an alternative. Support the guest to provide feedback or make a complaint if requested.
- 3.2 Identify suitable alternate/replacement workers to cover a shift if the regular worker is absent/leaves employment. This may involve recruiting new workers or labour hire.
- 3.3 Ensure alternate workers, including labour hire workers, have any required skills and training to support a specific guest.
- 3.4 Match workers in accordance with the guest's preferences of worker attributes (e.g. gender, culture, age group) and if possible, match them with guests who live close by in the area.
- 3.5 Collaborate with the guest to develop a Personal Emergency Preparation Plan to plan supports before, during and after an emergency or disaster.

- 3.6 Contact the guest when planned or unplanned disruptions to normal services occur and give as much notice as possible about planned disruptions.
- 3.7 In an emergency or disaster event, where normal services stop, continue to provide essential services/critical supports for guests assessed with complex needs (e.g. medication, clinical, meals).
- 3.8 Document all guest preferences and needs in the Support Plan, including information about other relevant documents (e.g. complex health plan, hospital discharge summaries, medication summaries, comprehensive health assessments) so all workers have access to update and complete information.
- 3.9 Ensure critical information is communicated effectively and in a timely way to all relevant workers and others involved in the guest's care (including when guest needs, preferences, circumstances or goals change; if there is a risk, incident or observed deterioration of guest health or wellbeing; and/or if the guest is transitioning into a different environment).

## **SUPPORTING DOCUMENTS**

- Service Agreement
- Service Agreement with Easy Read documents

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

## Staff Leave Policy

Policy area	Human Resources
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	2
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Work Health and Safety Act 2011 NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

### PURPOSE

The purpose of this policy is to explain Stellar Experiences the guidelines and procedures for requesting and approving staff leave within Stellar Experiences. The policy aims to ensure fairness, maintain adequate staffing levels, and accommodate the personal needs of employees.

### SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

### DEFINITIONS

Term	Definition
<b>Annual Leave</b>	An allotted number of days that one may use to be absent from work over the course of a year without losing pay.
<b>Short Notice Leave</b>	When a staff member requests leave with 24 hours or less notice. This is inclusive of sick leave and emergency leave.
<b>Long Service Leave</b>	A period of paid leave that employees receive after working for the same employer for 10 years.
<b>Sick Leave</b>	A leave of absence granted because of illness.
<b>Emergency Leave</b>	A leave of absence granted due to urgent situations that required immediate action.
<b>Personal/Carers Leave</b>	A leave of absence granted to take care of a sick or injured family member.

## CONTEXT

Stellar Experiences aims to ensure fairness, maintain adequate staffing levels and accommodate the personal needs of employees.

## POLICY STATEMENT

### 1. Leave Request Process

- a. Leave requests must be submitted **via the Stellar StaffHub** through the 'Leave Request' section.
- b. Employees should submit their leave requests as early as possible. For leave between 1-6 days, at least 2 weeks notice is required. For any leave over 7 days, at least 4 weeks notice is required.
- c. Leave will only be approved for a limited amount of staff at any one time. The order of approval for leave requests will be based on the date and time of submission.
- d. The approval of leave requests will be subject to the assurance that adequate staffing levels are maintained throughout that period.
- e. In cases of unexpected circumstances or emergencies, employees should inform People and Culture as soon as possible.

### 2. Annual Leave Entitlement

- a. The annual leave entitlement for each staff member will be determined by their employment contract.
- b. Annual leave is required to be taken during the Christmas/New year period when the Stellar Experiences office is closed. The amount of annual leave will be determined by the average weekly hours worked throughout the year.
- c. Staff are entitled to continue working through this closed period if there are shifts available. Annual leave will then be taken on the average hours lost throughout this period.

### 3. Leave During Busy Periods

- a. There may be certain periods, such as when overnight trips are occurring, during which leave requests may not be approved.
- b. These designated periods will be communicated well in advance to allow employees to plan their leave accordingly.

#### **4. Short Notice Leave (Less than 24 hours notice)**

- a. For short-notice leave (less than 24 hours), including sick and emergency leave, please call your relevant Area Manager.
- b. If the leave request falls on a weekend, please call on-call directly at 02 7506 8383.
- c. If a leave request is made outside of business hours on a weekday, staff are to attempt to arrange a cover for the shift.

#### **5. Leave Approval and Notification**

- a. Rostering and Bookings will review and approve leave requests based on factors such as staffing requirements, workload, and the order of submission.
- b. Employees will be notified of the approval or denial of their leave requests within 7 working days after submission.
- c. Staff are to ensure that no bookings are to be made until leave has been approved.
- d. Approved leave requests will be recorded in shiftcare, and employees will be paid annual leave on the pay run following the leave taken.

#### **6. Abuse of Leave Policy**

- a. Any misuse or abuse of the leave policy may result in disciplinary action, up to and including termination of employment, as per Stellar Experiences disciplinary procedures.

### **CONCLUSION**

This Staff Leave Policy is designed to create a fair and transparent process for requesting and approving staff leave while ensuring Stellar Experiences operational requirements are met. Employees are encouraged to review this policy carefully and seek clarification from management if needed.

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager and Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;

- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Sun Safety Policy

Policy area	Sun Safety Policy
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	2
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to guests, staff and volunteers sun safety.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## CONTEXT

Stellar Experiences is committed to prioritising guests', staff and volunteers health and wellbeing in regards to sun safety:

- encourages and supports them to adopt and practice sun safety habits
- to protect all guests, staff and volunteers from the harmful effects of Ultraviolet (UV) radiation from the sun.
- to raise awareness among guests, staff and volunteers about the importance of sun safety
- to ensure that all outdoor activities are conducted with adequate sun protection measures in place.

## POLICY STATEMENT

Some sun exposure is important for vitamin D which is essential for healthy bones, muscles and general health. Adequate vitamin D levels are reached through regular incidental exposure to the sun. However, too much sun exposure can cause skin and eye damage and skin cancer.

At Stellar Experiences the safety and wellbeing of our staff and guests is at the center of our focus. Australia has one of the highest rates of skin cancer world wide. Our sun's UV radiation is the major cause of skin cancer as our UV radiation is able to cause sunburn in as little as 11 minutes.

The Australian Radiation Protection And Nuclear Safety Agency (ARPANSA) measures the UV index. The UV index divides the UV radiation levels into:

- Low 1 - 2
- Moderate 3 - 5
- High 6 - 7
- Very High 8 - 10
- Extreme 11 - above

During October - March (day lights saving time) the UV radiation is the highest between 11am and 3pm. During April - September the UV radiation is the highest between 10am and 2pm.

Sun protection is recommended whenever the UV rays reach levels 3 or higher. Below 3 sun protection is not necessary unless you are outdoors for an extended period of time or near reflective surfaces like snow.

For the best protection it is essential to use the five Sun Smart steps:

1. Slip on covering and protective clothing Slap on SPF 30 or higher broad spectrum
2. Water resistant sunscreen at least 20 minutes prior to going outside and reapplying every 2 hours or after swimming or excessive sweating using at least a teaspoon for each limb
3. Slap on a hat with a brim to protect the face and neck
4. Seek shaded areas
5. Slide on som sunglasses that meet the Australian Standard AS/NSZ 1067.

Please be aware that some medications can create photosensitivity which is a sensitivity to UV radiation. Some of these medications include but are not limited to:

- Antipsychotics
- Antidepressants
- Anticonvulsants
- Antihistamines
- Diuretics
- NSAIDS
- Statins

- Diabetes medications

Some guests may not want to participate in sun safety measures. It is important to provide guests the opportunity to practice choice and control however it is our duty of care to encourage all guests to practice sun safety measures.

Stellar Experiences provides everyday sunscreen with SPF 50+ on every experience. This is for the use of all guests, staff and volunteers. It is encouraged that any guest, staff or volunteer that suffers from sensitive skin bring their own sunscreen that works best for them.

Stellar Experiences and their staff ensures to encourage guests to reapply sunscreen every 2 hours or after swimming or excessive sweating when on an experience where guests, staff and volunteers are outdoors for long periods of time particularly during peak UV radiation periods.

The sun safety will be reviewed and updated annually, or as necessary to ensure compliance with the latest Australian Government Cancer Council guidelines and the NDIS “Practice Alert - Sun and summer safety”

## **SUPPORTING DOCUMENTS**

- NDIS Practice Alert Sun and Summer safety
  - <https://www.ndiscommission.gov.au/sites/default/files/2022-12/Practice%20Alert%20%20Sun%20and%20summer%20safety.pdf>
- Cancer Council UV Index
  - <https://www.cancer.org.au/cancer-information/causes-and-prevention/sun-safety/uv-index>
- Cancer Council Be SunSmart
  - <https://www.cancer.org.au/cancer-information/causes-and-prevention/sun-safety/be-sunsmart>
- Cancer Council Vitamin D
  - <https://www.cancer.org.au/cancer-information/causes-and-prevention/sun-safety/vitamin-d>

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager and Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring worker compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct.

## Support Planning Policy and Procedure

Policy area	Support Planning
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

### PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to planning guest services and supports through the 'Coordination of Care' process.

### SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

### DEFINITIONS

Term	Definition
<b>Dignity of Risk</b>	A person's right to make an informed choice - even if the choice involves some risk.
<b>Reablement</b>	Maintaining a person's functional ability. It refers to the process of rehabilitating a person to enable them to learn or re-learn new skills to gain or regain some or all of their independence. It involves developing strategies to work towards achieving personal goals.
<b>Wellness</b>	A philosophy underpinned by an emphasis on preventative health measures, optimising physical and emotional function, independence and encouraging active participation and engagement.

## **CONTEXT**

Stellar Experiences is committed to collaborating with the guest, their family/alternate decision-maker/advocate and other stakeholders to plan guest services and supports that achieve the best outcomes for the guest. This is implemented through our Guest Onboarding and Coordination of Care processes which will be conducted in a way that:

- encourages and supports them to adopt and maintain good nutrition and healthy lifestyle habits;
- best suits their individual needs, abilities, circumstances, preferences and goals;
- safeguards them against violence, abuse, neglect and exploitation;
- escalates health-related issues, concerns and risks promptly and appropriately;
- provides choice, control and self-determination;
- is culturally safe;
- upholds their privacy and dignity;
- promotes community participation and engagement;
- enables independence and capacity-building where possible; and
- empowers them to live their best life.

The 'Coordination of Care' process is outlined within the 'Service Delivery Policy and Procedure'.

## **POLICY STATEMENT**

### **1. Collaborative Approach to Support Planning**

- We will adopt a collaborative approach to support planning and work in partnership with the guest and stakeholders to develop a Support Plan that:
  - identifies and documents the guest's needs, preferences and strategies to achieve their personal goals;
  - identifies others involved in the guest's care and ensure coordination;
  - is current and complete;
  - reflects outcomes of all applicable assessments;
  - includes information about risks associated with care and services and how to manage these risks;
  - is accessible to the guest and others involved in their care with their consent;

- is used and understood by workers to guide the delivery of care and services.
- We will involve other service providers and health practitioners in the assessment and planning process, with the guest's consent, as required.
- We will involve the guest in selecting their support worker(s), including the preferred gender, language spoken and/or cultural background, and maximise continuity of support.
- We will support the guest to exercise choice and control, including to make decisions about when family, friends, carers or any other person of their choice should be involved in their care.
- We will foster an ongoing partnership with other people that the guest chooses to have involved in their care.
- We will gather information and partner with the guest and other stakeholders to design the supports in a way that:
  - maximises their independence and skills;
  - promotes wellness, reablement and maintenance of function;
  - suits their age, abilities and circumstances;
  - includes preventative health care measures (recommended vaccinations, dental check-ups, comprehensive health assessments and allied health services);
  - maintains their human rights and safeguards them against violence, abuse, neglect, exploitation and discrimination;
  - is culturally safe and communicated in a language, mode and method that they are most likely to understand;
  - recognises and supports the right of self-determination and informed decision-making;
  - fosters social connections and relationships of choice (including intimate relationships);
  - meets their needs in the least intrusive and restrictive manner possible;
  - is ethical and legal; and
  - optimises quality of life.
- Where appropriate, we will collaborate with the guest and/or their family/alternate decision-maker/advocate to identify and address advance care, palliative care and/or end of life planning needs and preferences, as requested.

## **2. Supporting Guest Decision-making**

- We will implement and maintain a system:
  - to identify guests who require support with decision-making and provide access to the support necessary to make, communicate and participate in decisions that affect their lives;
  - that involves family and carers in supporting decision-making where possible; and
  - that uses substitute decision-makers only after all options to support the guest to make decisions themselves have been exhausted.

## **3. Building a Trust Relationship**

- We will seek to ‘know our guests’ and build a relationship based on trust, to enable us to work with them to assist in developing strategies to support achievement of personal goals.

## **4. Dignity of Risk and Achieving Personal Goals**

- We will support the guest’s right to take informed risks and build resilience and independence (dignity of risk).
- We will encourage and support the guest to be creative and ‘think outside the box’ to identify and develop strategies to achieve personal goals.
- We will seek and provide information to assist with planning and discuss opportunities for the guest to explore and expand their vision for the future.
- We will review guest progress towards achievement of goals and revise the Support Plan accordingly.

## **5. Risk Management and Continuity of Support**

- We will seek input from the guest and/or their family/alternate decision-maker/advocate to identify risks to the guest’s health, safety and wellbeing, and strategies for managing these risks.
- We will collaborate with the guest to develop strategies and plans that facilitate continuity of support in the event of:
  - an emergency or disaster; and

- a transition to a different environment (hospital, hospital, respite, residential facility).
- We will conduct ongoing risk assessments, including environmental risks in the guest's home, to make sure the guest's risks continue to be identified and managed and revise the Support Plan accordingly.
- As part of the guest risk assessment process, we will consider the degree to which the guest relies on our services to meet their daily living needs and the extent to which the health and safety of the guest would be affected if our services were disrupted.
- We will implement strategies to support our workers to recognise, identify, respond to and escalate in a timely manner guest risks, concerns and deterioration or changes in their ability to perform activities of daily living, mental health, cognitive or physical function, capacity or condition.

## **6. Reviewing Support Plans**

- We will review each guest's Support Plan (and other care plans if applicable) at least annually and also if:
  - there is a change in the guest's needs, preferences and goals;
  - if new risks are identified;
  - if there has been an incident or change that adversely impacts the guest;
  - there is a change in availability of others involved in the guest's care.

## **7. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## **8. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of guests' right to freedom of expression, self-determination and decision-making and to be involved in their own support planning.
- We will maintain processes to adequately monitor and supervise workers.

## **PROCEDURES**

### **1. Collaborative Approach to Support Planning**

- 1.1 Partner with the guest, and/or the family/alternate decision-maker/advocate as appropriate, to establish the agreed method for designing the Support Plan to ensure the guest's requirements and preferences are incorporated.
- 1.2 Seek input from the guest to understand their capabilities and functional skills and assist them to design supports which build on these and create independence and resilience to achieve goals.
- 1.3 Discuss with the guest other services and supports they may need or want and when and how they would like other people in their support network (family, friends, carers) to be involved in their care.
- 1.4 Discuss with the guest their physical, emotional, spiritual, cultural, community, social and financial needs and preferences and what strategies, services and supports will best meet these needs.
- 1.5 Discuss with the guest ways they can/would like to develop and maintain social connections and relationships (including intimate relationships).
- 1.6 Seek and provide information for the guest to consider in line with their preferences and goals.
- 1.7 Discuss with the guest ways to include safeguards in their Support Plan and strategies to respond to emergencies, disasters and foreseeable life events.
- 1.8 Discuss with the guest about information-sharing to optimise support planning and obtain their written consent to share information with other providers.
- 1.9 Contact other service providers working with the guest to share information, with the guest's consent, and discuss options to maximise the guest's health and wellbeing.
- 1.10 Collaborate with relevant stakeholders to ensure guests with complex care needs are provided with access to a full range of required supports (allied health, health and social support services). If required, organise a meeting with all stakeholders.
- 1.11 Make sure you, or other workers who will be providing care for the guest, have had the required training before taking on your first rostered shift as detailed in the guest's Support Plan. This includes:
  - an agreed number of 'buddy shifts';
  - access to the Support Plan to review and understand the guest's requirements before providing support.

## **2. Risk Management**

- 2.1 Identify and discuss with the guest any environmental risks in the guest's home and strategies to mitigate these risks.
- 2.2 Ensure any equipment we provide that is used in the delivery of care or services is safe and meets the assessed needs of the guest.
- 2.3 Complete the Individual Risk Profile Form with the guest and other stakeholders as required. For all risks identified, ensure the Risk Management Plan is completed to identify triggers for the identified risks and mitigation strategies to manage the identified risks.
- 2.4 Once the planned supports are agreed to and the guest's risk profile is completed, determine the degree to which the guest will rely on services to meet their daily living needs and document this on the Individual Risk Profile and the Support Plan.
- 2.5 Review the Individual Risk Profile periodically to determine the effectiveness of the Risk Management Plan. Some guests will require more frequent reviews than others, as determined by their identified risks and strategies.
- 2.6 The Individual Risk Profile must be reviewed (as a minimum) every six months and whenever there is a change in circumstances.
- 2.7 Ensure the Individual Risk Profile, Safe Environment Checklist, Personal Emergency Preparation Plan and Support Plan are completed, reviewed annually and recorded in the guest's file (more often if guest circumstances change).
- 2.8 Organise for an annual comprehensive risk assessment to be completed with input from the guests's doctor.

## **3. Service Agreement and Support Plan**

- 3.1 Develop a Service Agreement that establishes the responsibilities and expectations of both parties and the terms and conditions associated with the delivery of services.
- 3.2 Ensure the guest has adequate time to read and understand the Service Agreement and consider their options. Determine if the guest needs additional support to understand their Service Agreement and organise this if required. Ask the guest if they have any questions or concerns (including in relation to fees and charges) or if they would like anything clarified. Discuss with them their right to seek external advice and their right to an advocate to speak on their behalf before they sign the Agreement.

- 3.3 Ensure information in the Service Agreement and Support Plan (including emergency contact details) are clearly documented, accurate and up to date and accessible to all relevant stakeholders.
- 3.4 A new 'Service Agreement' will be created when the guests' NDIS Plan date changes or as requested by the guest and/or their family/alternate decision-maker/advocate.
- 3.5 As all Service Agreements will include the 'Price Guide' Guests will not be required to receive a new 'Service Agreement' each time they access new services within the dates of their current 'Service Agreement'.
- 3.6 As the 'Price Guide' prices change accordingly every new financial year, the updated 'Price Guide' will be sent as a PDF via email from '[info@stellarexperiences.com.au](mailto:info@stellarexperiences.com.au)' and a new 'Service Agreement' with the updated 'Price Guide' for the new financial year will be able to be provided upon request. However all services will be charged at the rate outlined within the 'Price Guide' for that financial year.
- 3.7 Provide the guest with a signed copy of their Service Agreement.
- 3.8 Review (and organise required revisions to) the Support Plan annually as a minimum, and also if there is a:
  - change in the guest's needs, preferences or goals;
  - change in the availability, capacity or responsibilities of others involved in the guest's care (e.g. family or friend);
  - new risk is identified; or
  - there is a change or incident that impacts the guest.

## **SUPPORTING DOCUMENTS**

- Alternative Arrangement – Individual Continuity of Support
- Individual Guest Profile
- Individual Risk Assessment Profile
- Guest Intake Checklist
- Guest Intake Form
- Guest Orientation Checklist
- Progress File Notes
- Support Matching Assessment Form
- Support Plan Progress Report
- Support Plan Review Report

- Support Plan

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure;
- and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Surveillance Technology Policy and Procedure

Policy area	Service Delivery
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Next review date	09/02/2027
Authority	Privacy Act 1988 Australian Privacy Principles State/Territory Privacy legislation NDIS Surveillance Technology Practice Guide State/Territory Surveillance Devices Acts Criminal Codes (state or territory) dealing with privacy and visual recordings (e.g. Qld) NDIS Act 2013 NDIS Practice Standards and Quality Indicators UN Convention on the Rights of Persons with Disabilities UN Convention on the Rights of the Child NDIS Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to managing the use of surveillance technology at operational sites where services are delivered.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Surveillance Technology</b>	Devices that collect information about an individual through electronic means. This includes: <ul style="list-style-type: none"> <li>● <b>Closed Circuit Television (CCTV)</b> to capture visual and audio footage;</li> <li>● <b>Audio Monitors</b> (baby monitors, intercoms);</li> <li>● <b>Global Positioning System (GPS)</b> devices to enable the tracking of a person's location (smart phone or watch, electronic monitoring bracelet);</li> <li>● <b>Motion Sensor Alarms</b> to detect the physical movement of a person in a certain area (door sensor, seizure mat).</li> </ul>
<b>Regulated Restrictive Practices</b>	Restrictive Practices are regulated by the NDIS Commission and defined in the NDIS (Restrictive Practices and Behaviour Support) Rules 2018. They include

	<p>seclusion; chemical restraint; environmental restraint; mechanical restraint; and physical restraint.</p> <ul style="list-style-type: none"> <li>• If surveillance technology is used to influence a person’s behaviour, stop them from accessing particular items or environments or restrict their freedom of movement, then it is a Restrictive Practice.</li> <li>• If surveillance technology is used to increase a person’s independence and freedom of movement, then it is not a Restrictive Practice.</li> </ul>
<p><b>Private Conversation</b></p>	<p>Any words spoken by one person to another person, or to other persons in circumstances that may be reasonably taken to indicate that any of those persons desires the words to be listened to only:</p> <ol style="list-style-type: none"> <li>a. by themselves; or</li> <li>b. by themselves and by some other person who has the consent, express or implied, of all of those persons to do so;</li> </ol> <p>but it does not include a conversation made in any circumstances in which the parties to it ought reasonably to expect that it might be overheard by someone else.</p>

## CONTEXT

Stellar Experiences recognises that surveillance technology can be very invasive to a person’s privacy, particularly the use of CCTV. It raises ethical issues for the rights of people with disability in relation to personal privacy. We also acknowledge that if used ethically and compliantly in the delivery of care and support, the use of surveillance technology can assist workers to:

- keep guests and others safe;
- monitor and manage guest health issues;
- identify instances of abuse, neglect and exploitation;
- collect data about behaviours of concern; and
- increase independence.

We are committed to ensuring surveillance technology is:

- used in a way that upholds the guest’s dignity and privacy;
- compliant with all applicable privacy laws;
- only used for a lawful purpose;
- necessary for the health, safety and wellbeing of the guest;
- directly associated with the care and support we provide to the guest; and
- the least restrictive or invasive alternative for the guest.

## **POLICY STATEMENT**

### **1. Identification, Assessment and Review**

- We will identify, assess and review the need for a guest to be monitored by surveillance technology and the risks involved.
- If deemed appropriate, we will collaborate with the guest and their family/alternate decision-maker/advocate to identify the most appropriate surveillance technology, based on the guest's needs, circumstances, preferences and goals and review this annually, or more often if required.
- We will assess whether the use of surveillance technology would be considered a Restrictive Practice and if so, implement further actions as required. Refer to the Surveillance Technology Procedure.

### **2. Communication and Consent**

- We will discuss with the guest their human and legal rights in relation to the use of surveillance technology using a language, mode and method they are most likely to understand and which makes them feel comfortable, safe and respected.
- We will obtain written consent from the guest and/or family-decision-maker/advocate for whom surveillance technology is being implemented, and from any other person who will, or may be, subject to incidental or unintentional monitoring.

### **3. Use and Impact**

- We will consider the impact of the use of surveillance technology on the person's mental and emotional wellbeing and whether it reduces or enhances their independence and quality of life.
- We will use the least invasive/intrusive alternative where possible.
- We will not use surveillance technology as a way of reducing or replacing human support and interaction.
- We will consider the privacy and dignity of individuals when determining the location of surveillance technology such as CCTV to prevent or minimise 'incidental recordings' of passers-by or another person's private property.
- We will install signage in the immediate or general vicinity to inform people that CCTV cameras are operating.

- We will not make any recordings for any other purpose than what is agreed is in the best interests of the guest.

#### **4. Compliance**

- We will comply with all applicable federal and state/territory legislation, regulations, standards and principles in relation to surveillance monitoring and the collection, use, disclosure, retention and storage of personal and sensitive information.

#### **5. Access**

- We will provide the guest with access to footage or recordings of themselves, if requested.
- We will ensure that only authorised workers monitoring the guest as part of their support provision function view live footage or recordings.
- We will ensure access to stored or archived footage or recordings is only provided to authorised personnel (law enforcement, official investigation, public health order).

#### **6. Complaints**

- We will discuss with the guest their right to lodge a complaint, both internally and externally, about the use of surveillance technology and privacy, and support them to do so if requested.

#### **7. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

#### **8. Worker Training and Supervision**

- We will maintain a skilled and trained workforce which is aware of guests' human rights and the legal and ethical considerations in relation to the use of surveillance technology.
- We will maintain processes to adequately monitor and supervise workers.

### **PROCEDURES**

## 1. Identification, Assessment and Review

1.1 Consider the following when identifying, assessing and reviewing guest surveillance technology options and risks:

**Have the guest's needs, circumstances, preferences and goals been considered as part of the proposal to introduce surveillance monitoring?** Have you established the guest's preferences in relation to:

- the type of electronic device to be used;
- the location of the electronic device;
- preferred times for the monitoring to occur and when it should not be used; and
- if they will have the ability to activate or deactivate the device?

**Why is surveillance monitoring being proposed?** Is it due to:

- medical/health-related needs;
- behaviours of concern;
- behaviours of others; and/or
- the environment?

**Would the surveillance monitoring be considered a Restrictive Practice?** The two questions to ask to answer this are:

- Would it be used to influence the guest's behaviour?
- Would it be used to restrict the guest's access to a particular item or free movement in their environment?

**If the answer is 'yes'** then it is a regulated Restrictive Practice (environmental restraint). This requires:

- authorisation from the relevant state/territory Restrictive Practice body; and
- development of a guest behaviour support plan with this practice included in it.

If the use of technology occurs without this in place, it must be reported to the NDIS Commission as a reportable incident.

**If the answer is 'no'**, it is not a regulated Restrictive Practice and no regulatory reporting is required.

How will the surveillance monitoring assist with managing the guest's risks or difficulties? What other less restrictive/invasive alternatives have been considered?
Will the use of surveillance technology result in physical, psychological or emotional trauma to the guest?
How and to what extent will the guest's health, safety and wellbeing be improved by the use of the surveillance technology?
How and to what extent will the surveillance technology impact other people? — including other guests, workers, family members, other visitors and members of the public.
Consider the use of surveillance devices in a public space and a private space. Is the surveillance device an optical device or a audio device? Will the device record private conversations?
What is the most appropriate way to communicate with the guest or family/alternate decision-maker/advocate?
Where live surveillance monitoring is going to be used, has the equipment been placed in such a way to ensure that only the people who need to see or hear the monitoring hear or see it? Or at least minimise the chances of other people hearing or seeing it?

## 2. Communication and Consent

- 2.1 Discuss with the guest and family/alternate-decision maker/advocate the:
- type of monitoring that is proposed;
  - reasons for the proposed monitoring; and
  - extent it is proposed to be used.
- 2.2 Discuss with the guest and their family/alternate decision-maker/advocate the reasons that footage or recordings may be accessed and by whom. It may be accessed for law enforcement purposes and official investigations (e.g. the Police, the courts, work health safety regulator), or in response to public health orders. It may also be released to a third party if the guest requests this and provides written consent for this to happen.
- 2.3 Place written notices, in a format that is clear and easily understood by the guest and anyone else accessing the site that they will or may be recorded by an electronic monitoring device. This may be by the following methods:

- a poster on the wall beside the surveillance technology equipment; or
  - a notice on the worker noticeboard to alert workers whose movements will be incidentally monitored.
- 2.4 If the guest does not have intellectual or cognitive capacity to provide independent written consent to use of the surveillance technology, seek consent from the family/alternate decision-maker/advocate as appropriate.
- 2.5 Consent must also be obtained from the owner of the property where surveillance technology is proposed for use.
- 2.6 Obtain written consent from the guest or family/alternate decision-maker/advocate each time the surveillance technology arrangements are reviewed (annually, or more often if required), irrespective of whether or not the arrangements have changed.

### 3. Complaints

- 3.1 Support the guest to lodge a complaint with the Office of the Australian Information Commissioner, if requested, in relation to privacy or data breach using the following contact methods.

- on the online [privacy complaint form](#)
- mail: GPO Box 5288, Sydney NSW 2001
- fax: +61 2 6123 5145.

For data breaches:

- online Notifiable Data Breach form.

### 4. Security and Storage

- 4.1 Store surveillance footage and recordings securely, either as a password-protected digital file or as a hard copy in a protected folder or locked filing cupboard or drawer.
- 4.2 Retain surveillance footage and recordings in accordance with applicable legislation and regulations — including records retention notices in place by the National Archives of Australia to support Royal Commission outcomes.

### SUPPORTING DOCUMENTS

- Privacy and Confidentiality Agreement

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure;
- and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Waste Management Policy and Procedure

Policy area	Work Health and Safety
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Work Health and Safety Act 2011 (and subsequent amendments) Work Health and Safety Regulation 2011 (and subsequent amendments) NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy and procedure is to explain Stellar Experiences commitment and approach to waste management.

## SCOPE

This policy and procedure applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Adverse Effects</b>	<p>This includes adverse effects from exposure to hazardous waste or accidental release into the environment, including:</p> <ul style="list-style-type: none"> <li>● infections;</li> <li>● antimicrobial resistance (building up resistance to antibiotics);</li> <li>● injuries from sharps (needles, syringes, lancets, pen needles);</li> <li>● air pollution;</li> <li>● thermal injuries (skin injuries caused by excessive heat);</li> <li>● radiation burns; and</li> <li>● environmental contamination or damage.</li> </ul>

<b>Cytotoxic Waste</b>	Any material contaminated with residues or preparations that are toxic to cells. For example cancer treatments such as chemotherapy and radiation. This waste has special handling, packaging and disposal requirements.
<b>Hazardous Waste</b>	<p>Infectious waste including:</p> <ul style="list-style-type: none"> <li>● waste contaminated by body fluids (saliva, urine, faeces, vomit);</li> <li>● waste from guests who have infections (bandages, swabs);</li> <li>● pathological waste (human tissue, organs or body parts);</li> <li>● sharps (needles, syringes, disposable scalpels and blades);</li> <li>● chemical waste (disinfectants, batteries, heavy metals in medical devices);</li> <li>● pharmaceutical waste (expired, unused or contaminated medicines and vaccines);</li> <li>● cytotoxic waste (cancer medications such as chemotherapy and radiotherapy – these kill all cells, not just cancer cells); and</li> <li>● radioactive waste.</li> </ul>
<b>Personal Protective Equipment (PPE)</b>	Safety clothing or equipment for circumstances or areas where the nature of the work involved or the conditions of work requires wearing or using personal protection to minimise risk (e.g. gloves, goggles, face shield).

## CONTEXT

Stellar Experiences is committed to providing a safe environment for guests, workers and others where services are being delivered. We will implement and maintain a waste management approach that:

- complies with waste management and WHS legislation and regulations;
- makes the environment as safe as possible;
- reduces or prevents adverse effects of exposure to hazardous waste;
- minimises harm to the environment;
- reduces, as far as possible, the volume or extent of the waste;
- collects, stores and disposes of waste safely and appropriately and in accordance with applicable legislation, regulations, standards and guidelines;
- upholds guest privacy and dignity; and
- monitors and reviews processes with a view to continuous improvement.

## **POLICY STATEMENT**

### **1. Compliance with Legislation, Regulations, Standards and Guidelines**

- We will comply with national, state/territory and local government hazardous waste management legislation, regulations, standards and guidelines.
- We will comply with the applicable national and state/territory WHS legislation and regulations in relation to hazardous waste and keeping the workplace healthy and safe for guests, workers, visitors and others in the workplace.

### **2. Waste and Environmental Management**

- We will identify and implement processes to minimise harm to the environment, (reducing the volume of waste generated and unnecessary energy consumption).
- We will review our purchasing behaviour and strive to reduce waste and use less harmful chemicals where possible.
- We will ensure there are appropriate colour-coded hazardous waste disposal bins available for workers to dispose of hazardous waste safely and effectively.
- We will seek to conserve energy where possible (install eco-friendly lights, purchase energy-efficient white goods, use greener fuel sources).

### **3. Risk Management**

- We will conduct guest risk assessments at intake and during guest reviews and service provision to identify and assess hazardous waste risks and required actions.
- We will escalate risks, issues and concerns as required (WHS regulator, health practitioner, guest's family/alternate decision-maker/advocate).
- We will maintain processes in accordance with WHS regulations to protect guests, workers and others in a service delivery environment from exposure to hazardous substances generated during the delivery of supports.

### **4. Collection, Storage and Disposal of Waste**

- We will use best practice hygiene and infection control measures to collect, store and dispose of general waste.
- We will collect, store and dispose of hazardous waste in accordance with [Safe Work Australia guidelines](#) and the relevant state/territory WorkSafe code of

practice/guidelines to protect people and the environment from adverse effects from exposure.

- We will ensure workers wear appropriate personal protective equipment (PPE) in accordance with [Safe Work Australia guidelines](#) and the relevant state/territory WorkSafe code of practice/guidelines. Refer to the Work Health and Safety Policy.
- We will segregate hazardous waste so that it is easily identifiable. Refer to the Waste Management Procedure for details.
- We will ensure hazardous waste is stored away from food and clean storage areas (in a shed, garage or fenced area).
- We will regularly clean the hazardous waste storage area and provide authorised workers with access to appropriately cleaning materials.
- We will ensure hazardous waste storage areas are not accessible by the public or unauthorised people.
- We will ensure hazardous waste storage areas have clearly visible signs alerting people to the presence of the hazardous waste.
- We will ensure, where possible, the flooring of the storage area of hazardous waste is rigid (concrete).
- We will follow Safe Work Australia guidelines in relation to any specific storage requirements (in a fridge to prevent decomposition and odour).

## **5. Incident Reporting and Emergency Planning**

- We will conduct internal and external incident reporting in required timeframes and formats.
- We will develop individual emergency plans for guests whose supports involve hazardous waste to direct actions in the event of a hazardous waste incident.

## **6. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will ensure the guest has provided us with all required written consents.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible to the guest and only other stakeholders authorised to access it.

## 7. Worker Training and Supervision

- We will maintain a skilled and trained workforce, which has required waste management training, including how to safely collect, store and dispose of hazardous waste and how to respond to and escalate hazardous waste incidents.
- We will maintain processes to adequately monitor and supervise workers.

## PROCEDURES

### 1. Collection, Storage and Disposal of Waste

- 1.1 Use best practice hygiene and infection control measures to collect, store and dispose of general waste.
- 1.2 If there is cleaning/disinfectant waste, dispose of through the sewer system by running cold water in the sink and then pour the chemical down the sink. Leave the cold water running for a few minutes after you've poured the chemical/disinfectant down the sink.
- 1.3 Make sure you are wearing appropriate personal protective equipment (PPE) in accordance with work health and safety (WHS) guidelines before collecting, storing or disposing of hazardous waste.
- 1.4 Collect hazardous waste and put it in a bag or package. Do not fill the bag or package beyond two-thirds of its capacity. Tie up bag or package securely.
- 1.5 Place the bag or package into a designated container at the time and place of generation.
- 1.6 Clearly label the container.
- 1.7 If the container must be incinerated in accordance with WHS guidelines (e.g. chemicals, cytotoxic, pharmaceutical and untreated clinical waste), use **non-PVC plastic liners**.
- 1.8 If it is cytotoxic waste, make sure the container is strong enough to resist spillage, leakage or breakage and do not reuse the container.
- 1.9 If it is pharmaceutical waste, make sure the container is non-reactive, tamper-proof and able to withstand rupture and contain spills. If unsure, contact a pharmacy.
- 1.10 If it is clinical waste, make sure you are using biohazard bags (identifiable with yellow symbol as per diagram below).
- 1.11 Double bag the hazardous waste if you think it is required and take reasonable care to avoid accidental exposure.

- 1.12 Store hazardous waste in a secure area (e.g. a shed, garage or fenced area), with a hard floor (e.g. concrete) until it can be removed from the premises by a licensed waste removal organisation.
- 1.13 Make sure hazardous waste is not stored near food or cleaning storage areas.
- 1.14 Make sure the hazardous waste storage area is clearly signed and not accessible by the public.
- 1.15 Organise for a licensed waste disposal company to remove clinical and pharmaceutical waste at least three times per day, or more frequently as needed.

## 2. Sharps Collection, Storage and Disposal

- 2.1 Always wear PPE (gloves, goggles, face shield and gown).
- 2.2 Dispose of sharps in a sharps container that meets Australian and New Zealand standards.
- 2.3 Make sure the sharps container has rigid walls (hard and resistant to breakage). Do not reuse single sharps containers.
- 2.4 Make sure the sharps container is not already full with no more capacity.
- 2.5 Place the needle and syringe (still connected) into the sharps container.
- 2.6 Do not try to recap the needle or separate the needle and syringe.

## 3. Waste Segregation

- 3.1 Put general waste in the general waste bin for regular weekly rubbish removal.
- 3.2 Segregate hazardous waste using the standardised colour-coding system of bins, in accordance with the following diagram:

Type of Waste	Colour	Symbol
Clinical (infectious, pathological and sharps waste)	Yellow	
Cytotoxic (chemotherapy and radiation waste)	Purple	
Radioactive (nuclear medicine, laboratory waste)	Red	

(Adapted from Qld Government, 2019)

#### **4. Cytotoxic Waste**

- 4.1 Dispose of cytotoxic waste in the cytotoxic (purple) waste bin.
- 4.2 If the cytotoxic waste is damaged or dropped cytotoxic medication pills or packages, notify the pharmacy as well.
- 4.3 If the cytotoxic medication is unopened and has not been used, seal it securely in another bag, clearly label it (preferably with a purple cytotoxic colour-coded sticker) and return to the pharmacy.

#### **5. Managing a Cytotoxic Spill**

- 5.1 Alert everyone in the immediate area that a cytotoxic spill has occurred and tell them to stay clear.
- 5.2 Locate the spill kit and read the instructions inside it.
- 5.3 Bring the spill kit to the spill area, restrict access and call the manager for assistance if required.
- 5.4 Don an N96 face mask, two pairs of cytotoxic (purple) gloves, gown and goggles.
- 5.5 For liquid spills, wait a few seconds for aerosol to settle, then cover the spill using absorbent material provided. Be careful not to splash. For larger spills, use a spill pillow to absorb the liquid.
- 5.6 For powder spills, place an absorbent mat over the powder. Try not to breathe in any dust from it. Carefully wet the mat so the powder dissolves and is absorbed by the mat.
- 5.7 Wash the area several times with detergent and water, work from the least-contaminated area and rinse the contaminated area thoroughly with water.
- 5.8 Dry the affected area with absorbent towels, or similar.
- 5.9 Dispose of the contaminated cleaning waste into the purple cytotoxic plastic waste bag.
- 5.10 Dispose of outer gloves into the cytotoxic plastic waste bag, seal the bag and place it inside a second cytotoxic plastic waste bag.
- 5.11 Discard contaminated PPE and inner gloves in the outer bag and seal it.
- 5.12 Place the cytotoxic plastic waste bag into the large purple cytotoxic waste bin.
- 5.13 Wash hands with soap and water.
- 5.14 Make sure the cytotoxic spill kit is replaced and ready for next use.

## **6. Managing a Chemical Spill or Biohazard**

- 6.1 Identify the type of chemical or biohazard.
- 6.2 Follow the procedure in section 5 for cytotoxic spills.
- 6.3 Alert people at the workplace of the emergency.
- 6.4 Conduct evacuations as required by following the emergency evacuation map for information on assembly points, emergency exits and protection equipment.
- 6.5 If it is in the guest's home, take the guest and others to a safe location away from the house.

## **7. Incident Reporting and Emergency Planning**

- 7.1 Complete a Hazard Report Form and Incident Investigation Form.
- 7.2 Develop/Follow the individual emergency plan to direct actions in the event of a hazardous waste incident. The plan should include:
  - type of hazardous waste involved and other relevant information;
  - required waste management actions;
  - guest risk assessment; and
  - required emergency response actions.

## **SUPPORTING DOCUMENTS**

Related procedures and forms include:

- Emergency Plan – Waste Disposal

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy and procedure is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy and procedure;
- and
- ensuring training and information is provided to workers to carry out this policy and procedure.

All workers are responsible for complying with the requirements of this policy and procedure.

## **COMPLIANCE**

Deliberate breaches of this policy and procedure will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Work Health and Safety Policy

Policy area	Work Health and Safety
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Work Health and Safety Act 2011 (and subsequent amendments) Work Health and Safety Regulation 2011 (and subsequent amendments) Model Codes of Practice Safe Work Australia State/territory WHS legislation, regulations and Safe Work regulators NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to worker health and safety.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Bullying</b>	Unreasonable and inappropriate behaviour that may intimidate, offend, degrade, insult or humiliate a worker in front of others, including physical or psychological behaviours.
<b>Discrimination</b>	The unfair or prejudicial treatment of a person, or group of people, based on personal characteristics such as race, culture, gender, age, ability, family circumstances or any other defining characteristic.
<b>Harassment</b>	Any unwelcome behaviour that offends, humiliates or intimidates a person. It includes insults, ridicule, mockery, 'put downs', offensive or derogatory jokes or comments, racial or ethnic 'slurs', inappropriate comments or pressure in relation to

	dates or sexual favours, showing and discussing offensive and suggestive material such as cartoons, videos and photos.
<b>'Hazard' and 'Risk'</b>	'Hazard' is anything that has the potential to cause harm, injury or disease. 'Risk' is the likelihood of the harm, injury or disease occurring.
<b>Person Conducting a Business or Undertaking (PCBU)</b>	An individual or entity that conducts the business or undertaking alone or with others, whether or not the business or undertaking is conducted for profit or gain.
<b>Personal Protective Equipment (PPE)</b>	Safety clothing or equipment for circumstances or areas where the nature of the work involved or the conditions of work requires wearing or using personal protection to minimise risk (e.g. gloves, goggles, face shield).
<b>Psychosocial Hazard</b>	Anything that causes psychological harm (e.g. harm's a person's mental health). As well as violence and aggression, bullying, harassment (including sexual harassment) and discrimination in the workplace, it includes: <ul style="list-style-type: none"> <li>● unrealistic job demands;</li> <li>● lack of control or support at work;</li> <li>● lack of role clarity;</li> <li>● poor organisational change management;</li> <li>● inadequate reward or recognition;</li> <li>● poor organisational justice; and</li> <li>● poor workplace relationships or interactions.</li> </ul>
<b>So far as Reasonably Practicable</b>	Taking all steps which are, or were at a particular time, reasonably able to be done to ensure health and safety, taking into account factors such as the likelihood of the hazard or risk occurring, the degree of harm that might result, what the person knows, or should know about the hazard or risk and what response actions are or were available.
<b>Worker</b>	Anyone who is carrying out work, in any capacity, for a PCBU, including direct employees, contractors and subcontractors and their employees, labour-hire employees engaged in working in the business or undertaking, outworkers, apprentices, trainees and students on work experience and volunteers.
<b>Workplace</b>	Where work is carried out for a business or undertaking.

## CONTEXT

Stellar Experiences is committed to providing a safe and healthy workplace for workers, Guest and everyone else at the workplace. We will implement and maintain processes to:

- comply with applicable legislation and regulations;
- make the workplace as safe as possible;

- prevent or minimise, so far as reasonably practicable, physical and psychosocial harm or injury to workers while they are at work;
- manage risks in the workplace fairly, consistently and transparently;
- communicate and collaborate with workers in relation to workplace health and safety matters; and
- monitor and review work health and safety processes with a view to continuous improvement.

## **POLICY STATEMENT**

### **1. Compliance**

- We will comply with national and state/territory WHS legislation, regulations, principles, standards and guidelines. Refer to Appendix 1 at the end of this document.

### **2. Communication and Collaboration**

- We will collaborate with workers on work health and safety (WHS) matters and issues and include them in the decision-making process.
- We will demonstrate courtesy, respect and compassion when communicating with workers adversely impacted by a WHS incident.
- We will communicate to workers WHS changes to the work environment, equipment, policies, protocols and procedures.
- We will distribute information on hazards, WHS activities and initiatives via worker meetings, emails, memos, intranet and training sessions.
- We will notify workers immediately of a serious WHS incident involving a fatality or serious harm or injury.

### **3. Risk Management**

- We will maintain a risk management framework to identify, assess, analyse, manage, monitor and review all risks, including WHS risks.
- We will maintain safe work systems and processes.
- We will promote a safety culture and actively encourage WHS hazard, risk and incident reporting.
- We will act promptly on WHS issues, concerns and risks raised.

- We will provide workers with all required personal protective equipment (PPE) to enable them to undertake their work tasks and activities safely.
- We will ensure our insurances, including workers' compensation insurance covering all workers, are maintained and current.
- We will monitor and review the effectiveness of the risk management framework and process.

#### **4. Injury Management and Returning to Work**

- We will maintain an injury management and return-to-work program that prioritises the health, safety and wellbeing of workers.
- We will develop individualised injury management plans according to legislative requirements.
- We will appoint a designated person to manage claims for workers' compensation, workplace rehabilitation and return-to-work programs.
- We will make suitable duties available to injured workers who are returning to work and prepare an offer in writing outlining these duties.

#### **5. Continuous Improvement**

- We will evaluate and review the incident register to identify trends, gaps and opportunities for improvement.
- We will encourage and support workers to provide feedback and input on how to continually improve WHS processes.

#### **6. Documentation, Disputes and Incident Reporting**

- We will maintain a register of workplace injuries and illnesses.
- We will conduct internal and external incident reporting in required timeframes and formats.
- We will maintain a worker disputes resolution process in accordance with regulatory requirements and our Human Resources Management Policy.

#### **7. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which is aware of their responsibility to take reasonable steps to ensure their own health and safety and that of others in the workplace and which is trained in WHS principles and regulations.

- We will maintain processes to adequately monitor and supervise workers.

## SUPPORTING DOCUMENTS

- Safety Audit Building Inspection Checklist
- Staff Personal protective Equipment Provision
- WHS Responsibilities Checklist

## RESPONSIBILITIES

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## COMPLIANCE

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

### Appendix 1: WHS Regulators and Authorising Legislation

Jurisdiction	WHS Regulator	Legislation
Australian Government	<a href="#">Comcare</a>	Model Work Health and Safety Act (as at November 2023). Originally the <i>Work Health and Safety Act 2011</i> (Cth)
NSW	<a href="#">SafeWork NSW</a>	<i>Work Health and Safety Act 2011</i> (NSW)
Qld	<a href="#">WHS Queensland</a>	<i>Work Health and Safety Act 2011</i> (Qld)
ACT	<a href="#">WorkSafe ACT</a>	<i>Work Health and Safety Act 2011</i> (Tas)

## Worker Screening and Risk-Assessed Roles Policy

Policy area	Human Resources
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttidon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS (Practice Standards — Worker Screening) Rules 2018 NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

### PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to worker screening.

### SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

### DEFINITIONS

Term	Definition
<b>Key Personnel</b>	This is a member of the group of persons responsible for the executive decisions of the organisation. In other words, it is a person who has authority or responsibility for (or significant influence over) planning, directing or controlling the activities of the organisation. It includes, but is not limited to the CEO, board or committee members, senior executives and managers.

<b>Risk-Assessed Role</b>	Roles where workers have more than just ‘incidental’ contact with guests. It is a requirement under the NDIS Standards that a worker in a risk-assessed role meets the NDIS worker screening requirements. It includes key personnel (see definition above) and also roles that involve direct delivery of specified services and supports to NDIS guests. This may include: <ul style="list-style-type: none"> <li>● physical contact;</li> <li>● face-to-face contact;</li> <li>● oral communication;</li> <li>● written communication; and/or</li> <li>● electronic communication.</li> </ul>
<b>Contractor</b>	When an organisation engages another organisation or individual to perform work on their behalf.
<b>Worker Screening</b>	This is performance of clearances and checks to ensure that workers do not pose an unacceptable risk to the safety and wellbeing of guests.

## CONTEXT

Stellar Experiences recognises the importance of rigorous worker screening to maintain a caring, compassionate and competent workforce that provides safe and quality care and support to guests.

## POLICY STATEMENT

### 1. Managing Worker Screening

- We will ensure workers have completed and passed all applicable legislative, regulatory, contractual and organisational worker screening requirements before commencing work in a new role.
- We will ensure that workers, including key personnel, in risk-assessed roles (see section 2 below) have the required federal and state/territory-based worker screening, or acceptable clearances under applicable state/territory-based transitional and special arrangements.
- We will ensure our contractors hold current licenses and registrations and their workers have completed and passed worker screening before we engage the contractor’s services.
- We will ensure our contractors have relevant insurances and hold copies of the Certificate of Currency on file.

## **2. Identifying and Documenting Risk-Assessed Roles**

- We will identify and document all risk-assessed roles in the Risk Assessed Role Register.
- We will identify and document details of all workers in risk-assessed roles in the Risk Assessed Role —Employee Register.
- We will keep both Risk Assessed Role Registers up to date with any changes (including newly identified risk-assessed roles).
- We will notify the regulator of changes to key personnel in the required timeframe and format.
- We will ensure risk-assessed role documents and records are kept in accordance with legal requirements and are accessible to auditors on request.

### **SUPPORTING DOCUMENTS**

- Risk Assessed Role Register
- Risk Assessed Role — Employee Register
- Contractor Risk Assessed Check Form

### **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

### **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.

# Workplace Aggression and Violence Policy

Policy area	Human Resources
Document type	Policy
Applicable to	Stellar Experiences Pty Ltd
Version	1
Date approved	09/02/2026
Approved by	Luke Muttdon, Director Bronte Hendricks, Director Ryan Willis, Operations Manager Isabella Cole, Service Quality and Improvement
Review date	09/02/2027
Authority	Work Health and Safety Act 2011 NDIS Act 2013 NDIS Practice Standards and Quality Indicators NDIS Code of Conduct Aged Care Act 1997 Aged Care Quality and Safety Standards Aged Care Code of Conduct

## PURPOSE

The purpose of this policy is to explain Stellar Experiences commitment and approach to managing workplace aggression and violence.

## SCOPE

This policy applies to all our workers (employees, contractors and volunteers).

## DEFINITIONS

Term	Definition
<b>Aggression</b>	Any behaviour or action that is intended to harm someone or their property. The harm to someone may be physical or emotional/psychological. It includes threatening or hostile behaviour that gives someone reasonable cause to believe they are at risk of harm or injury.
<b>Violence</b>	A physical or psychological attack on a person or property by another person or a group of people.
<b>Violent Acts</b>	This may include: <ul style="list-style-type: none"> <li>● threats of violence;</li> <li>● threats of a sexual nature;</li> <li>● emotional abuse;</li> <li>● verbal abuse (in person or over the phone or internet); and</li> <li>● 'ganging up' on a person by a group.</li> </ul>

## **CONTEXT**

Stellar Experiences is committed to ensuring a safe and healthy workplace. We have zero tolerance for any form of workplace aggression and violence.

## **POLICY STATEMENT**

### **1. Risk Management**

- We will maintain processes to prevent or minimise risks and hazards caused by aggressive or violent behaviour or acts in the workplace.
- We will maintain processes to effectively identify, assess, manage and monitor risks of aggression and violence in the workplace.
- We will ensure there are adequate resources to implement safety control measures.
- We will ensure all workers are aware of their legal responsibilities to ensure, so far as reasonably practicable, the health, safety and wellbeing of themselves and others in the workplace.

### **2. Safety Culture**

- We will promote a safety culture where workers are aware of their responsibilities to demonstrate courtesy and respect in all interactions in the workplace.
- We will communicate our Code of Conduct to all workers and make sure they are aware of their requirement to comply with it.
- Workers who behave or act in a way that is physically violent, including harassment, will be suspended immediately, and potentially their employment terminated, pending an investigation.

### **3. Incident Reporting**

- We will complete internal and external incident reporting in the required timeframes and formats.

### **4. Supportive Workplace Culture**

- We will provide adequate and appropriate post-incident support to a worker who experiences aggression or violence in the workplace.

- Where appropriate, we will assist a worker who is having difficulties managing their own aggressive behaviour in the workforce with accessing relevant information and services (Employee Assistance Program).

### **5. Information and Record-keeping**

- We will ensure information and records are accurate and up to date.
- We will store the information securely to ensure privacy, dignity and confidentiality and make sure it is accessible only to people authorised to access it.

### **6. Worker Training and Supervision**

- We will maintain a skilled and trained workforce, which recognises the importance of a safety workplace culture without any form of aggression or violence.
- We will maintain processes to adequately monitor and supervise workers.

## **RESPONSIBILITIES**

Luke Muttdon, Director, Bronte Hendricks, Director, Ryan Willis, Operations Manager, Isabella Cole, Service Quality and Improvement is responsible for:

- maintaining this policy, its related procedures and associated documents;
- ensuring the policy is effectively implemented across the service;
- monitoring workers compliance with the requirements of this policy; and
- ensuring training and information is provided to workers to carry out this policy.

All workers are responsible for complying with the requirements of this policy.

## **COMPLIANCE**

Deliberate breaches of this policy will be dealt with under our misconduct provisions, as stated in the Code of Conduct Agreement.